

UNITED KINGDOM- ENGLAND



Country Dialling Code (Tel/Fax): ++44

British Tourist Authority: Thames Tower, Black's Road, Hammersmith, London W6 9EL, UK Tel: (020) 8846 9000 Fax: (020) 8563 0302 E-mail: tradehelpdesk@bta.org.uk Website: www.visitbritain.com

Capital: London **Time:** GMT (GMT + 1 from last Sunday in March to Saturday before last Sunday in October)

Background: Great Britain, the dominant industrial and maritime power of the 19th century, played a leading role in developing parliamentary democracy and in advancing literature and science. At its zenith, the British Empire stretched over one-fourth of the earth's surface. The first half of the 20th century saw the UK's strength seriously depleted in two World Wars. The second half witnessed the dismantling of the Empire and the UK rebuilding itself into a modern and prosperous European nation. The UK currently is weighing the degree of its integration with continental Europe. A member of the EU, it chose to remain outside of the EMU for the time being. Constitutional reform is also a significant issue in the UK. Regional assemblies with varying degrees of power opened in Scotland, Wales, and Northern Ireland in 1999.

Location: Western Europe, islands including the northern one-sixth of the island of Ireland between the North Atlantic Ocean and the North Sea, northwest of France

Map References: Europe

Area: total: 244,820 sq km, land: 241,590 sq km, water: 3,230 sq km, note: includes Rockall and Shetland Islands

Climate: temperate; moderated by prevailing southwest winds over the North Atlantic Current; more than one-half of the days are overcast

Terrain: mostly rugged hills and low mountains; level to rolling plains in east and southeast

Natural Resources: coal, petroleum, natural gas, tin, limestone, iron ore, salt, clay, chalk, gypsum, lead, silica, arable land

Population: 59,511,464 (July 2000 est.)

Nationality: noun: Briton(s), British (collective plural), adjective: British

Ethnic Groups: English 81.5%, Scottish 9.6%, Irish 2.4%, Welsh 1.9%, Ulster 1.8%, West Indian, Indian, Pakistani, and other 2.8%

Religions: Anglican 27 million, Roman Catholic 9 million, Muslim 1 million, Presbyterian 800,000, Methodist 760,000, Sikh 400,000, Hindu 350,000, Jewish 300,000 (1991 est.)

Languages: English, Welsh (about 26% of the population of Wales), Scottish form of Gaelic (about 60,000 in Scotland)

Economy: The UK, a leading trading power and financial center, deploys an essentially capitalistic economy, one of the quartet of trillion dollar economies of Western Europe. Over the past two decades the government has greatly reduced public ownership and contained the growth of social welfare programs. Agriculture is intensive, highly mechanized, and efficient by European standards, producing about 60% of food needs with only 1% of the labor force. The UK has large coal, natural gas, and oil reserves; primary energy production accounts for 10% of GDP, one of the highest shares of any industrial nation. Services, particularly banking, insurance, and business services, account by far for the largest proportion of GDP while industry continues to decline in importance. Economic growth has been slowed in 1999; recovery to 3% is in prospect for 2000, based on a rise in exports and domestic demand. The BLAIR government has put off the question of participation in the euro system until after the next election, not expected until 2001; Chancellor of the Exchequer BROWN has identified some key economic tests to determine whether the UK should join the common currency system.

Industries: production machinery including machine tools, electric power equipment, automation equipment, railroad equipment, shipbuilding, aircraft, motor vehicles and parts, electronics and communications equipment, metals, chemicals, coal, petroleum,

paper and paper products, food processing, textiles, clothing, and other consumer goods

Currency: 1 British pound = 100 pence

Visa: required by all except the following nationals of: EU countries, Australian, Canadian, USA and Japanese.

Duty Free: 200 cigarettes or 100 cigarillos or 50 cigars or 250g tobacco; 1 litre of alcoholic beverages stronger than 22 percent or 2 litres of fortified or sparkling wine or other liqueurs; 2 litres of still table wine; 50g of perfume and 250ml of toilet water; other goods including souvenirs up to the value of £145.

Health: Tap water is safe to drink.

HOTELS•MOTELS•INNS

ABINGDON

THE UPPER REACHES Thames street, Abingdon, Oxfordshire Ox14 3JA
ABINGDON UNITED KINGDOM, t: +44 (0)1235 522 536 , f: +44 (0)1235 555 182 , info@upperreaches-abingdon.co.uk , <http://www.upperreaches-abingdon.co.uk>

ALFRISTON

THE STAR INN HOTEL, High Street, Alfriston, East Sussex BN26 5TA,
United Kingdom, Tel: +44 (0)1323 870 495, Fax: +44 (0)1323 870 922,
bookings@thestaralfriston.co.uk , <http://www.thestaralfriston.co.uk>

AMERSHAM

THE CROWN 16 High Street, Old Amersham Buckinghamshire HP7 0DH
AMERSHAM UNITED KINGDOM 01494 721541 01494 431283 ,
crownreception@coachinginn.co.uk , <http://www.thecrownamersham.com>

ARUNDEL

COMFORT INN ARUNDEL Junction A27/A284, Crossbush ARUNDEL,
WEST SUSSEX BN177QQ ARUNDEL UNITED KINGDOM 01903 840840
01903 849849 , info@comfortinnarundel.com , <http://www.comfortinnarundel.com>

ASCOT

COWORTH PARK,Blacknest Road, Ascot,Berkshire SL5 7SE,Tel: +44 (0)1344 876 600,Reservations: + 44 (0)1344 630 540,
info.coworthpark@dorchestercollection.com , <http://www.coworthpark.com>

THE BERYSTEDE Bagshot Road, Sunninghill, Ascot Berkshire SL5 9JH
ASCOT UNITED KINGDOM 01344 623311 01344 873061,
www.macdonaldhotels.co.uk

ASHFORD

POSTHOUSE ASHFORD Canterbury Road, Ashford, Kent TN24 8QQ
ASHFORD UNITED KINGDOM 01233 625790 01233 643176

AYLESBURY

POSTHOUSE AYLESBURY Aston Clinton Road, Aylesbury
Buckinghamshire HP22 5AA AYLESBURY UNITED KINGDOM 01296 393388 01296 392211

BAKEWELL



Rutland Arms Hotel

The Square, DE45 1BT, United Kingdom

Tel: 01629812812

enquiries@rutlandbakewell.co.uk

<http://www.rutlandarmsbakewell.co.uk>

The Rutland Arms Hotel features 54 unique timepieces; these antique clocks are displayed proudly in the public areas of the hotel and also in some of the hotels 35

rooms.





The Square, DE45 1BT, United Kingdom

Tel: 01629812812

enquiries@rutlandbakewell.co.uk

<http://www.rutlandarmsbakewell.co.uk>

The Rutland Arms Hotel dates back to 1804 and is set in the majestic Peak District National Park in the picturesque town of Bakewell. The hotel is perfect for those looking to explore the sights and sounds of the area as it lies equidistant from the beautiful towns of Matlock and Buxton and the Rutland Arms Hotel itself is nestled comfortably on the outskirts of the famous Chatsworth estate



BANBURY

MERCURE WHATELY HALL HOTEL BANBURY, Banbury Cross, Banbury, OX16 0AN, Tel. (+44)1295/253261, Fax. (+44)1295/271736 , H6633@accor.com , www.accorhotels.com

BASILDON

POSTHOUSE BASILDON Cranes Farm Road, Basildon, Essex SS14 3DG BASILDON UNITED KINGDOM 01268 533955 01268 530119

BASINGSTOKE

POSTHOUSE BASINGSTOKE Grove Road, Basingstoke, Hampshire RG21 3EE BASINGSTOKE UNITED KINGDOM 01256 468181 01256 840081

BATH

HOMWOOD PARK, Abbey Lane, Hinton Charterhouse, Bath, Somerset, BA2 7TB, Telephone: +44 (0) 1225 723731 , Fax: +44 (0) 1225 723820 , info@homewoodpark.co.uk , <http://www.homewoodpark.co.uk>

THE BATH PRIORY HOTEL, RESTAURANT & SPA, Weston Rd, Bath, BA1 2XT, UK, T: 01225 331922 , F: 01225 448276, E: mail@thebathpriory.co.uk , www.thebathpriory.co.uk

THE BATH SPA HOTEL Sydney Road, Bath, Avon BA2 6JF BATH UNITED KINGDOM 01225 444424 01225 444006 <http://www.bathspahotel.com>

THE FRANCIS Queen Square, Bath, Avon BA1 2HH BATH UNITED KINGDOM 01225 424257 01225 319715, H6636@accor.com <http://www.francishotel.info>

BATH AVON

THE ROYAL CRESCENT 16 Royal Crescent, Bath, Avon, England, U.K.BA1 2LS BATH AVON UNITED KINGDOM 44-1225-823333 44-1225-339401, info@royalcrescent.co.uk , <http://www.royalcrescent.co.uk>

BEXLEY

POSTHOUSE BEXLEY Black Prince Interchange, Southwold Road Bexley Kent DA5 1ND BEXLEY UNITED KINGDOM 01322 526900 01322 526113

BIRMINGHAM



HOLIDAY INN BIRMINGHAM - CITY CENTRE

65 Lionel Street Birmingham ,
B3 1JE England

enquiries@hiexpressbirminghamcitycentre.co.uk

<http://www.hiexpress.com>

COMFORT INN BIRMINGHAM Station Street CITY CENTRE, BIRMINGHAM, B5 4DY BIRMINGHAM UNITED KINGDOM 0121 643 1134 0121 643 3209 , enquiries@hotels-birmingham-city.com , <http://www.comfortinn.com>

MARRIOTT FOREST OF ARDEN HOTEL AND COUNTRY CLUB

Maxstoke Lane, Meriden Warwickshire, England CV7 7HR BIRMINGHAM UNITED KINGDOM 44 (1676) 522 335 44 (1676) 523 711

NEW HALL Walmley Road Royal Sutton Coldfield Nr Birmingham B76 1QX NR BIRMINGHAM UNITED KINGDOM +44 (0)121 378 2442 +44 (0)121 378 4637 www.sih.com/newhall/

POSTHOUSE BIRMINGHAM Chapel Lane, Great Barr, Birmingham B43 7BG BIRMINGHAM UNITED KINGDOM 0121 3577444 0121 3577503

POSTHOUSE BIRMINGHAM CITY Smallbrook, Queensway, Birmingham B5 4EW BIRMINGHAM CITY UNITED KINGDOM 0121 643 8171 0121 631 2528

POSTHOUSE BIRMINGHAM Airport Coventry Road, Birmingham, B26 3QW

QUALITY HOTEL COBDEN 166 Hagley Road BIRMINGHAM - B169NZ WEST MIDLANDS BIRMINGHAM UNITED KINGDOM 0121 454 6621 0121 456 2935 admin@qb605.u-net.com

QUALITY HOTEL NORFOLK 267 Hagley Road BIRMINGHAM - B169NA WEST MIDLANDS BIRMINGHAM UNITED KINGDOM 0121 454 8071 0121 455 6149 admin@qb606.u-net.com

TRAVELODGE BIRMINGHAM

CENTRAL NEWHALL STREET,
52 Charlotte Street, Jewellery Quarter,
Birmingham B3 1AR, 0871 984 6377,
www.travelodge.co.uk



BLACKPOOL



11 King Edward

Avenue, BLACKPOOL, Lancashire, FY2 9TD

T: (01253) 351306

info@neartheprom.com ,

<http://www.pembrokehotel.com>



The Pembroke is an 11 bedroomed Blackpool Hotel where you will always find a friendly welcome, and you may be assured of our very best service and attention at all time





Chequers Plaza Hotel Blackpool

24 Queen's Promenade, Blackpool, FY2 9RN

Tel: (01253) 356431, Fax: (01253) 500076

enquiries@chequersplaza.com

<http://www.chequersplaza.com>

Our Blackpool hotel has 48 en-suite rooms all equipped with LCD flat screen TV's offering a range of free view channels.

We include complimentary tea and coffee facilities, available in every room to make you feel at home.



BOLTON

COMFORT INN Bolton West M61 Motorway, Horwich, Bolton LANCASHIRE B16 5U Z BOLTON UNITED KINGDOM 01204 468641 01204 668585

THE BEAUMONT HOTEL Beaumont Road, Bolton, Manchester North BL3 4TA BOLTON UNITED KINGDOM 01204 651511 01204 61064

BOURNEMOUTH



Menzies Carlton, Bournemouth

East Overcliff, Bournemouth, BH1 3DN,

Tel: 01202 552011

Email: carlton@menzieshotels.co.uk

<http://www.menzieshotels.co.uk>



Sensitively restored, the Menzies Carlton is recognised as one of the leading hotels in Bournemouth.

BEST WESTERN, THE CONNAUGHT HOTEL, 30 West Hill Road, West Cliff, Bournemouth, BH2 5PH, 01202 298 020, www.theconnaught.co.uk

BELVEDERE HOTEL, 14 Bath Rd, Bournemouth, BH1 2EU, 01202 293336, www.belvedere-hotel.co.uk

BOURNEMOUTH HIGHCLIFF MARRIOTT HOTEL, St. Michaels Road, West Cliff, Bournemouth, 01202 557 702, www.marriott.com

CARRINGTON HOUSE HOTEL, 31 Knyveton Road, Bournemouth, 01202 369 988, www.carringtonhousehotel.co.uk

DE VERE ROYAL BATH HOTEL, Bath Rd, Bournemouth, 01202 555555, www.devere-hotels.com



Durley Chine Rd,

Bournemouth, BH2 5JS, 01202 751 000,

bournemouth.sales@hallmarkhotels.co.uk

www.hallmarkhotels.co.uk

HINTON FIRS HOTEL, 9 Manor Rd, Bournemouth, BH1 3ET, 01202 555409, www.hintonfirshotel.co.uk

HOTEL COLLINGWOOD, 11 Priory Rd, Bournemouth, 01202 557 575, www.hotel-collingwood.co.uk

WELCOME TO THE Normandie Hotel

61 Manor Road, Bournemouth, Dorset, BH1

3HL

T:01202552246

thenormandiehotel@gmail.com

<http://www.thenormandiehotel.co.uk>



Based in Bournemouth, we have been welcoming guests since 1987.

HOTEL MIRAMAR, E Overcliff Dr, Bournemouth, BH1, 01202 556 581, www.miramar-bournemouth.com

MARSHAM COURT HOTEL, 3 Russell-Cotes Road, Bournemouth, BH1 3AB, 01202 552 111, www.marshamcourt.com

MAYFAIR HOTEL, 27 Bath Rd, Bournemouth, BH1 2NW, 01202 551983, www.themayfair.com

MENZIES EAST CLIFF COURT, E Overcliff Dr, Bournemouth, 01202 554 545, www.menzieshotels.co.uk

PREMIER INN BOURNEMOUTH CENTRAL, Westover Rd, Bournemouth, BH1, 0870 423 6462, www.premierinn.com

QUALITY HOTEL Bournemouth 8 Poole Rd - BH2 5QU BOURNEMOUTH UNITED KINGDOM - ENGLAND 1202 763 006

QUALITY HOTEL CADOGAN 8 poole Road BOURNEMOUTH BH2 5QU BOURNEMOUTH UNITED KINGDOM 01202 763006 01202 766168 admin@qb641.u-net.com

RAMADA ENCORE BOURNEMOUTH HOTEL, 22 Bath Road, Bournemouth, BH1 2NS, 01202 291 266, www.ramadaencorebournemouth.co.uk

RIVIERA HOLIDAY APARTMENTS, Studland Rd, Alum chine, Bournemouth, BH48JF, 01202 763 653, www.rivierabournemouth.com

THE CLIFFSIDE HOTEL. 32 East Overcliff Dr, Bournemouth, BH1 3AQ, 01202 555724, www.cliffsidebournemouth.co.uk

THE CUMBERLAND HOTEL, East Overcliffe Drive, Bournemouth, 01202 290722, www.cumberlandbournemouth.co.uk

THE ELSTEAD HOTEL, 12-14 Knyveton Rd, Bournemouth, BH1 3QP, 01202 293 071, www.the-elstead.co.uk

THE HOSTEL INN, 10 St. Johns Road, Bournemouth, BH5 1, 01202 395 285, www.thehostelinn.co.uk

THE MANCHESTER HOTEL, West Cliff Views, 52 St Michael's Rd, Bournemouth, BH2, 01202 553 333, www.manchesterhotel.co.uk

THE NEW WESTCLIFF HOTEL, 27-29 Chine Crescent, Bournemouth, BH2, 01202 551062, www.newwestcliffhotel.co.uk

THE NORFOLK ROYALE HOTEL, Richmond Hill, Bournemouth, BH2, 0844 544 9130, www.norfolk-royale.co.uk

THE QUEENS HOTEL BOURNEMOUTH, Meyrick Rd, Bournemouth, 01202 554 415, www.queenshotelbournemouth.com

THE ROUNDHOUSE HOTEL, 1 Meyrick Road, Lansdowne, Bournemouth BH1 2PR, Tel: 0871 222 0037 | Fax: 0871 222 7718, Email: res718@britanniahotels.com <http://www.britanniahotels.com/hotels/bournemouth-roundhouse>

THE TROUVILLE HOTEL, 5-7 Priory Road, Bournemouth, BH2 5DH, 01202 552 262, www.trouvillehotel.com

THE SUNCLIFF HOTEL, 29 East Overcliff Dr, Bournemouth, BH1 3AG, 01202 291711, www.suncliffbournemouth.co.uk

THE WESSEX HOTEL, 11-13 West Cliff Rd, Bournemouth, 01202 551911, www.thewessexhotel.co.uk

BRADFORD

MARRIOTT HOLLINS HALL HOTEL AND COUNTRY CLUB Hollins Hill, Baildon, Shipley West Yorkshire BD17 7QW BRADFORD UNITED KINGDOM 44 (1274) 530053 44 (1274) 530187

QUALITY HOTEL VICTORIA Bridge St. BRADFORD, WEST YORKSHIRE BD1 1JX BRADFORD UNITED KINGDOM 01274 728 706 01274 736 358

BRANDON

THE BRANDON HALL Brandon, Coventry, Warwickshire CV8 3FW BRANDON UNITED KINGDOM 01203 542571 01203 544909

BRENTWOOD

POSTHOUSE BRENTWOOD Brook Street, Brentwood, Essex CM14 5NF BRENTWOOD UNITED KINGDOM 01277 260260 01277 264264

BRIDPORT

BRIDPORT ARMS HOTEL, West Bay, Bridport, Dorset, DT6 4EN, TELEPHONE :01308 422994, FAX :01308 426543, Email reservations@bridportarms.com, <http://www.bridportarms.co.uk>

BRIDGE HOUSE HOTEL, 115 East St, Bridport, 01308 423371, www.bridgehousebridport.co.uk

EYPE'S MOUTH COUNTRY HOTEL, Eype, Bridport, DT6 6AL, 01308 423 300, www.eypesmouthhotel.co.uk

HADDON HOUSE HOTEL, West Bay, Bridport, DT6 4EL, 01308 423 626, www.hotelsbridport.co.uk

HARMSHAY FARM B&B, Harmshay Farm, Marshwood, Bridport, DT6 5QJ, 01297 678 562, www.harmshayfarm.co.uk

HIGHWAY FARM, West Rd, Bridport, 01308 424321, www.highwayfarm.co.uk

NORBURTON HALL, Shipton Ln, Burton Bradstock, Bridport, DT6, 01308 897 007, www.norburtonhall.com

ORCHARD BARN, Bradpole, DT6 4AR, 01308 455 655, www.accommodationinbridport.com

SEACROFT B&B, 24 West Bay, Bridport, DT6, 01308 423 407, www.seacroftbandb.co.uk

THE BULL HOTEL, 34 East St, Bridport, DT6 3LF, 01308 422878, www.thebullhotel.co.uk

THE GEORGE HOTEL, 18 George St, West Bay, Bridport, 01308 423191, www.george-westbay.co.uk

THE MARQUIS OF LORNE, Nettlecombe, Bridport, DT6 3SY, 01308 485236, www.marquisoflorne.com

THE SHAVE CROSS INN, Shave Cross, Bridport, DT6 6HW, Tel: 01308 868358, Fax: 01308 867064, roy.warburton@virgin.net, <http://www.theshavecrossinn.co.uk>

BRIGHOUSE

POSTHOUSE BRIGHOUSE Clifton Village, Brighouse West Yorkshire HD6 4HW BRIGHOUSE UNITED KINGDOM 01484 400400 01484 400068

BRIGHTON

AMSTERDAM HOTEL, 11-12 Marine Parade, Brighton, BN2 1TL, 01273 688 825, www.amsterdam.uk.com

BARCELO BRIGHTON OLD SHIP HOTEL, 31-38 Kings Rd, Brighton, BN1 1NR, 01273 329001, www.barcelo-hotels.co.uk

DE VERE GRAND BRIGHTON, 97-99 Kings Rd, Brighton, BN1 2FW, 01273 224300, www.grandbrighton.co.uk

DRAKES HOTEL, 43-44 Marine Parade, Brighton, BN2 1PE, T:01273 696 934, www.drakesofbrighton.com

HILTON BRIGHTON METROPOLE HOTEL, Kings Road East Sussex Brighton BN1 2FU, United Kingdom, Telephone: 0127 377 5432, <http://www.hilton.co.uk/brighton>

HOLIDAY INN BRIGHTON-SEAFRONT, 137 King's Road, Brighton, England BN1 2JF, Phone: 44 1273-828250, Email: reservations@hibrighton.com, Web: <http://www.hibrighton.com>

HOTEL DU VIN-BEST HOTEL, 2-6 Ship St, Brighton, BN1 1AD, 01273 718 588, www.hotelduvin.com



The Royal Albion Hotel Brighton

35 Old Steine, Brighton, East Sussex, United Kingdom



The Royal Albion Hotel features 204 elegantly furnished guest bedrooms, each featuring a host of convenient stand facilities, including, coffee maker, direct dial telephone, iron & radio

HOTEL PELIROCCO, 9-10 Regency Sq, Brighton, BN1 2FG, T:01273 327055, www.hotelpelirocco.co.uk

HOTEL SEATTLE, Waterfront, Brighton Marina Village, Brighton, BN2 5WA, T:01273 679799, www.hotelseattlebrighton.com

HOTEL UNA, 55-56 Regency Square, Brighton, BN1 2FF, T:01273 820 464, www.hotel-una.co.uk

JURYS INN BRIGHTON HOTEL, 101 Stroudley Road, Brighton, 01273 862 121, www.brightonhotels.jurysinns.com

KEMPFIELD HOUSE, 18 Madeira Place, Brighton, BN2 1TN, TEL : 01273 777 740, FAX: 01273 371122, EMAIL : info@fieldhousehotels.co.uk, <http://www.kempfieldhouse.co.uk>

LANSDOWNE PLACE HOTEL & SPA, 4 Lansdowne Place, Brighton, BN3 1HQ, 01273 736 266, www.lansdowneplace.co.uk

LEGENDS HOTEL, 31-34 Marine Parade, Brighton, BN2 1TR, 01273 624 462, www.legendbrighton.com

MYHOTEL BRIGHTON, 17 Jubilee St, Brighton, BN1, T:01273 900 300, www.myhotels.com

PREMIER INN BRIGHTON CITY CENTRE, 144 North Street, Brighton, BN1, T:0870 990 6340, www.premierinn.com

ROYAL ALBION HOTEL, 35 Old Steine, Brighton, BN1 1NT, 01273 329202, www.britanniahotels.com

QUEENS HOTEL, 1-3 Kings Rd, Brighton, 01273 321222, www.queenshotelbrighton.com

RADISSON BLU HOTEL, Old Steine, Brighton, BN1 1NP, T:01273 766 700, www.royalyorkbrighton.co.uk

RAMADA BRIGHTON, 149 Kings Rd, Brighton, BN1 2PP, T:01273 225519, www.ramadajarvis.co.uk

ROYAL YORK HOTEL, Radisson Blu Hotel Brighton, Brighton, BN1 1NP, 020 3174 0156, www.royal-york-hotel.com

THE BRIGHTON BEACH HOTEL, 41-42 Marine Parade, Brighton, 01273 681435, www.brightonbeachbid.com

THE GRANVILLE HOTEL, 124 Kings Rd, Brighton, BN1 2FA, T:01273 326 302, www.granvillehotel.co.uk

THE IMPERIAL HOTEL, First Ave, Brighton, 01273 777 320, www.imperial-hove.com

THE LANES HOTEL, 70-72 Marine Parade, Brighton, BN2 1AE, 01273 674 231, www.laneshotel.co.uk

THISTLE BRIGHTON, King's Rd, Brighton, 0871 376 9041, www.thistlehotels.com

UMI BRIGHTON SEAFRONT HOTEL, 60-64 King's Rd, Brighton, 01273 323 221, www.umihotelbrighton.co.uk

BRISTOL

BRISTOL MARRIOTT HOTEL Lower Castle Street BS1 3AD Bristol, England BRISTOL UNITED KINGDOM 44 (117) 929 4281 44 (117) 927 6377

POSTHOUSE BRISTOL Filton Road, Hambrook, Bristol, Avon BS16 1QX BRISTOL UNITED KINGDOM 0117 9564242 0117 9569735

3 Million Facts are listed on our Website

BROADWAY

THE LYGON ARMS Broadway, Worcestershire WR12 7DU, England
BROADWAY UNITED KINGDOM (44-1386) 852255 (44-1386) 858611 info@the-lygon-arms.co.uk



Broadway, ENGLAND
Tel. 01386 852 711

reservations@dormyhouse.co.uk

<http://dormyhouse.co.uk>



Come to this country house hotel in the Cotswolds when you want to get away from it all. But want to feel, above all else, at home.

BROMLEY

Bromley Court Hotel

Bromley Hill, Bromley, Kent

England, BR1 4JD, United Kingdom

Tel: 020-8461 8600 Fax: 020-8460 0899

E-mail: enquiries@bromleycourthotel.co.uk

www.bw-bromleycourthotel.co.uk

BUCKINGHAMSHIRE MILTON KEYNES

QUALITY HOTEL Monks Way Two Mile Ash MILTON KEYNES-MK8 8LY
BUCKINGHAMSHIRE MILTON KEYNES UNITED KINGDOM 01908 561666 01908 568303 admin@qb616.u-net.com

BULPHAN**Ye Olde Plough House**

Brentwood Road, Bulphan

Essex RM14 3SR

T: 01375 891592

info@yeoldeploughhouse.co.uk

<http://www.yeoldeploughhouse.co.uk>



Set amongst 12 acres of beautiful landscaped gardens,

Ye Olde Plough House is conveniently situated in the village of Bulphan, within easy access to the M25, A127 & A13.

Offering 71 bedrooms including 2 luxury Bridal suites and 5 executive rooms, which are scattered throughout our grounds

BURLEY**The White Buck Inn**

Bisterne Close, Burley, Hampshire

BH24 4AT

Tel: 01425 402264

whitebuckinn@fullers.co.uk

<http://www.whitebuckburley.co.uk>

**CAMBERLEY**

FRIMLEY HALL Lime Avenue, off Portsmouth Road Camberley Surrey GU15 2BG CAMBERLEY UNITED KINGDOM 01276 28321 01276 691253

CAMBRIDGE

POSTHOUSE CAMBRIDGE Lakeview, Bridge Road, Impington Cambridge CB4 4PH CAMBRIDGE UNITED KINGDOM 01223 237000 01223 233426

CANTERBURY

THE CHAUCER HOTEL Ivy Lane, Canterbury, Kent CT1 1TU CANTERBURY UNITED KINGDOM 01227 464427 01227 450397

CARDIFF

POSTHOUSE CARDIFF Pentwyn Road, Pentwyn, Cardiff South Glamorgan CF2 7XA CARDIFF UNITED KINGDOM 01222 731212 01222 549147

POSTHOUSE CARDIFF CITY Castle Street, Cardiff, South Glamorgan CF1 2XB CARDIFF CITY UNITED KINGDOM 01222 388681 01222 231 482

CARLISLE

POSTHOUSE CARLISLE Parkhouse Road, Carlisle, Cumbria CA3 0HR CARLISLE UNITED KINGDOM 01228 531201 01228 543178

CHANNEL ISLANDS

HOTEL HOUQUE DU POMMIER Route Hougue du Pommier - Castel GY5 7FQ GUERNSEY, CHANNEL ISLANDS CHANNEL ISLANDS UNITED KINGDOM 1481/565 31 1481/562 60

CHELTENHAM

THE QUEEN'S The Promenade, Cheltenham Gloucestershire GL50 1NN CHELTENHAM UNITED KINGDOM 01242 514724 01242 224145

CHESHIRE NORTHWICH

QUALITY HOTEL London Road Northwich CHESHIRE-CW9 5HD CHESHIRE NORTHWICH UNITED KINGDOM 01606 44443 01606 42596 admin@qb618.u-net.com

CHESHUNT

MARRIOTT HOTEL Halfhide Lane, Turnford Broxbourne, England Herts. EN10 6NG CHESHUNT UNITED KINGDOM 44 (1992) 451245 44 (1992) 440120

Millions of Facts lead you to the Worlds Tourism Industry
Via Intercontex Hotel and Travel Directory
And The International Yellow Pages IYP



CHESTER

**HOLIDAY INN CHESTER - SOUTH
WREXHAM ROAD CHESTER, CH4 9DL**

England

T: 44-0871-9429019 ,Fax: 44-1244-674100

reservations-chester@ihg.com

<http://www.holidayinn.com>



BLOSSOMS HOTEL St. Johns Street, Chester, Cheshire CH1 1HL CHESTER
UNITED KINGDOM 01244 323186 01244 346433

POSTHOUSE CHESTER Wrexham Road, Chester, Cheshire CH4 9DL
CHESTER UNITED KINGDOM 01244 680111 01244 674100

THE CHESTER GROSVENOR Eastgate Chester CH1 1LT CHESTER UNITED
KINGDOM +44 (0)1244 324024 +44 (0)1244 313246 www.sh.com/chester/

CHICHESTER

MARRIOTT GOODWOOD PARK HOTEL AND COUNTRY CLUB
Goodwood, Chichester West Sussex, England PO18 0QB CHICHESTER UNITED
KINGDOM 44 (1243) 775537 44 (1243) 520120

CHIPPING CAMPDEN

COTSWOLD HOUSE The Square - CHIPPING CAMPDEN GLOUCESTERSHIRE
GL55 6AN CHIPPING CAMPDEN UNITED KINGDOM 01386/84 03 30 01386/84
10

COLCHESTER

POSTHOUSE COLCHESTER Abbots Lane, Eight Ash Green, Colchester Essex
CO6 3QL COLCHESTER UNITED KINGDOM 01206 767740 01206 766577

CORNWALL

THE GARRACK HOTEL Burthallan Lane ST IVES CORNWALL TR26 3AA ST
IVES CORNWALL UNITED KINGDOM 01736/79 61 99 01736/79 89 55
garrack@compurserve.com

MULLION COVE HOTEL

SOUTH WEST CORNWALL

Cornwall, TR12 7EP

Tel. 01326 240328

enquiries@mullion-cove.co.uk

<http://www.mullion-cove.co.uk>

**COVENTRY**

POSTHOUSE COVENTRY Hinckley Road, Walsgrave, Coventry CV2 2HP
COVENTRY UNITED KINGDOM 01203 613261 01203 621736

QUALITY HOTEL STONEBRIDGE MANOR Birmingham Road, Allesley
COVENTRY-CV5 9BA COVENTRY UNITED KINGDOM 01203 403835
01203 403081

BRITANNIAHOTELS

The Royal Court Hotel in Coventry

Tamworth Road, Keresley, Coventry, CV7 8JG

Tel: 0871 222 0096, Fax: 0871 222 7710

<http://www.britanniahotels.com/hotels/coventry-royal-court>

**CUMBRIA**

Kirkstone Pass Road, Ambleside, Cumbria,
LA22 9EH

T: +44 (0) 15394 32232 ,

enquiries@kirkstonefoot.co.uk ,

<http://www.kirkstonefoot.co.uk/apartments>

Kirkstone Foot is located in the grounds of
an old Country.



Macdonald Old England Hotel & Spa

23 Church Street, Cumbria, LA23 3DF,
Tel 0844 879 9144

<http://www.macdonaldhotels.co.uk>



Our Macdonald Old England Hotel & Spa is one of the finest 4-star hotels the Lake District. Set on the shores of Lake Windermere - England's largest lake - our hotel offers the best of breathtaking scenery and exceptional facilities,



Macdonald Leeming House

Watermillock Ullswater Nr. Penrith Cumbria,
Ullswater, CA11 0JJ,
Tel 0844 879 9142

<http://www.macdonaldhotels.co.uk/our-hotels/macdonald-leeming-house>



Macdonald Leeming House is one of the finest 4-star hotels in Cumbria.

Set in 22 acres of beautiful grand gardens in the Lake District, our 200 year old country house hotel offers the best of our breathtaking scenery and fine facilities.

DARTMOUTH

THE DART MARINA HOTEL Sandquay, Dartmouth, South Devon TQ6 9PH
DARTMOUTH UNITED KINGDOM 01803 832 580 01803 835040

3 Million Facts are listed on our Website



The Royal Castle Hotel

Dartmouth, Devon, TQ6 9PS, Tel: 01803 833033,

enquiry@royalcastle.co.uk

<http://www.royalcastle.co.uk>



DEAL

BEACHBROW HOTEL, 29 Beach St, Deal, CT14, 0800 389 7912,
www.hoteldealkent.co.uk

GARDENERS REST B&B, Nemesis, Queensdown Rd, Kingsdown, Deal, CT14, 01304 371 449, www.gardenersrest.me.uk

HOLE IN THE ROOF HOTEL-CAFÉ-BA, 42 Queen Street, Deal, CT14 6EY, 01304 374 839, www.holeintheroofhotel.co.uk

NUMBER ONE B&B, 1 Ranelagh Road, Deal, CT14 7BG, 01304 364 459 ,
www.numberonebandb.co.uk

ROYAL HOTEL, Beach St, Deal, CT14 6JD, 01304 375555,
www.theroyalhotel.com

SUTHERLAND HOUSE, 186 London Rd, Deal, CT14 9PT, 01304 362853,
www.sutherlandhousehotel.co.uk

ST CRISPIN INN, The StWorth, CT14, 01304 612 081, www.stcrispininn.com

DERBY

MARRIOTT BREADSALL PRIORY HOTEL AND COUNTRY CLUB
Moor Road, Morley Derbyshire, England DE7 6DL DERBY UNITED KINGDOM 44 (1332) 832235 44 (1332) 833509



RIBER HALL

Tel: 01629 580772

enquiries@derbyshirecountryhouses.com

<http://www.derbyshirecountryhouses.com>



DERBY/BURTON

POSTHOUSE DERBY/BURTON Pastures Hill, Littleover, Derby DE23 7BA
DERBY/BURTON UNITED KINGDOM 01332 514933 01332 518668

POSTHOUSE DERBY/BURTON Pastures Hill, Littleover, Derby DE23 7BA
DERBY/BURTON UNITED KINGDOM 01332 514933 01332 518668

DORKING

THE WHITE HORSE HOTEL High Street, Dorking, Surrey RH4 1BE DORKING
UNITED KINGDOM 01306 881138 01306 887241

DORKING/BOX HILL

THE BURFORD BRIDGE At the foot of Box Hill, Dorking, Surrey RH5 6BX
DORKING/BOX HILL UNITED KINGDOM 01306 884561 01306 887821

DOVEDALE

THE PEVERIL OF THE PEAK Dovedale, Thorpe, Nr Ashbourne Derbyshire DE6 2AW
DOVEDALE UNITED KINGDOM 01335 350333 01335 350507

DOVER

BEST WESTERN CHURCHILL HOTEL, Dover Waterfront, Waterloo Crescent,
Dover, CT17 9BP, 01304 203 633, www.bw-churchillhotel.co.uk

BEULAH HOUSE, 94 Crabble Hill, Dover, CT17 0SA, 01304 824615,
www.beulahquesthouse.co.uk

POSTHOUSE DOVER Singledge Lane, Whitfield, Dover, Kent CT16 3LF DOVER
UNITED KINGDOM 01304 821222 01304 825576

PREMIER INN DOVER CENTRAL, Marine Parade, Dover, 0870 990 6516,
www.premierinn.com

RAMADA HOTEL DOVER, Singledge Ln, Whitfield, Dover, CT16, 01304 821 230,
www.ramadadover.co.uk

THE SWINGATE INN, Deal Road, Dover, CT15 5DP, 01304 204 043 ,
www.swingate.co.uk

WALLETTS COURT HOTEL, RESTAURANT AND SPA, Westcliffe, St.
Margarets-at-Cliffe, Dover, CT15 6EW, 01304 852 424 ,
www.wallettscourthotel.com



DUNCHIDEOCK

THE LORD HALDON HOTEL Dunchideock Nr Exeter Devon EX6 7YF
DUNCHIDEOCK UNITED KINGDOM 01392/83 24 83 01392/83 37 65

DUNSTER

THE LUTTRELL ARMS 32-36 High Street, Dunster, Somerset TA24 6SG
DUNSTER UNITED KINGDOM 01643 821555 01643 821567

DURHAM



The Lord Crewe Arms
hotel & restaurant

Northumberland DH8 9SP
County Durham
T:01434 675 251,Fax: 01434 675 337
<http://www.lordcrewehotel.co.uk>

Enjoy a visit to one of England's finest
historic inns, set at the heart of Blanchland



EASTBOURNE

AFTON HOTEL, 2-8 Cavendish Place, Town Centre, Eastbourne, 01323 733
162, www.aftonhotel.co.uk

ATLANTA HOTEL, 10 Royal Parade, Eastbourne, East Sussex, BN22 7AR,
Phone:+44 (0) 1323 730486 , Email:atlantaeastbourne@hotmail.co.uk ,
<http://www.atlantaeastbourne.com>

CAVENDISH HOTEL, Grand Pde, Eastbourne, 01323 410222,
www.cavendishhotel.co.uk

CHATSWORTH HOTEL & RESTAURANT, 1 Grand Parade, Eastbourne
,01323 411 016, www.chatsworth-hotel.moonfruit.com

COURTLANDS HOTEL, Willmington Gardens , Eastbourne , BN21 4JN ,
Telephone: +44 (0)1323 723 737, Fax: +44 (0)1323 732 902, Email:
bookings@courtlandseastbourne.com , <http://www.courtlandseastbourne.com>

DA VINCI EASTBOURNE, 9-10 HOWARD SQUARE, Eastbourne, East
Sussex, England, BN21 4BQ

DEVONSHIRE PARK HOTEL, 27-29 Carlisle Rd, Eastbourne, BN21 4JR,
01323 728144, www.devonshire-park-hotel.co.uk

EASTBOURNE RIVIERA HOTEL, 26 Marine Parade, Eastbourne, BN22
7AY, 01323 430 302, www.eastbourneriviera.co.uk

GRAND HOTEL, King Edward's Parade, Eastbourne, BN21, 01323 412 345,
www.grandeastbourne.com

HADDON HALL HOTEL, 17 Devonshire Place, Eastbourne, East Sussex,
BN21 4AJ, 01323 640953, www.haddonhallhotel.co.uk

HYDRO HOTEL, Mt Rd, Eastbourne, BN20 7, 01323 720 643 ,
www.hydrohotel.com

IVYDENE, 5-6 Hampden Ter, Latimer Rd, Eastbourne, BN22 7BL, 01323
720547 , www.ivydenehotel-eastbourne.co.uk

LANGHAM HOTEL, 43-49 Royal Parade, Eastbourne, BN22 7AH, 01323 731
451, www.langhamhotel.co.uk

MANSHION HOTEL, Grand Pde, Eastbourne, BN21 3YS, 01323 727411 ,
www.mansionlionshotel.moonfruit.com

MARINE PARADE HOTEL, 13-14 Marine Parade, Eastbourne, BN21, 01323
730005, www.marineparadehotel.com

NEW WILMINGTON HOTEL, 25 Compton Street, Eastbourne, 01323 721
219, www.new-wilmington-hotel.co.uk

OBAN HOTEL, King Edward's Parade, Eastbourne, BN21, 01323 731581,
www.oban-hotel.co.uk

PARK VIEW HOTEL, 8 Wilmington Gdns, Eastbourne, BN21 4JN, 01323
721242, www.parkviewhoteleastbourne.co.uk

PREMIER INN EASTBOURNE, Willingdon Drive, Eastbourne, 0870 197
7089, www.premierinn.com

QUEENS HOTEL, Marine Parade,
Eastbourne, BN21 3DY, 01323 722 822 ,
www.queenshotel.blogspot.com



SAVOY COURT HOTEL, 11-15 Cavendish Place, BN21 3EJ, 01323 723
132, www.savoycourthotel.co.uk

THE ALBANY LIONS HOTEL, 1 Grand Parade, Eastbourne, BN21, 01323
722788, www.albanylions-hotel.moonfruit.com

THE BIG SLEEP HOTEL, King Edward's Parade, Eastbourne, BN21, 01323
722 676 , www.thebigsleephotel.com

THE EAST BEACH HOTEL, 23-25 Royal Parade, Eastbourne, BN22, 01323
722125, www.eastbeachhotel.co.uk

THE PALM COURT, 15 Burlington Pl, Eastbourne, BN21 4AR, 01323
725811, www.thepalmcourthotel.co.uk

WATERSIDE BOUTIQUE HOTEL, 11-12 Royal Parade, Eastbourne, BN22,
01323 646566, www.watersiderestaurant.eu



EAST GRINSTEAD

London Road, East Grinstead, West Sussex
RH19 2BH

Phone: 01342 337700, Fax: 01342 337715
<http://www.felbridgehotel.co.uk>



The Felbridge Hotel and Spa has gone from strength to strength since it's £5.5 million refurbishment in 2007 and is the joint highest rated black four star hotel in the UK.

EAST SUSSEX

ASHDOWN PARK HOTEL Wych Cross Forest Row East Sussex RH18 5JR
EAST SUSSEX UNITED KINGDOM +44 (0)1342 824988 +44 (0)1342 826206
www.slh.com/ashdownp/

EGHAM SURREY

the runnymede-on-thames

Windsor Road, Egham
Surrey, TW20 0AG
T: 01784 220960

<http://www.runnymedehotel.com>



The runnymede-on-thames 4 star hotel in Egham, Surrey, on the banks of the River Thames near Windsor, just minutes from Heathrow Airport

EGREMONT CUMBRIA

Taylor's Blackbeck Bridge Inn

Egremont, Cumbria, CA22 2NY
enquiries@blackbeck.co.uk,
<http://www.blackbeck.co.uk>



You can discover the lake districts best kept secret we have the highest mountain, deepest lake and the smallest church all just around the corner, or you can explore some of the beautiful coastal regions within a few minutes drive.

ELY CAMBRIDGESHIRE

Lamb Hotel

2 Lynn Road, Ely, Cambridgeshire, CB7 4EJ
T: 01353 663574

6476@greeneking.co.uk

<http://www.oldenglishinns.co.uk/ely>



The Lamb offers 31 well appointed bedrooms, including a four-poster and several family rooms, a restaurant with a diverse menu and of course a well stocked bar!

EPPING

POSTHOUSE EPPING High Road, Bell Common, Epping, Essex CM16 4DG
EPPING UNITED KINGDOM 01992 573137 01992 560402

EXETER

ABODE EXETER, Cathedral Yard, Exeter, England EX1 1HD, Phone: 44 1392-319955, Email: reservationsexeter@abodehotels.co.uk,
<http://www.abodehotels.co.uk/exeter>

ALIAS HOTEL BARCELONA, Magdalen St, Exeter, EX2, 01392 281 000,
www.aliashotels.com

BUCKERELL LODGE HOTEL, Topsham Rd, Exeter, EX2, 01392 221 111,
www.foliathotels.com

CITY GATE HOTEL, Iron Bridge Lower North Street Exeter. EX4 3RB, Tel: 01392 495811, Email: citygate@youngs.co.uk, www.citygatehotel.com

COMBE HOUSE HOTEL & RESTAURANT, Exeter Rd, Honiton, EX14, 01404 540 400, www.thishotel.com

COMFORT INN A38 KENNEDY-EXETER DEVON-EX6 7UX EXETER UNITED KINGDOM 01392 83 21 21 01392 83 35 90

DUNMORE HOTEL, 22 Blackall Rd, Exeter, EX4 4HE, 01392 431643,
www.dunmorehotel.co.uk

EXPRESS BY HOLIDAY INN, Guardian Way, Exeter Bus. Park, Exeter, EX1 3PE, 0871 423 4931, www.hiexpress.co.uk

MERCURE SOUTHGATE HOTEL EXETER, Southernhay E, Exeter, EX1, 01392 412 812, www.accorhotels.com

OKEL LODGE HOTEL, 43-47 Okehampton Rd, Exeter, EX4, 01392 252 343,
www.okelodgehotel.co.uk

PARK VIEW, 8 Howell Rd, Exeter, EX4 4LG, 01392 271772,
www.parkviewexeter.co.uk

PREMIER INN EXETER, 398 Topsham Road, Exeter, EX2 6, 0870 197 7097, www.premierinn.com

QUEENS COURT HOTEL, Bystock Terrace, Exeter, EX4, 01392 272 709,
www.queenscourt-hotel.co.uk

RAFFLES, 11 Blackall Rd, Exeter, EX4, 01392 270 200, www.affles-exeter.co.uk

SILVERSPRINGS, St Davids, 12 Richmond Road, Exeter, EX4 4JA, 01392 494 040, www.silversprings.co.uk

ST OLAVES COURT HOTEL, Mary Arches St, Exeter, England EX4 3AZ, Phone: 44 1392-217736, Email: info@olaves.co.uk, Web: <http://www.olaves.co.uk>

THE BENDENE, 15 - 16 Richmond Road, Exeter, EX4 4JA, 01392 213 526,
www.bendene.co.uk

THE CLOCK TOWER HOTEL, 16 New North Road, Exeter, EX4 4HF, 01392 424 545, www.clocktowerhotel.co.uk



The Gipsy Hill Hotel

Pinhoe,
Exeter , EX1 3RN
Telephone 01392 465252,
Fax 01392 464302

stay@gipsyhillhotel.co.uk,
www.gipsyhillhotel.co.uk



THE SOUTHGATE Southernhay East, Exeter EX1 1QF EXETER UNITED KINGDOM 01392 412812 01392 413549

THISTLE EXETER ,Queen St, Exeter ,0870 333 9133, www.thistle.com

WEST HILL, SALSTON MANOR HOTEL ,Venn Ottery Rd, Newton Poppleford, Sidmouth, EX10, 01404 815 581 , www.devon-connect.co.uk

WHITE HART HOTEL , 66 South St, Exeter, England EX1 1EE, Phone: 44 1392-279897, Email: whitehart.exeter@marstons.co.uk , <http://www.marstonsinnsandtaverns.co.uk>

FAREHAM

POSTHOUSE FAREHAM Cartwright Drive, Titchfield, Fareham Hampshire PO15 5RJ FAREHAM UNITED KINGDOM 01329 844644 01329 844666

FARNBOROUGH

POSTHOUSE FARNBOROUGH Lynchford Road, Farnborough Hampshire GU14 6AZ FARNBOROUGH UNITED KINGDOM 01252 545051 01252 377210

FARNHAM

THE BUSH HOTEL The Borough, Farnham, Surrey GU9 7NN FARNHAM UNITED KINGDOM 01252 715237 01252 733530

BEST WESTERN HOTEL FRENHAM POND



Churt, Farnham, Surrey, GU10 2QD, UK
tel.(01252) 795161

info@frenshampondhotel.co.uk
<http://www.frenshampondhotel.co.uk>



The Best Western Frensham Pond Hotel in Farnham, Surrey is set in one of the country's most picturesque and peaceful locations, overlooking Frensham Great Pond.

3 Million Facts are listed on our Website

FELTHAM MIDDLESEX



Reservations 0208 893 1745

10 Hanworth Rd, Feltham, Middlesex,
TW13 5AB

bookings@heathrowhotel.org
<http://www.ambassadorheathrowhotel.com>



If you are looking for an exclusive hotel near Heathrow the you've just found one.

FOLKESTONE

CLIFTON HOTEL ,1-6 Clifton Gdns, Folkestone ,01303 851231, www.thecliftonhotel.com

CRETE DOWN GUEST HOUSE, Crete Rd W, Folkestone, CT18, 01303 892 392, www.crete-down.co.uk

GARDEN LODGE, 324 Canterbury Rd, Densole, Folkestone, CT18 7BB, 01303 893147, www.garden-lodge.com

GRAND BURSTIN HOTEL ,The Harbour, Folkestone ,01303 854500, www.grandburstinhotel.co.uk

HOLIDAY INN EXPRESS, Folkestone-channel tunnel , Cheriton parc, cheriton high street , Folkestone, ct18 8an england , T: 44-0130-3298450 Fax: 44-0130-3298451, <http://www.ichotelsgroup.com>

HOTEL RELISH -FOLKESTONE, 4 Augusta Gardens, Folkestone, CT20, 01303 850 952, www.hotelrelish.co.uk

KENTMERE, 76 Cheriton Rd, Folkestone, CT20 1DG, 01303 259661, www.kentmere-guesthouse.co.uk

LANGHORNE GARDEN HOTEL, 10-12 Langhorne Gardens, Folkestone, CT20, 01303 257 233, www.langhorne.co.uk

PORTLAND HOTEL AND SKUBA BAR, 2 - 4 Langhorne Gardens, Folkestone, CT20 2EA, 01303 251 444, www.portlandfolkestone.co.uk

QUALITY HOTEL BURLINGTON FOLKESTONE, The Burlington, Folkestone, CT20 2HR, 01303 255 301, www.theburlingtonhotel.com

SALISBURY HOTEL, 30-32 Clifton Gdns, Folkestone, CT20 2EF, 01303 252102, www.thesalisburyhotel.com

THE ROB ROY, 227 Dover Rd, Folkestone, CT19 6NH, 01303 253341, www.therobroy.freeserve.co.uk

THE ROYAL NORFOLK HOTEL, 7 Sandgate High St, Sandgate, Folkestone, CT20 3BD, 01303 248262, www.theroyalnorfolk.co.uk

THE SANDGATE HOTEL, 8-9 Wellington Terrace, The Esplanade, Sandgate, Folkestone , Kent CT20 3DY, T:(+44 1303 220444) , info@sandgatehotel.com , <http://www.sandgatehotel.com>

THE SOUTHCLIFF HOTEL, 22-26 The Leas, Folkestone, CT20, 01303 850 075, www.thesouthcliff.co.uk

WARDS HOTEL & RESTAURANT KAZ, 39 Earls Ave, Folkestone, CT20, 01303 245 166, www.wardshotel.net

GLOUCESTER

POSTHOUSE GLOUCESTER Crest Way, Barnwood, Gloucester GL4 7RX GLOUCESTER UNITED KINGDOM 01452 613311 01452 371036

GLOUCESTERSHIRE

LORDS OF THE MANOR HOTEL Upper Slaughter Cheltenham Gloucestershire GL54 2JD GLOUCESTERSHIRE UNITED KINGDOM +44 (0)1451 820243 +44 (0)1451 820696 www.slh.com/lordsman/

GOSPORT

ANGLESEY HOTEL, 24 Crescent Rd, Gosport, PO12 2DH, 023 92582157, www.angleseyhotel.co.uk

THE OLD LODGE HOTEL, 81 The Av, Gosport, PO12 2JX, 023 92581865, www.theoldlodge.com

THIRTY THREE A BED AND BREAKFAST, 33 Anglesey Rd, Gosport, PO12, 023 9251 0119, www.thirtythreeda.co.uk

WEST WIND GUEST HOUSE, 197 Portsmouth Rd, Lee-on-the-solent, PO13, 023 9255 2550, www.west-wind.co.uk

GRASMERE

THE SWAN Grasmere, Nr Ambleside, Cumbria LA22 9RF GRASMERE UNITED KINGDOM 015394 35551 015394 35741

GRIMSBY

POSTHOUSE GRIMSBY Littlecoates Road, Grimsby North East Lincolnshire DN34 4LX GRIMSBY UNITED KINGDOM 01472 350295 01472 241354

GUILDFORD

POSTHOUSE GUILDFORD Egerton Road, Guildford, Surrey GU2 5XZ GUILDFORD UNITED KINGDOM 01483 574444 01483 302960

HAMPSHIRE

TYLNEY HALL Rotherwick Hook Hampshire RG27 9AZ HAMPSHIRE UNITED KINGDOM +44 (0)1256 764881 +44 (0)1256 768141 www.slh.com/tylnetha/

HANNAFORE WEST LOOE



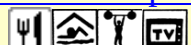
01509 263273 - ENQUIRIES@HANNAFOREPOINTHOTEL.COM

HANNAFORE POINT
HOTEL IN LOOE



Marine Drive, Hannafore
West Looe, Cornwall
PL13 2DG

stay@hannaforepointhotel.com
<http://www.hannaforepointhotel.com>



This well presented Hotel in Cornwall has a range of facilities to cater for Conferences and seminars to Weddings and private functions.

HARROGATE

QUALITY HOTEL KIMBERLEY 11-19, Kings Road HARROGATE NORTH YORKSHIRE-HGI 5JY HARROGATE UNITED KINGDOM 01423 50 56 13 01423 53 02 76



1-3 Franklin Mount, Harrogate, North Yorkshire
HG1 5EJ
Tel: 01423 508491
enquiries@graftonhotel.co.uk
<http://www.graftonhotel.co.uk>



If you're looking for contemporary surroundings with a personal touch, The Grafton will make your visit to Harrogate extra special

HARROW WEALD



Old Redding, Harrow Weald, Middx, HA3 6SH
T +44 (0) 20 8385 3100
reservations@grimsdyke.com
<http://www.grimsdyke.com>

With 46 elegant rooms, housed in both the main hotel and lodge, a 2 AA rosette restaurant serving our own seasonal produce, and extensive grounds, this is the perfect British country retreat.



HASTINGS

BANNATYNE'S BEAUPORT PARK HOTEL & HEALTH CLUB, Bannatyne's Beaufort Park Hotel, Battle Road, Nr Battle, TN38 8EA, 01424 851 222, www.bannatyne.co.uk

ROYAL VICTORIA HOTEL, Marina, St Leonards-On-Sea, Saint Leonards, TN38 0BD, 01424 424646, www.royalvichotel.co.uk

THE CHATSWORTH HOTEL, 7-11 Carlisle Parade, Town Centre, Hastings, TN34 1JG, 01424 720188, www.chatsworthhotel.com

THE WHITE ROCK HOTEL, 1-10 White Rock, Hastings, TN34 1JU, 01424 422 240, www.thewhiterockhotel.com

TRAVEL LODGE HASTINGS, Bohemia Rd, Hastings, TN34, 0871 984 6310, www.travelodge.co.uk

HERTFORDSHIRE WELWYN

QUALITY HOTEL CLOCK The Link Welwyn HERTS-AL6 9XA HERTFORDSHIRE WELWYN UNITED KINGDOM 01438 716911 01438 714065 admin@qb623.u-net.com

HAVANT

POSTHOUSE HAVANT Northney Road, Hayling Island Havant Hampshire PO11 0NQ HAVANT UNITED KINGDOM 01705 465011 01705 466468

HAYDOCK

POSTHOUSE HAYDOCK Lodge Lane, Newton-le-Willows Merseyside WA12 0JG HAYDOCK UNITED KINGDOM 01942 717878 01942 718419

HEATHROW

HEATHROW MARRIOTT HOTEL Ditton Road Langley SL3 8PT HEATHROW UNITED KINGDOM 44 (1753) 544244 (1753) 540272

HELMSLEY

THE BLACK SWAN Market Place, Helmsley, North Yorkshire YO62 5BJ HELMSLEY UNITED KINGDOM 01439 770466 01439 770174

HEMEL HEMPSTEAD

POSTHOUSE HEMEL HEMPSTEAD Breakspear Way, Hemel Hempstead Hertfordshire HP2 4UA HEMEL HEMPSTEAD UNITED KINGDOM 01442 251122 01442 211812

HEREFORD

THE GREEN DRAGON Broad Street, Hereford HR4 9BG HEREFORD UNITED KINGDOM 01432 272506 01432 352139

HERTINGFORDBURY

THE WHITE HORSE Hertingfordbury, Hertfordshire SG14 2LB HERTINGFORDBURY UNITED KINGDOM 01992 586791 01992 550809

HIGH WYCOMBE

POSTHOUSE HIGH WYCOMBE Handycross, High Wycombe Buckinghamshire HP11 1TL HIGH WYCOMBE UNITED KINGDOM 01494 442100 01494 439071

3 Million Facts are listed on our Website

HORLEY

Longbridge Roundabout, Gatwick, Horley
Surrey, RH6 OAB
Tel: 0871 2261931, Fax: 01293 899904
gatwick@qmh-hotels.com
<http://www.bw-gatwickmoathouse.co.uk>

HULL

POSTHOUSE HULL Ferriby High Road, North Ferriby, Hull HU14 3LG HULL
UNITED KINGDOM 01482 645212 01482 643332

POSTHOUSE HULL MARINA Castle Street, Hull, North Humberside HU1 2BX
HULL MARINA UNITED KINGDOM 01482 225221 01482 213299

IPSWICH

POSTHOUSE IPSWICH London Road, Ipswich IP2 0UA IPSWICH UNITED
KINGDOM 01473 690313 01473 680412

KINGSTON UPON HULL

COMFORT INN Anlaby Road KINGSTON UPON HULL HUMBERSIDE-HUI 2PJ
KINGSTON UPON HULL HULL UNITED KINGDOM 01482 323299 01482 214730
admin@qb631.u-net.com

QUALITY HOTEL ROYAL 170 Ferensway KINGSTON UPON HULL
HUMBERSIDE-HUI 3UF KINGSTON UPON HULL HULL UNITED KINGDOM
01482 325087 01482 323172 admin@qb611.u-net.com

KINGSTON-UPON-THAMES

the kingston lodge Kingston Hill, Kingston-upon-Thames Surrey KT2 7NP
KINGSTON-UPON-THAMES UNITED KINGDOM 0181 5414481 0181 5471013

LANCASTER

POSTHOUSE LANCASTER Waterside Park, Caton Road, Lancaster Lancashire
LA1 3RA LANCASTER UNITED KINGDOM 01524 65999 01524841265

POSTHOUSE LEICESTER Braunstone Lane East, Leicester LE3 2FW
LEICESTER UNITED KINGDOM 0116 2630500 0116 2823623

LANCASHIRE BLACKBURN**The Bayley Arms**

Hurst Green, Blackburn, Lancashire, BB7 9QB

T: +44(0)1254 826478

sales@bayleyarms.co.uk,
<http://www.bayleyarms.co.uk>



The present day Bayley Arms is an unstuffy mix of old and new,
always sticking to the basic philosophy of offering good service,
comfortable accommodation, excellent food and local beers in a
relaxed friendly manor

**LANCASHIRE BURNLEY**

COMFORT INN Keirby walk Burnley LANCS-BB11 2DH LANCASHIRE BURNLEY
UNITED KINGDOM 01282.427611 01282.436370 admin@qb608.u-net.com

Barceló Hinckley Island Hotel

Watling Street (A5) Hinckley
Leicestershire

LE10 3JA, United Kingdom

P: 01455 631122, Fax: 01455 898579

<http://www.barcelo-hotels.co.uk>

**LAVENHAM**

THE SWAN High Street, Lavenham, Sudbury, Suffolk CO10 9QA
LAVENHAM UNITED KINGDOM 01787 247477 01787 248286

LEAMINGTON SPA

COURTYARD Olympus Avenue Tachbrook Park CV34 6RJ TACHBROOK
PARK LEAMINGTON SPA UNITED KINGDOM 44 (1926) 425522 44 (1926)
881322

LEEDS

LEEDS MARRIOTT HOTEL 4 Trevelyan Square Boar Lane, LS1 6ET
Leeds, England LEEDS UNITED KINGDOM 44 (113) 236 6366 44 (113) 236
6367

QUEEN'S HOTEL City Square, Leeds LS1 1PL LEEDS UNITED KINGDOM
0113 2431323 0113 2425154

LEEDS/BRADFORD

POSTHOUSE LEEDS/BRADFORD Leeds Road, Bramhope, Leeds LS16
9JJ LEEDS/BRADFORD UNITED KINGDOM 0113 2842911 0113 2843451

LEEDS/SELBY

POSTHOUSE LEEDS/SELBY Junction A1/A63 South Milford Nr Leeds
LS25 5LF LEEDS/SELBY UNITED KINGDOM 01977 682711 01977 685462



LEICESTER**The Belmont Hotel**

De Montfort Street, Leicester
LE1 7GR

T: 0116 254 4773

info@belmonthotel.co.uk

<http://www.belmonthotel.co.uk>



The Belmont Hotel is an independently owned and run 75 bedroom hotel situated on leafy New Walk, walking distance to Leicester city centre

LONDON**Antoinette Hotels
Kingston**

Kingston upon Thames, Beaufort Road
London, KT1 2TQ

0844 567 8955

info@antoinettehotels.com

<http://www.antoinettehotel.com>



The Antoinette is the largest and most established Hotel in The Royal Borough of Kingston upon Thames with over one hundred bedrooms, secure car parking for 100 cars, landscaped gardens and eight versatile function rooms.

LEICESTERSHIRE LOUGHBOROUGH

QUALITY HOTEL New Ashby Road Loughborough LEICESTERSHIRE-LE11 OEX
LEICESTERSHIRE LOUGHBOROUGH UNITED KINGDOM 01509 211800 01509
211868 admin@qb613.u-net.com

LIVERPOOL

THE GLADSTONE HOTEL Lord Nelson Street, Liverpool L3 5QB LIVERPOOL
UNITED KINGDOM 0151 7097050 0151 7092193

LINCOLN

COURTYARD Brayford Wharf North LN 1 1YW LINCOLN UNITED KINGDOM 44
(1522) 544244 44 (1522) 560805

POSTHOUSE LINCOLN Eastgate, Lincoln LN2 1PN LINCOLN UNITED
KINGDOM 01522 520341 01522 510780

THE WHITE HART Bailgate, Lincoln, Lincolnshire LN1 3AR LINCOLN UNITED
KINGDOM 01522 526222 01522 531798

LINCS BOSTON

COMFORT INN Bicker Bar Boston Lincs-PE20 3AN Lincs BOSTON UNITED
KINGDOM 01205 820118 01205 820228 admin@qb607.u-net.com



"41", 41 Buckingham Palace Road, London SW1W 0PS, Tel: + 44 (0) 20 7300
0041, Fax: + 44 (0) 20 7300 0141, info41@rchnail.com,
<http://www.41hotel.com>

51 BUCKINGHAM GATE, Taj Suites and Residences, London, SW1E 6AF,
Tel: +44 (0) 20 7769 7766, Fax: +44 (0) 20 7233 5014, info@51-buckinghamgate.co.uk,
<http://www.51-buckinghamgate.com>

ABBA QUEEN'S GATE HOTEL, 31-34 Queen's Gate, SW7 5JA London,
T: +44 (0) 207 584 72 22, Fax: +44 (0) 207 589 39 10,
<http://www.abbaqueensgatehotel.com>

ADARE HOTEL, 153 Sussex Gardens, Hyde Park, London W2 2RY, Tel: (207)
262 0633, adarehotel@btinternet.com, <http://www.adarehotel.com>

ADMIRAL HOTEL, 143 Sussex Gardens, Hyde Park, London W2
2RY, England, UK, T: +44 (0)20 7723 7309/3975, enquiries@admiral-hotel.com,
<http://www.admiral-hotel.com>

ALBRO HOUSE HOTEL, 155 Sussex Gardens, Hyde Park, London, W2 2RY
England, UK, T: +44 (0) 207 724 2931, info@albrohousehotel.co.uk,
<http://www.albrohousehotel.co.uk>

ALEXANDRA HOTEL, 159 - 161 Sussex Gardens, Hyde Park, London, W2
2RY, United Kingdom, <http://www.alexandrahottellondon.com>

ALLEN HOUSE LUXURY SERVICED APARTMENTS, 8 Allen Street,
Kensington London W8 6BH, Tel: 020 7938 1191 / 020 7938 1346, Fax: 020
7938 4142, reservations@allenhouse.co.uk, <http://www.allenhouse.co.uk>

AMBASSADORS BLOOMSBURY, 12 Upper Woburn Place, London,
UK, WC1H 0HX, T: 020 7693 5400, Fax: 020 7388 9930,
michael.musgrave@ambassadors.co.uk, <http://www.ambassadors.co.uk>

ANDAZ LIVERPOOL STREET, 40 Liverpool Street, London, England, EC2M
7QN TEL. +44 20 7961 1234, FAX. +44 20 7961 1235,
info.londonliv@andaz.com, www.london.liverpoolstreet.andaz.hyatt.com

ASCOTT MAYFAIR LONDON, 49 Hill St, Westminster, London W1J
5NB, T: 020 7499 6868, www.the-ascott.com/uk/london

ASHBURN HOTEL, 111 Cromwell Road, London SW7 4DP, T: +44 (0) 20
7244 1999, F: +44 (0) 20 7244 1998, reservations@ashburn-hotel.co.uk,
<http://www.ashburn-hotel.co.uk>

ASK ITALIAN, 5th Floor, 2 Balcombe Street, London, NW1 6NW, Tel: 0845 602
2704, <http://www.askitalian.co.uk>

ATHENAEUM, 116 Piccadilly, Mayfair, London, W1J 7BJ, Tel: +44 (0) 20 7499
3464, Fax: +44 (0)207 493 1860, <http://www.athenaeumhotel.com>

ATHENA HOTEL, 110/114 Sussex Gardens Hyde Park, London W2 1UA, T:
0044 (0) 207 7063866, stay@athenahottellondon.co.uk,
www.athenahottellondon.co.uk



<http://www.russhillhotelgatwick.co.uk>

AVONMORE HOTEL IN KENSINGTON, 66 Avonmore Road, Kensington, London W14 8RS, Tel: +44 (0) 20 7603 4296, Fax: +44 (0) 56 0153 5230, reservations@avonmorehotel.co.uk, <http://www.avonmorehotel.co.uk>

BAGLIONI HOTEL LONDON, 60 Hyde Park Gate – Kensington, London SW7 5BB, UK, ph: +44 (0) 2073685700, fax: +44 (0) 2073685701, info.london@baglionihotels.com, <http://www.baglionihotels.com>

Barkston Gardens Hotel

34/44 Barkston Gardens, London, SW5 0EW

Tel: 0207 373 7851, Fax: 0207 370 6570

reservations@barkstongardens.com

<http://www.barkstongardens.com>



BARRY HOUSE, 12 Sussex Place, Hyde Park, London, W2 2TP, T: 020 7723 7340, hotel@barryhouse.co.uk, <http://www.barryhouse.co.uk>

BASE2STAY KENSINGTON LIMITED, 25 Courtfield Gardens, Kensington, London, SW5 0PG, United Kingdom, T: 020 7244 2255, F: 020 7244 2256, info@base2stay.com, <http://www.base2stay.com>

BELMONT HOTELS, 104 Sussex Gardens, London, W2 1UH, T: 0207 7238103, belmonthotel@yahoo.co.uk, <http://www.belmont-hotels.com>

BEST WESTERN BURNS HOTEL, 18-26 Barkston Gardens, Kensington, London, SW5 0EN, Tel: +44 (0) 20 7373 3151, Fax: +44 (0) 20 7370 4090, <http://www.burnshotel.co.uk>

BEST WESTERN DELMERE HOTEL, 130 Sussex Gardens, London, W2 1UB, reservations@compuserve.com, <http://www.bestwestern.co.uk>

BEST WESTERN JOHN HOWARD HOTEL

4 Queen's Gate, Kensington, London, London SW7 5EH

T: 020 78088400, Fax: 020 78088402

info@johnhowardhotel.co.uk

<http://www.bw-johnhowardhotel.co.uk>



BEST WESTERN MOSTYN HOTEL, Marble Arch, Bryanston Street, London, W1H 7BY, T: +44 (0) 20 7935 2361, F: +44 (0) 20 7487 2759, E: info@mostynhotel.co.uk, <http://www.mostynhotel.co.uk>

BEST WESTERN MOSTYN HOTEL, Marble Arch, Bryanston Street, London, W1H 7BY, T: +44 (0) 20 7935 2361, F: +44 (0) 20 7487 2759, E: info@mostynhotel.co.uk, <http://www.mostynhotel.co.uk>

BEST WESTERN THE BOLTONS, 19-21 Penywern Road, London, SW5 9TT, T: 0207 3738900, <http://www.bestwestern.co.uk>

BEST WESTERN VICTORIA PALACE, 60 - 64 Warwick Way, Victoria - London SW1V 1SA, United Kingdom, Tel: +44 (0) 20 7821 7113, Fax: +44 (0) 20 7630 0806, info@bestwesternvictoriapalace.co.uk, <http://www.bestwesternvictoriapalace.co.uk>

BEVERLEY HOUSE HOTEL, 142 SUSSEX GARDENS, LONDON W2 1UB, T: +44 207 7233380, info@beverleyhousehotel.com, <http://www.beverleyhouse-hotel.com>

BLAKES HOTEL 33 Roland Gardens, London SW7 3PF, England, U.K. LONDON UNITED KINGDOM 44-171-370-6701 44-171-373-0442, blakes@blakeshotels.com www.blakeshotels.com

BYRON HOTEL, 36-38 Queensborough Terrace, London W2 3SH, T: 020 7243 0987, www.thebyronhotel.co.uk



49/67 Queensborough Terrace, London W2 3SS

Tel: +44 (0)20 7229 2424

Fax: +44 (0)20 7229 2904

cph@centralparklondon.co.uk

<http://www.centralparklondon.co.uk>



CADOGAN HOTEL ,75 Sloane Street - London, SW1X 9SG - United Kingdom,Tel. 44 (0)20 7235 7141,Fax. 44 (0)20 7245 0994, info@cadogan.com , <http://www.cadogan.com>

CAFÉ ROYAL BY LE MÉRIDIEN 68 Regent Street, London W1R 6EL LONDON UNITED KINGDOM 0171 437 9090 0171 439 7672

CARLTON HOTEL,Birkenhead Street, London,WC1H 8BA,T: +44 (0) 20 7916 9697 ,F: +44 (0) 20 7916 7614, info@carltonhotellondon.co.uk , <http://www.carltonhotellondon.com>

CHARLOTTE STREET HOTEL, 15-17 Charlotte Street London W1T 1RJ, T: +44 20 7806 2000,F: +44 20 7806 2002, charlotte@firmdale.com , <http://www.firmdale.com>

CHESHIRE HOTEL ,110 Great Russell Street, London WC1B 3NA, P: 0207 6377777, Fax: 0207 4361142, reservation@londoncheshirehotel.co.uk <http://www.cheshirehotellondon.com>



1 Wilbraham Place,Sloane Street,London SW1X 9AE

T: +44 (0)20 7259 8222,F: +44 (0)20 7259 8259

cph@chevalresidences.com
www.chevalphoenixhouse.com



Nestled in the heart of Chelsea, our award-winning residence is on a mission to charm you – from the moment you set eyes on its beautifully restored Victorian façade, to the second you sink into the soft Italian linen.



COMMODORE HOTEL

50 Lancaster Gate, Hyde Park, London W2 3NA

T: +44(0)20 7402 5291

reservations@commodore-hotel.com

<http://www.hotel-commodore.com>



The Commodore Hotel London is unique in its stunning combination of styles with traditional Victorian romantic elegance coupled with the contemporary modern interior designs of our Executive rooms

COLLINGHAM SERVICED APARTMENTS,26 - 27 Collingham Gardens, London SW5 0HN,Tel:+44 0 20 7244 8677,Fax:+44 0 20 7244 7331, reservations@collinghamapartments.co.uk , <http://www.collinghamapartments.com>

COMFORT INN Hampstead 5 Froggnal - NW3 6AL LONDON UNITED KINGDOM - ENGLAND 171 794 0101, www.comfortinn.com

COMFORT INN BUCKINGHAM PALACE RD.10 St George's Drive, Victoria, London SW1V 4BJ,Tel:+ 44 (0) 20 7834 2988, Fax:+ 44 (0) 20 7821 5814, info@comfortinnbuckinghampalacerd.co.uk , <http://www.comfortinnbuckinghampalacerd.co.uk>

COMFORT INN WESTMINSTER 82-86 Belgrave Road LONDON-SW1V 2BJ WESTMINSTER LONDON UNITED KINGDOM 0171 828 8661 0171 821 0525, www.comfortinn.com

COPTHORNE TARA HOTEL LONDON KENSINGTON ,Kensington, London ,W8 5SR ,United Kingdom ,T:+44 (0) 20 7937 7211,F:+44 (0) 20 7937 7100, reservations.tara@millenniumhotels.co.uk , <http://www.millenniumhotels.co.uk/cophornetarakensington>

COURTHOUSE DOUBLETREE BY HILTON LONDON-REGENT STREET HOTEL,19 - 21 Great Marlborough Street London W1F 7HL, United Kingdom ,Tel: 020 7297 5555, <http://doubletree.hilton.co.uk>

COVENT GARDEN HOTEL ,10 Monmouth Street London WC2H 9HB,T: +44 20 7806 1000,F: +44 20 7806 1100 ,E: covent@firmdale.com , <http://www.firmdale.com>

CROWNE PLAZA HOTEL LONDON DOCKLANDS,Excel Conf Ctr Western Gateway London ,E16 1AL,0870 990 9692, www.crowneplazadocklands.co.uk

CROWNE PLAZA HOTEL LONDON-KENSINGTON ,100 CROMWELL RD,LONDON, SW7 4ER ENGLAND, T: 44-20-73732222 ,Fax: 44-20-73730559, info@cpkensington.co.uk <http://www.ichotelsgroup.com>

CROWNE PLAZA LONDON - ST. JAMES , 45-51 Buckingham Gate, London, SW1E 6AF, United Kingdom, Tel: +44 20 7834 66 55, Fax: +44 20 7630 75 87, guestassistance@cplonsi.co.uk , <http://www.london.crowneplaza.com/st-jamescourt-hotel>

DALMACIA HOTEL ,71 Shepherd's Bush Road,Hammersmith,London W6 7LS,Tel: +44(0)207 603 2887,Fax: +44(0)207 602 9226, Info@dalmacia-hotel.co.uk , <http://www.dalmacia-hotel.co.uk>

DANUBIUS HOTEL REGENTS PARK, 18 Lodge Road, St. John's Wood, London NW8 7JT,Tel: 020 7722 7722,Fax: 020 7483 2408, enquiries@danubiuslondon.co.uk , <http://www.danubiuslondon.co.uk>

Save money and time book **Intercontex** online
www.hyperlinkhotels.com



DUKES LONDON

35 St James's Place London SW1A 1NY
LONDON UNITED KINGDOM

T: +44 (0)171 491 4840 ,
bookings@dukeshotel.com
<http://www.dukeshotel.com>

DUKES Hotel is set amidst one of London's most discerning districts, in a quiet courtyard in St. James.



DAYS HOTEL WATERLOO, 54 Kennington Road, London, SE1 7BJ, Tel: +44 (0) 207 922 1331, Fax: +44 (0) 207 922 1441, book@hotelwaterloo.com, <http://www.hotelwaterloo.com>

DAYS INN HYDE PARK, reservations@daysinnhydepark.com, <http://www.daysinnhydepark.com>

DOLPHIN HOUSE, Dolphin Square, London, SW1V 3LX, dh@dolphinsquare.co.uk, <http://www.dolphinsquare.co.uk>

DORSET SQUARE HOTEL 39 Dorset Square, Marylebone London NW1 6QN LONDON UNITED KINGDOM +44 (0)171 723 7874 +44 (0)171 724 3328 <http://www.dorsetsquarehotel-london.co.uk>

DOUBLETREE BY HILTON HOTEL LONDON - WEST END, 92 Southampton Row, London, United Kingdom WC1B 4BH, Tel: +44-207-2422828, Fax: +44-207-8319170, <http://doubletree.hilton.com>

DRAYCOTT HOTEL, 26 Cadogan Gardens, London, SW3 2RP, Telephone: +44 (0) 20 7730 6466, Fax: +44 (0) 20 7730 0236, reservations@draycotthotel.com, <http://www.draycotthotel.com>

DURRANTS HOTEL, George Street, London W1h 5bj, TEL: 44 (0)20 7935 8131, FAX: 44 (0)20 7487 3510, enquiries@durrantshotel.co.uk, <http://www.durrantshotel.co.uk>

DYLAN HOTEL 14 Devonshire Terrace Lancaster Gate London W2 3DW United Kingdom, Tel: (071) 723 3280, Fax: (071) 402 2443, www.dylanhouse.co.uk

EASYHOTEL HOUSE, 80-86 Old Street, London, EC1V 9NN, T: +44(0) 203 301 6513, M: +44(0) 778 8567204, F: +44(0) 208 181 4740, rogerp@easyhotel.com, <http://www.easyhotel.com>

EDEN PLAZA HOTEL, 68-69 Queensgate, South Kensington, London, SW7 5JT, Tel: +44 (0) 1480 394138, Fax: +44 (0) 1480 353145, info@edenplazahotel.co.uk, <http://www.edenplazahotel.co.uk>

EDWARD HOTEL BAYSWATER, 1A Spring Street, London, W2 3RA, +44 (0) 1480 394138, reservations@edwardhotel-london.co.uk, <http://www.edwardhotel-london.co.uk>

EUROPA HOUSE HOTEL, 151 Sussex Gardens, Hyde Park, London W2 2RY, Tel: 020 7723 7343, Fax: 020 7224 9331, europahouse@enterprise.net, <http://www.europahousehotel.com>

EUSTON SQUARE HOTEL, 152-156 North Gower Street, London, NW1 2LU, United Kingdom, Tel: +44 20 7388 0099, comments@euston-square-hotel.com, <http://www.euston-square-hotel.com>

FAIRWAY HOTEL LONDON, 13/18 Argyle Street, King's Cross, London WC1H 8EJ, T: +44 207 837 3134, info@fairwaylondon.com, <http://www.fairwaylondon.com>

FALCON HOTEL, 11 Norfolk Square, Paddington / Bayswater, Hyde Park North, London W2 1RU, Tel: +44 20 7723 8603, Fax: +44 20 7402 7009, <http://www.falcon-hotel.com>

FIFTY FOUR BOUTIQUE HOTEL, 54 Queen's Gate, London, SW7 5JW, UK, t: +44 (0)20 7761 4000, f: +44 (0)20 7761 4040, enquiries@fiftyfourboutiquehotel.co.uk, <http://www.fiftyfourboutiquehotel.co.uk>

FLEMINGS HOTEL AND APARTMENTS, 7-12 Half Moon Street, Mayfair, London W1J 7BH, Tel: +44 (0) 20 7499 0000, Fax: +44 (0) 20 7499 1817, guest@flemings.co.uk, www.flemings-mayfair.co.uk

Millions of Facts lead you to the Worlds Tourism Industry
Via Intercontex Hotel and Travel Directory
And The International Yellow Pages IYP



The Royal Horseguards,
2 Whitehall Court, London. SW1A 2EJ
T: 0871 376 9033, Fax: 0871 376 9133
<http://www.guoman.com>



Offering supreme luxury and panoramic views over the River Thames and the London Eye, The Royal Horseguards is a true London icon, crowned AA London Hotel of the Year in 2010-11

FOUR SEASONS HOTEL Hamilton Place, Park lane London W1A 1AZ, England LONDON UNITED KINGDOM (44-171) 499-0888 (44-171)493-1895 493-6629, <http://www.fourseasons.com>

FOUR STARS HOTEL, 26-28 Sussex Gardens, Hyde Park W2 1UL, Tel: (+44) 020 7402 5523, info@fourstarshoteluk.com, <http://www.fourstarshoteluk.com>

FRASER PLACE CANARY WHARF, 80 Boardwalk Place, London E14 5SF, United Kingdom, Tel: +44 (0) 20 7068 7000, Fax: +44 (0) 20 7068 7020, sales@frasershospitality.com, <http://www.fraserplacecanarywharf.com>

FRASER PLACE QUEENS GATE, 39B Queens Gate Gardens, London SW7 5RR, Tel: +44 (0) 20 7969 3555, Fax: +44 (0) 20 7969 3501, queensgate@frasershospitality.com, <http://london-queensgate.frasershospitality.com>

GARTH HOTEL, 69 Gower Street, London, WC1E 6HJ, T: 020 7636 5761, FAX: 020 7637 4854, garth.hotel@virgin.net, <http://www.garthhotel-london.com>

GOLDEN SHALIMAR, 6 Spring Street, Paddington, London W2 3RA, United Kingdom, T: 020 7262 3763, <http://goldenshalimar.co.uk>

GORDON RAMSAY AT CLARIDGE'S, Brook Street, London, W1K 4HR, T: 020 7499 0099, reservations@gordonramsay.com, <http://www.gordonramsay.com/claridges>

GOWER HOUSE HOTEL, 57 Gower Street, London, WC1E 6HJ, Tel/Fax +44 (0)207 636 4685, info@gowerhousehotel.co.uk, <http://www.gowerhousehotel.co.uk>

GRANGE BLOOMS HOTEL, 7 Montague Street, Russell Square, London WC1B 5BP. Tel: +44 (0) 20 7323 1717, Fax: +44 (0) 20 7636 6498, sales@grangehotels.com, <http://www.grangehotels.com>

GRANGE BRACKNELL HOTEL, Charles Square, Bracknell, RG12 1DF, Tel: +44 (0) 1344 474000 Fax: +44 (0) 1344 474125, sales@grangehotels.com, <http://www.grangehotels.com>

GRANGE CITY HOTEL, 8-14 Cooper's Row, London, EC3N 2BQ, Tel: +44 (0) 20 7863 3700, Fax: +44 (0) 20 7863 3701, sales@grangehotels.com, <http://www.grangehotels.com>

GRANGE FITZROVIA HOTEL, 20-28 Bolsover Street, London W1W 5NB, Tel: +44 (0) 20 7467 7000, Fax: +44 (0) 20 7636 5085, sales@grangehotels.com, <http://www.grangehotels.com>

GRANGE HOLBORN HOTEL, 50-60 Southampton Row, London WC1B 4AR, Tel: +44 (0) 20 7242 1800, Fax: +44 (0) 20 7404 1641, sales@grangehotels.com, <http://www.grangehotels.com>

GRANGE LANGHAM COURT HOTEL, Address: 31-35 Langham Street, London W1W 6BU. Tel: +44 (0) 20 7436 6622, Fax: +44 (0) 20 7436 2303, sales@grangehotels.com, <http://www.grangehotels.com>

GRANGE ROCHESTER HOTEL, 69 Vincent Square, London SW1P 2PA ,Tel: +44 (0) 20 7828 6611,Fax: +44 (0) 20 7233 6724, sales@grangehotels.com ,
<http://www.grangehotels.com>

HALLAM HOTEL

12 Hallam St, London W1W 6JF.
Tel: +44 (0)20-7580 1166 ,Fax: +44 (0)20-7323 4527

getintouch@hallamhotel.com

<http://www.hallamhotel.com>



The Hallam Hotel is ideal for both business and tourist guests thanks to its easily accessible Oxford Street, location and competitive rates that make it the best choice amongst cheap hotels in the area

GRANGE WHITE HALL HOTEL, 2-5 Montague Street, Russell Square, London WC1B 5BU, Tel: +44 (0) 20 7580 2224, Fax: +44 (0) 20 7580 5554, sales@grangehotels.com , <http://www.grangehotels.com>

GRESHAM HOTEL, 116 Sussex Gardens, Hyde Park, London, Greater London, W2 1UA, England ,Tel: +44 (0)20 2244405 , revenue@hotelsolutionsdirect.com ,
<http://www.greshamhotellondon.co.uk>

GROSVENOR HOUSE Park Lane, London W1A 3AA LONDON UNITED KINGDOM 0171 499 6363 0171 493 3341 <http://www.grosvenorhouse.co.uk>

GROSVENOR HOUSE APARTMENTS Park Lane, London W1A 3AA LONDON UNITED KINGDOM 0171 499 5225 0171 493 2210 <http://www.grosvenorhouse.co.uk>

HAMILTONS HOTEL, T:020 7706 8642, hamiltonsw2@yahoo.co.uk ,
<http://www.hamiltonshotel.co.uk>

HAVEN HOTEL, 6-8 Sussex Gardens, Paddington, London, W2 1UL – UK, T:(+44) 020 7723 5481, info@LondonHavenHotel.com , <http://www.londonhavenhotel.com>

HAZLITT'S, 6 Frith Street, Soho Square, London W1D 3JA ,Tel: +44(0)20 7434 1771 ,Fax +44(0)20 7439 1524 , reservations@hazlitts.co.uk,
<http://www.rookeryhotel.com>

HER MAJESTY HOTEL, 49 Shepherds Bush Green, London W12 8PS, UK, Tel: +44 20 8746 2191, Fax: +44 20 8746 1434, reception@hermajestyhotel.com ,
<http://www.hermajestyhotel.com>

HESPERIA LONDON VICTORIA ,2 Bridge Place, Victoria. SW1V 1QA London (United Kingdom), Tel. (+44)2078348123 ,Fax: +44 2078281099 ,
rsvt.hhlondonvictoria@nh-hotels.com , <http://www.hesperia.com>



22 Park Lane London , W1K 1BE

United Kingdom

Tel: 020 7493 8000, Fax: +44 (0) 20 7208 4117

guest.parklane@hilton.com

<http://www.parklanehilton.com>



HILTON LONDON ISLINGTON HOTEL ,53 Upper Street Islington London N1 0UY, United Kingdom ,Tel: 020 7354 7700 , <http://www.hilton.co.uk>



Hilton London Metropole

225 Edgware Road, London W2 1JU, UK

Tel: +44 (0)20 7402 4141, Fax: +44 (0)20 7724 8866

reservations.londonmet@hilton.com

<http://www.hiltonlondonmet.com>



Just ten minutes' walk from the West End and Oxford Street and a ten minute tube ride from London Westfield Shopping Centre, the Hilton London Metropole hotel is the ideal destination for any stay in London

HILTON LONDON PADDINGTON HOTEL ,146 Praed Street London W2 1EE, United Kingdom ,Tel: 0207 850 0500 ,
<http://www.hilton.co.uk/paddington>

HILTON LONDON TOWER BRIDGE HOTEL , 5 More London Place Tooley Street ,London SE1 2BY, United Kingdom, Telephone: 020 3002 4300, <http://www.hilton.co.uk>

HOLIDAY INN EXPRESS LONDON GREENWICH , Bugsby Way, Greenwich, London – Greenwich, SE10 0GD, Tel: +44 (0) 208 269 5000, Fax: +44 (0) 208 269 5069, info@expressgreenwich.co.uk ,
<http://www.expressgreenwich.co.uk>

HOLIDAY INN EXPRESS WANDSWORTH-BATTERSEA, Riverside West Smugglers Way Wandsworth, SW18 1EG, T: 44-208-8775950, Fax: 44-208-8770631, wandsworth@morethanhotels.com , <http://www.hiexpress.com>

HOLIDAY INN HOTEL LONDON-BLOOMSBURY, Coram St, City of London WC1N 1HT, 0871 942 9222, reservations-bloomsbury@ihg.com ,
<http://www.holidayinn.com>

HOLIDAY INN LONDON – MAYFAIR, 3 BERKELEY STREET LONDON, W1J 8NE ,England ,T: 44-871-9429110, Fax: 44-207-6292827, <http://www.holidayinn.com>

HOLIDAY INN LONDON-HEATHROW M4,JCT.4,Sipson Road London UB7 OJU,ENGLAND,T: 44-0871-9429095,Fax: 44-0208-8978659, reservations-heathrowm4@ihg.com , <http://www.holidayinn.com>

HOTEL COLUMBUS,141 Sussex Gardens,Hyde Park,London, W2 2RX, United Kingdom ,Tel: +44 (0)20 7262 0974, bookings@hotelcolumbus.co.uk , <http://www.hotelcolumbus.co.uk>

HOTEL INDIGO, LONDON-TOWER HILL ,142 MINORIES,LONDON, EC3N 1LS UNITED KINGDOM ,T: 44-2072-651014,Fax: 44-2074-236310, <http://www.hotelindigo.com>

HOTEL LUNA SIMONE,47 / 49 BELGRAVE ROAD,LONDON,SW1V 2BB, Tel +44 20 7834 5897,Fax +44 20 7828 2474, stay@lunasimonehotel.com , <http://www.lunasimonehotel.com>



Jumeirah Carlton Tower,Cadogan Place

London, SW1X 9PY

UK

Tel: +44 20 7235 1234 ,Fax: +44 20 7235 9129

Email: JCTinfo@jumeirah.com

<http://www.jumeirah.com/en/Hotels-and-Resorts/Destinations/London/Jumeirah-Carlton-Tower>

Jumeirah Carlton Tower Hotel has been voted in the top three best hotels for service in the UK



3 Million Facts are listed on our Website

HOTEL RUSSELL 1-8 Russell Square, Bloomsbury, London, WC1B 5BE, UK,0844 824 6171, <http://www.londonrussellhotel.co.uk>

Hyde Park TOWERS

HOTEL

41-51 Inverness Terrace,
London, England
W2 3JN

T:(+44) 0 20 7221 8484,F:(+44) 0 20 7792 3201

generalmanager@hydeparktowershotel.co.uk

<http://hydeparktowershotel.com>



The Hyde Park Towers Hotel is an elegant early Victorian building situated in a quiet leafy terrace in Bayswater

HYDE PARK ROOMS HOTEL ,137 Sussex Gardens, Paddington, London W2 2RX, England,T:+44 207 723 0225, reception@hydeparkrooms.com , <http://www.hydeparkrooms.com>

INITIAL STYLE CONFERENCES Devonport House King William Walk Greenwich London SE10 9JW United Kingdom Tel: (44) 020 8269 5400 Email: devonport@initialstyle.co.uk Website: www.initialstyle.co.uk

JUMEIRAH HOTEL,21 Lowndes St,Westminster, London SW1X 9ES,T:020 7823 1234, info@jumeirah.com , www.jumeirah.com/JumeirahLowndesHotel

JURYS INN CHELSEA HOTEL, Imperial Road,, London, SW6 2GA,Tel:+44 207 411 2200, Fax:+44 207 411 2444, <http://londonhotels.jurysinns.com>

JURYS INN ISLINGTON HOTEL, 60 Pentonville Road, London, N1 9LA,Tel:+44 20 7282 5500, Fax:+44 20 7282 5511, <http://londonhotels.jurysinns.com>

KENSINGTON HOUSE HOTEL, 15-16 Prince of Wales Terrace, London, England W8 5PQ UK, Telephone: 020 7937 2345 , Facsimile: 020 7368 6700, reservations@kenhouse.com , www.kenhouse.com

KINGSLAND HOTEL,Kingsbury 265 Kingsbury Rd, Londyn NW9 9RR,T:020 8206 0666, stay@kingslandhotel.co.uk , www.kingslandhotel.co.uk

KINGSWAY HALL HOTEL, 66 Great Queen Street, Covent Garden, London, WC2B 5BX, Tel: 0207 309 09 09, sales@kingswayhall.co.uk , <http://www.kingswayhall.co.uk>

K WEST HOTEL & SPA ,Richmond Way London W14 0AX,Tel: +44 (0) 20 8008 6600 ,Fax: +44 (0) 20 8008 6650 , sales@k-west.co.uk , <http://www.k-west.co.uk>

LE MÉRIDIEN PICCADILLY 21 Piccadilly, London W1V 0BH LONDON UNITED KINGDOM 0171 734 8000 0171 437 3574 , <http://www.lemeridienpiccadilly.co.uk>

LONDON BRIDGE HOTEL,8-18 London Bridge Street,London SE1 9SG UK, Tel.: +44 (0)20 7855 2200,Fax: +44 (0)20 7855 2233, generalmanager@londonbridgehotel.com , <http://www.londonbridgehotel.com>

LONDON-GATWICK AIRPORT,POVEY CROSS ROADGATWICK RH6 0BA,ENGLAND,T: 44-0871-942 9030,Fax: 44-1293-771 054, reservations-gatwick@ihg.com , <http://www.holidayinn.com>

LONDON-HEATHROW ARIEL,BATH ROAD 118HAYES,LONDON UB3 5AJ,ENGLAND,T: 44-871-942 9040,Fax: 44-208-564 9265, reservations-heathrow@ihg.com , <http://www.holidayinn.com>



36 Lancaster Gate

London, W2 3NA

Tel : 020 7402 1101,Fax : 020 7262 2551

info@londonguardshotel.co.uk

<http://www.londonguardshotel.co.uk>



Modern London townhouse hotel, the guests at Paddington in Central London find the London Guards Hotel. London Guards provides you with a luxury hotel experience at a three-star hotel price

LONDON HOUSE HOTEL,81 Kensington Gardens Square,Bayswater ,West London W2 4DJ,Phone: 0044 (0) 207 243 1810,Fax: 0044 (0) 207 243 1723,

[reservations@londonhousehotels.com](http://www.londonhousehotels.com) , <http://www.londonhousehotels.com/en>
LONDON LODGE HOTEL ,134-136 Lexham Gardens, London W8 6JE,Tel: +44 (0)20 7244 8444 ,Fax: +44 (0)20 7373 6661, info@londonlodgehotel.com , <http://www.londonlodgehotel.com>
LONDON MARRIOTT HOTEL COUNTY HALL County Hall London, SE1 7PB, England LONDON UNITED KINGDOM 44 (171) 928-5200 , <http://www.marriott.co.uk>
LONDON MARRIOTT HOTEL GROSVENOR SQUARE Grosvenor Square W1A-4AW London, England LONDON UNITED KINGDOM 44 (171) 493 1232 44 (171) 491 3201 , <http://www.marriott.co.uk>
LONDON MARRIOTT HOTEL MARBLE ARCH 134 George Street W1H 6DN London, England LONDON UNITED KINGDOM 44 (171) 7231277 44 (171) 402 0666 , <http://www.marriott.co.uk>
LONDON MARRIOTT HOTEL PARK LANE , 140 Park Lane ,London, W1K 7AA United Kingdom , Phone:44-20-7493-7000, <http://www.marriott.co.uk>
LONDON MARRIOTT HOTEL REGENTS PARK 128 King Henry's Road NW3 3ST London, England LONDON UNITED KINGDOM 44 (171) 722 7711 44 (171) 586 5822 , <http://www.marriott.co.uk>
LONDON MARRIOTT HOTEL MARBLE ARCH,134 George Street ,London, W1H 5DN United Kingdom,T:44-207-723-1277, <http://www.marriott.co.uk>
MANDALAY PICTON HOUSE HOTEL,122 Sussex Gardens,London W2 1UB,England,T:0207 723 5479, picton@mandalayway.com , <http://www.mandalayway.com>
MANDARIN ORIENTAL HYDE PARK, London 66 Knightsbridge London SW1X7LA, England LONDON UNITED KINGDOM (44-171) 235-2000 (44-171) 235-4552, mlon-info@mohg.com , <http://www.mandarinoriental.com/london>
MARRIOTT EXECUTIVE APARTMENTS LONDON, WEST INDIA QUAY, 22 Hertsmeare Road, Canary Wharf,London,T:44-20-70931000,England E14 4ED, United Kingdom, <http://www.marriott.co.uk>
MEGARO HOTEL 23-27,Euston Road,St. Pancras,London NW1 2SD,Phone: 020 7843 2222,Fax: 020 7843 2200, gm@hotelmegaro.co.uk , <http://www.hotelmegaro.co.uk>
MELBOURNE HOUSE HOTEL, 79 Belgrave Road,London SW1V 2BG,England, Tel:(0044) 02078283516,Fax: (0044) 02078287120, enquiries@melbournehousehotel.co.uk , <http://www.melbournehousehotel.co.uk>
MERCURE HOTEL, Bankside Hotel, 71-79 Southwark St, London, SE1, LONDON, TEL: +44 020 7902 0800, H2814@accor.com , <http://www.mercure.com>
METROPOLITAN LONDON,Old Park Lane,London,W1K 1LB,Tel:+44 (0)20 7447 1000,Fax:+44 (0)20 7447 1100, info.lon@metropolitan.com.bz , <http://www.metropolitan.london.com.bz>
MILLENNIUM GLOUCESTER,4 -18 Harrington Gardens ,London ,SW7 4LH , United Kingdom ,T:+44 (0) 20 7373 6030, mcc.events@millenniumhotels.co.uk , <http://www.millenniumhotels.co.uk>
MILLENNIUM HOTEL LONDON MAYFAIR , 44 Grosvenor Square , Mayfair London ,W1K 2HP ,United Kingdom ,T: +44 (0) 20 7629 9400 ,F: +44 (0) 20 7629 7736 , reservations.mayfair@millenniumhotels.co.uk , <http://www.millenniumhotels.co.uk>
MILLENNIUM KNIGHTSBRIDGE HOTEL,17 Sloane Street ,Knightsbridge , London ,SW1X 9NU ,United Kingdom, sales.Knightsbridge@millenniumhotels.co.uk <http://www.millenniumhotels.co.uk>
MITRE HOUSE HOTEL ,178-186 Sussex Gardens ,London W2 1TU ,United Kingdom,Ph. +44(0)2077238040, info@mitrehousehotel.com , <http://www.mitrehousehotel.com>
MONOPOLE HOTEL,98 Sussex Gardens Paddington, London W2 1UH, 020 7723 8442, info@monopolehotel.com , <http://www.monopolehotel.com>
MONTAGU PLACE ,2 Montagu Place ,London,W1H 2ER,Telephone - 020 7467 2777 ,Fax - 020 7467 2778, stay@montagu-place.co.uk , <http://www.montagu-place.co.uk>
MYHOTEL CHELSEA, 35 Ixworth Place, London, SW3 3QX, T:020 7225 7500 , <http://www.myhotels.com/my-hotel-chelsea>
NAYLAND HOTEL,132/134 SUSSEX GARDENS,LONDON W2 1UB, T: +44 207 7234615 , info@naylandhotel.com , <http://www.naylandhotel.com>
NH HARRINGTON HALL HOTEL,5-25 Harrington Gardens, South Kensington, London SW7 4JW, England ,T:020 7396 9696, www.harringtonhallhotel.co.uk
NO.5 MADDOX STREET,Mayfair, London W1S 2QD,T: +44 (0)20 7647 0200,F: +44 (0)20 7647 0300 , no5maddoxst@living-rooms.co.uk , <http://www.no5maddoxstreet.com>
NORFOLK TOWERS HOTEL , 34 Norfolk Place, W2, Tel: +44 02072623123, +44 (0) 208 166 0990, sales@traveltura.co.uk , <http://www.norfolktowershotellondon.com>
NOVOTEL LONDON CITY SOUTH,53-61 Southwark Bridge Road,SE1 9HH LONDON ,UNITED KINGDOM ,Tel (+44)207/0890400 ,Fax (+44)207/0890410 , H3269@accor.com , <http://www.novotel.com/qb>
NOVOTEL LONDON ST PANCRAS,100 - 110 Euston Road ,NW1 2AJ LONDON UNITED KINGDOM ,Tel (+44)207/6669000 ,Fax (+44)207/6669025 , E-mail H5309-FB3@accor.com , <http://www.novotel.com>
NOVOTEL LONDON TOWER BRIDGE HOTEL,10 Pepys Street,EC3N 2NR LONDON ,UNITED KINGDOM,Tel (+44)207/2656000,Fax (+44)207/2656060, E-mail H3107@accor.com , <http://www.novotel.com>
NOVOTEL LONDON WEST,One Shortlands,London W6 8DR,Tel: +44 (0)208 741 1555,Fax: +44 (0)208 741 2120, H0737@accor.com , <http://www.novotellondonwest.co.uk>

OLYMPIC HOUSE HOTEL, 138 - 140 Sussex Gardens, London, W2 1UB,T:0044 (0)207 723 5935, info@olympicvictoria.co.uk , <http://www.olympicvictoria.co.uk>

OLYMPIC VICTORIA

115 Warwick Way, London SW1V 4HT, UK

info@olympicvictoria.com

+44 (0)207 828 0757

<http://www.olympicvictoria.com>



located only 5 minutes walk from Victoria Coach and train/underground Station,
all major sights, shops, restaurants,
and theatres are within either walking distance or reachable within a few minutes using public transport.

OMEGA HOTEL,136 Sussex Gardens London, Greater London W2 3UB,020 7402 7209, info@theomegahotel.com , <http://www.theomegahotel.com>

PACIFIC HOTEL,108 Sussex Gardens, London, Greater London, W2 1UA, England,+44 (0)20 72244405, revenue@hotelsolutionsdirect.com , <http://www.pacifichotellondon.net>

PARK GRAND LONDON PADDINGTON, 1 Queens Gardens, Bayswater, W2 3BA London, United Kingdom, Tel: +44 (0) 20 7298 9800, Fax: +44 (0) 20 7262 5414, reservations@parkgrandlondon.co.uk , <http://www.parkgrandlondon.co.uk>

PARKES HOTEL, 41 Beaufort Gardens, London, SW3 1PW UK,Tel: +44 (0) 20 7581 9944 ,Fax:+44 (0) 20 7581 1999, info@parkeshotel.com , <http://www.parkeshotel.com>

PARK PLAZA COUNTY HALL LONDON,1 Addington Street, London SE1 7RY, United Kingdom ,Tel: +44 (0) 20 7021 1800 ,Fax: +44 (0) 20 7021 1801 , ppchsales@pphe.com , <http://www.parkplaza.com>

PARK PLAZA SHERLOCK HOLMES,108 Baker Street,London, W1U 6LJ, United Kingdom,T: +44 (0) 20 7486 6161,F: +44 (0) 20 7958 5211, E: ppsh@pphe.com , <http://www.parkplazasherlockholmes.com>

PARK PLAZA WESTMINSTER BRIDGE LONDON,200 Westminster Bridge Road, London SE1 7UT, United Kingdom,Tel: +44 (0)844-415-6790,Fax: +44 (0)844-415-6791, ppwsales@pphe.com , <http://www.parkplaza.com>

PICCOLINO HOTEL,14 Sussex Place,Hyde Park London W2 2TP,020 740 24439, info@piccolinohotel.co.uk , <http://www.piccolinohotel.co.uk>

PLAZA ON THE RIVER - CLUB AND RESIDENCE, 18 Albert Embankment, London SE1 7TJ,United Kingdom,T: +44 (0)20 7769 2525,F: +44 (0)20 7769 2524, info@plazaontheriver.co.uk , <http://www.plazaontheriver.co.uk>

PREMIER INN LONDON BECKTON, 1 Woolwich Manor Way, Beckton,London E6 5NT ,T: 0871 527 8644, F: 0871 527 8645, <http://www.premierinn.com>

PREMIER INN LONDON HAMMERSMITH, 255 King Street, Hammersmith, London W6 9LU ,T: 0871 527 8660, F: 0870 850 6311, <http://www.premierinn.com>

PREMIER INN LONDON KENSINGTON-EARL'S COURT,11 Knaresborough Place,London, SW5 0TJ,T: 0871 527 8666,F: 0871 527 8667, <http://www.premierinn.com>

PREMIER INN LONDON WIMBLEDON SOUTH,27 Chapter Way, London, SW19 2RF ,T: 0871 527 8684,F: 0871 527 8685, <http://www.premierinn.com>

PREMIER TRAVEL INN TOWER BRIDGE, 159 Tower Bridge Road, London, SE1 3LP ,T: 0871 527 8678,F: 0871 527 8679, <http://www.premierinn.com>

PREMIER TRAVEL INN LONDON KINGS CROSS, 26-30 York Way, Kings Cross N1, T: 0871 527 8672, F: 0871 527 8673, <http://www.premierinn.com>

QUALITY CROWN HOTEL LONDON PADDINGTON, 144 Praed Street, Paddington, London, W2 1HU, T: +44 (0)20 7706 8888, paddington@qualitycrown.com, www.qualitycrown.com

QUALITY HOTEL CRYSTAL PALACE, 122 Church Road CRYSTAL PALACE LONDON-SE19 2UG LONDON UNITED KINGDOM 0181 653 6622 0181 771 1506

QUALITY HOTEL ECCLESTON, 82-83 Eccleston Square LONDON-SW1V 1PS WESTMINSTER LONDON UNITED KINGDOM 0171 834 8042 0171 630 8942 admin@qb614.u-net.com

RADISSON BERKSHIRE PLAZA HOTEL, Oxford Street London, W1N 0BY, England LONDON UNITED KINGDOM +44-171-629-7474 +44-171-629-8156 www.radisson.com/londonuk_berkshire

RADISSON EDWARDIAN BLOOMSBURY STREET HOTEL, 9-13 Bloomsbury Street, London, WC1B 3QD, Tel: + 44 (0)20 7636 5601, Fax: + 44 (0)20 7636 0532, resbsh@radisson.com, <http://www.radissonedwardian.com>

RADISSON EDWARDIAN INTERNATIONAL PLAZA HOTEL HEATH, 140 Bath Road Hayes, Middlesex, UB3 5AW, England LONDON UNITED KINGDOM +44-181-759-6311 +44-181-759-4559 www.radisson.com/londonuk_heathrow

RADISSON EDWARDIAN NEW PROVIDENCE WHARF HOTEL, 5 Fairmont Avenue - Canary Wharf, London E14 9PQ United Kingdom, Tel: +44 (0)20 7987 2050, Fax: +44 (0) 20 7769 4011, resnpw@radisson.com, <http://www.radissonedwardian.co.uk>

RADISSON EDWARDIAN SUSSEX HOTEL, Granville Place, London W1H 6PA, United Kingdom, Tel: + 44 (0)20 7408 0130, Fax: +44 (0)20 7493 2070, RESSUSS@Radisson.com, <http://www.radissonedwardian.com>

RADISSON GRAFTON HOTEL, Tottenham Court Road London, W1P 9HP, England LONDON UNITED KINGDOM +44-171-388-4131 +44-171-387-7394 www.radisson.com/londonuk_grafton

RADISSON HAMPSHIRE PLAZA HOTEL, Leicester Square London, WC2H 7LH, England LONDON UNITED KINGDOM +44-171-839-9399 +44-171-930-8122 www.radisson.com/londonuk_hampshire

RADISSON KENILWORTH HOTEL, Great Russell Street London, WC1B 3LB, England LONDON UNITED KINGDOM +44-171-637-3477 +44-171-631-3133 www.radisson.com/londonuk_kenilworth

RADISSON MARLBOROUGH HOTEL, Bloomsbury Street London, WC1B 3QD, England LONDON UNITED KINGDOM +44-171-636-5601 +44-171-636-0532 www.radisson.com/londonuk_marlborough

RADISSON MOUNTBATTEN PLAZA HOTEL, Seven Dials, Covent Garden London, WC2H 9HD, England LONDON UNITED KINGDOM +44-171-836-4300 +44-171-240-3540 www.radisson.com/londonuk_mountbatten

RADISSON PASTORIA, St. Martin's Street Leicester Square London, W2CH 7HL, England LONDON UNITED KINGDOM +44-171-930-8641 +44-171-925-0551 www.radisson.com/londonuk_pastoria

RADISSON SAS PORTMAN HOTEL LONDON, 22 Portman Square London W1H 9FL, England LONDON UNITED KINGDOM +44-171-208-6000 +44-171-208-6001 www.radisson.com/londonuk_portman

RADISSON SAVOY COURT HOTEL, Granville place London, W1H 0EH, England LONDON UNITED KINGDOM +44-171-408-0130 +44-171-493-2070 www.radisson.com/londonuk_savoy

RADISSON VANDERBILT HOTEL, Cromwell Road London, SW7 5BT, England LONDON UNITED KINGDOM +44-171-589-2424 +44-171-225-2293 www.radisson.com/londonuk_vanderbilt

RAMADA ENCORE LONDON WEST, 4 Portal Way, Gypsy Corner/A40, London, W3 6RT, Tel: 0208 753 0800, Fax: 0208 753 0907, enquiries@encorelondonwest.co.uk, <http://www.encorelondonwest.co.uk>

RAMADA HOTEL AND SUITES LONDON DOCKLANDS, 2 Festoon Way, Royal Victoria Dock, London E16 1RH, United Kingdom, T: 0207 540 4820, sales@ramadadocklands.co.uk, <http://www.ramadadocklands.co.uk>

REGENT PALACE HOTEL, Piccadilly Circus, London W1A 4BZ LONDON UNITED KINGDOM 0171 734 7000, 0870 400 8703, www.regentpalacehotel.co.uk

RENAISSANCE LONDON CHANCERY COURT HOTEL, 252 High Holborn, London, WC1V 7EN, United Kingdom, T: 44-207-829-9888, F: 44-207-829-9889, <http://www.marriott.co.uk>

RENAISSANCE CITY, 193 - 195 City Road, Shoreditch, London EC1V 1JN, +44(0)20 7251 8844, +44(0)20 7250 3918, [info@renaissancelondon.com](http://www.renaissancelondon.com), <http://www.renaissancelondon.com>

RHODES HOTEL, 195 Sussex Gardens, Hyde Park, London W2 2RJ, Tel: +44 207 2620 537, Fax: +44 207 723 4054, chris@rhodeshotel.com, <http://www.rhodeshotel.com>

ROYAL COURT APARTMENTS, 51 Gloucester Terrace, London, W2 3DQ, Tel: 020 7402 5077, Fax: 020 7724 0286, wagor@rcapartments.co.uk, <http://www.royalcourtapartments.co.uk>

ROYAL GARDEN HOTEL, 2-24 Kensington High St, Kensington, London, W8 4PT, Tel: +44 (0)20 7937 8000, Fax: +44 (0)20 7361 1991, <http://www.royalgardenhotel.co.uk>

SANDERSON HOTEL LONDON, 50 Berners Street London, W1T 3NG, Tel. +44 (0) 20 7300 1400, Fax +44 (0) 20 7300 1401, Group Sales Tel. +44 (0) 20 7300 5534, <http://www.sandersonlondon.com>



Saint Georges Hotel
Langham Place, Regent Street, London W1B 2QS
Tel: 020 7580 0111, Fax: 020 7436 7997
reservations@saintgeorgeshotel.com
<http://www.saintgeorgeshotel.com>



Saint Georges Hotel is located at the top end of fashionable Regent Street. Just a two-minute walk away from Oxford Circus tube station and Oxford Street

SHERATON PARK TOWER, 101 Knightsbridge, London, England SW1X 7RN, United Kingdom, Phone: (44)(207) 2358050, Fax: (44)(207) 2358231, <http://www.starwoodhotels.com>

SIR ALEXANDER FLEMING, 16 Bouverie Place London, Greater London W2 1RB, 020 7723 6061

SLH HOTEL, 22 JERMYN STREET St James's London SW1Y 6HL LONDON UNITED KINGDOM +44 (0)171 734 2353 +44 (0)171 734 0750
www.slh.com/jermynst/



The Academy

21 Gower Street, London, WC1E 6HG
T: +44 (0)207 631 4115

resacademy@theetoncollection.co.uk
<http://www.theetoncollection.co.uk>



Boutique hotels in London are some of the best in the world and are the perfect way in which to see our wonderful city

SOFITEL LONDON GATWICK, North terminal Gatwick Airport West Sussex RH6 0PH CRAWLEY, UNITED KINGDOM, (+44)1293/567070 - (+44)1293/555037, H6204@sofitel.com, <http://www.sofitel.com>, Booking No: +442034414532, N1 0RG, Islington, London, UK

SOFITEL LONDON ST JAMES, 6 Waterloo Place, London, SW1Y 4AN, UK, Tel: +44 (0)20 7747 2200, Fax: +44 (0)20 7747 2210, H3144@sofitel.com, <http://www.sofitelstjames.com>

SOUTHWARK ROSE HOTEL, 43 Southwark Bridge Rd., SE1, Tel: +44 020 7015 1480, h7465-re@accor.com, <http://www.southwarkrosehotel.co.uk>

SPACE APART HOTEL, 36-37 Kensington Gardens Square, London, W2 4BQ, United Kingdom, Tel: 020 7908 1340, Fax: 020 7908 1341, info@spaceaparthotel.com, <http://www.aparthotel-london.co.uk>

SPRINGFIELD HOTEL LONDON, 154 Sussex Gardens, Paddington, London W2 1UD, T: +44 (0) 20 7723 9898, info@springfieldhotellondon.co.uk, <http://www.springfieldhotellondon.co.uk>

STAUNTON HOTEL, 13-15 Gower Street, Bloomsbury, London, WC1E 6HE, Tel: +44 (0) 20 7580 2740, Fax: +44 (0) 20 7580 3554, enquiries@stauntonhotel.com, <http://www.stauntonhotel.com>

ST. JAMES'S HOTEL AND CLUB, 7-8 Park Place, St. James's, London, SW1A 1LS, Tel: +44 20 7316 1600, fax: +44 20 7316 1603, info@stjamesshotelandclub.com, <http://www.stjamesclubandhotel.co.uk>

Dear Browser if your Hotel / Restaurant is not listed
Fill in your data, on Data Documents **free of charge**
For The International. Yellow Pages
Intercontext, <http://www.hyperlinkhotels.com>



372 Strand, London, WC2R 0JJ
T: +44 207 836 8080

reservations@strandpalacehotel.co.uk
<http://www.strandpalacehotel.co.uk>



If home is where your heart is,
then let us look after you in the security and
comfort of our "home",
the beautiful and newly-refurbished Strand
Palace Hotel, in the heart of Britain's most
exciting and vibrant city, London.

STYLOTEL, 160-162 Sussex Gardens, London W2 1UD, T: 020 7723 1026, info@stylotel.com, <http://www.stylotel.com>

SYDNEY HOUSE, 9-11 Sydney Street Chelsea, London SW3 6PU, Tel: 0207 376 7711, info@sydneyhousechelsea.com, <http://www.sydneyhousechelsea.com>

SWISSOTEL THE HOWARD, Temple Place, London WC2R 2PR, Tel: +44 (0) 20 7836 3555, Fax: +44 (0) 20 7379 4547, london@swissotel.com, <http://www.swissotel.com/london>

THE ARCH LONDON, 50 Great Cumberland Place, Marble Arch, London, W1H 7FD, T: +44(0)207 724 4700, F: +44 (0)207 724 4744, info@thearchlondon.com, <http://www.thearchlondon.com>

THE BALMORAL HOUSE HOTEL, 156 Sussex Gardens, London W2 1UD, +44 (0)20 7723 7445, info@balmorallhousehotel.co.uk, <http://www.balmorallhousehotel.co.uk>

THE BARKSTON HOTEL 33-44 Barkston Gardens London SW5 0EW United Kingdom Tel: (071) 373 7851 Fax: (071) 370 6570, reservations@barkstongardens.com, <http://www.barkstongardens.com>



81 Jermyn Street, St James's, London, SW1Y6JF
T: +44 (0) 20 7930 2111, F: +44 (0) 20 7839 2125

info@thecavendishlondon.com
<http://www.thecavendish-london.co.uk>



THE BENTLEY LONDON , 27-33 Harrington Gardens London SW7 4JX ,United Kingdom,Tel: +44 (0)20 7244 5555,Fax: +44 (0)20 7244 5566, info@thebentley-hotel.com , <http://www.thebentley-hotel.com>

THE BERKELEY Wilton Place, Knightsbridge London SW1X 7RL, England LONDON UNITED KINGDOM (44-171) 235-6000 (44-171) 235-4330 info@the-berkeley.co.uk , <http://www.the-berkeley.co.uk>

The Capital LONDON

22-24 Basil St, Knightsbridge, London SW3 1AT

Tel: +44 (0)20 7589 5171,Fax: +44 (0)20 7225

0011

reservations@capitalhotel.co.uk

<http://www.capitalhotel.co.uk>



The discreet London Hotel, and Apartments sitting proudly on Basil Street, is less than a minute from Harrods and moments from Knightsbridge Tube Station as well as Harvey Nichols, the Victoria & Albert Museum, Hyde Park and Sloane Street.

THE CASTLETON HOTEL ,164-166 Sussex Gardens, London W2 1UD, England, T: +44 (0) 207-706-4666, info@castletonhotel.com , <http://www.castletonhotel.com>

THE CHAMBERLAIN HOTEL,130-135 Minories, London, EC3N 1NU, Tel: 020 7680 1500 , chamberlainhotel@fullers.co.uk , <http://www.fullershôtels.com>

THE CHESTERFIELD MAYFAIR,35 Charles Street ,London W1J 5EB,Tel: +44 (0) 207 491 2622,Fax: + 44 (0) 20 7491 4793, info@chcmail.com , <http://www.chesterfieldmayfair.com>



Lime Tree Hotel

135-137 Ebury Street

London, SW1W 9QU

United Kingdom

F: + 44 (0)20 7730 7865

info@limetreehotel.co.uk

<http://www.limetreehotel.co.uk>

25 bedrooms has a different size, shape and layout, but they all provide everything you need to put your feet up after a busy day out.



THE CLARENDON HOTEL ,Montpelier Row, Blackheath Village,London SE3 ORW,Tel: +44 020 8318 4321,Fax: +44 020 8318 4378, relax@clarendonhotel.com <http://www.clarendonhotel.com>



5 Charles Street, Mayfair, London, W1J 5EB.

Tel: +44 (0) 20 7491 2622

www.chesterfieldmayfair.com



THE CONNAUGHT Carlos Place, Mayfair London W1Y 6AL, England LONDON UNITED KINGDOM (44-171) 499-7070 (44-171) 495-3265 info@the-connaught.co.uk , <http://www.the-connaught.co.uk>

THE CUMBERLAND HOTEL Marbel Arch, London W1A 4RF ,LONDON UNITED KINGDOM 0171 262 1234 0171 724 4621, <http://www.cumberland-hotel.com>

THE DARLINGTON ,Hyde Park,111-117 Sussex Gardens,London,W2 2RU, Tel: (020) 7460 8800 ,Fax: (020) 7460 8828, info@darlingtonhotel.co.uk , <http://www.darlingtonhotel.com>

THE DORCHESTER Park Lane London W1A 2HJ, England LONDON UNITED KINGDOM (44-171) 629-8888 (44-171) 409-0114 info@dorchesterhotel.com , <http://www.thedorchester.com>

THE FOX & GOOSE HOTEL,Fuller, Smith & Turner P.L.C.Griffin Brewery, Chiswick Lane South,London,W4 2QB, hotel.sales@fullers.co.uk , <http://www.fullershôtels.com>

THE GORE, 190 Queen's Gate, London, SW7 5EX, T: + 44 (0) 20 7584 6601, concierge@gorehotel.com , <http://www.gorehotel.com>

THE GORING ,Beeston Place,London,SW1W 0JW,Tel:+44 (0) 20 7396 9000, Fax: +44 (0) 20 7834 4393 , reception@thegoring.com , <http://www.thegoring.com>

THE GOWER HOTEL,129 Sussex Gardens, Hyde Park,London W2 2RX, T: 0044 (0)207 262 2262, gower@stavrouhotels.co.uk , <http://www.gowerhotellondon.co.uk>

THE GRAND AT TRAFALGAR SQUARE, 8 Northumberland Avenue, London, England, WC2N 5BY, T:+44 (020) 7839 8877, info@TGatTS.com , <http://www.thegrandattrafalgarsquare.com>

THE GRANGE FITZROVIA HOTEL ,20-28 Bolsover Street,London W1W 5NB, Tel: +44 (0) 20 7467 7000,Fax: +44 (0) 20 7636 5085, sales@grangehotels.com , <http://www.grangehotels.com>

THE GROSVENOR HOTEL, 101 Buckingham Palace Road,London SW1W 0SJ, T:+44 845 305 8337,F:+44 845 305 8376, <http://www.guoman.com>

The Hogarth Hotel

Kensington, London

37 Hogarth Road,London, SW5 0QQ

Tel + 44 (0) 1480 394138,Fax +44 (0) 1480

353145

reservations@hogarthhotel-london.co.uk

<http://www.hogarthhotel-london.co.uk>



the Hogarth Hotel located amongst many Kensington Hotels which is ideally located in the heart of Kensington in central London with 85 well equipped guest bedrooms.



THE HALKIN , Halkin Street ,London ,SW1X 7DJ,Tel +44 (0)20 7333 1000 , Fax +44 (0)20 7333 1100 , info@halkin.com , <http://www.halkin.com>

THE HEMPEL 31-35 Craven Hill Gardens, London W2 3EA, England, U.K. LONDON UNITED KINGDOM 44-171-298-9000 44-171-402-4666, info@the-hempel.co.uk , <http://www.the-hempel.co.uk>

THE LEONARD

15 Seymour Street, London W1H 7JW , England

Tel: +44 171 935 2010, Fax: +44 171 935 6700

generalmanager@theleonard.com

<http://www.theleonard.com>



THE HIDE LONDON,230 Hendon Way,London,NW4 3NE,Tel: 020 8203 1670, info@thehidelondon.com , www.thehidelondon.com



Mandeville Place, LONDON W1U 2BE.

T: +44 (0)207 935 5599

info@mandeville.co.uk

<http://www.mandeville.co.uk>



THE HOXTON HOTEL,81 Great Eastern St,City of London EC2A 3HU, 020 7550 1000, www.hoxtonhotels.com

THE KENSINGTON GARDENS HOTEL ,9 Kensington Gardens Square, London, England, W2 4BH ,Tel: +44 (0) 20 7243 7600 ,Fax: +44 (0) 20 7792 8612 , info@kensingtongardenshotel.co.uk , <http://www.kensingtongardenshotel.co.uk>

THE KNIGHTSBRIDGE HOTEL ,10 Beaufort Gardens London SW3 1PT,T: +44 20 7584 6300,F: +44 20 7584 6355 , knightsbridge@firmdale.com , <http://firmdale.com>

THE LANCASTER LONDON HOTEL, Lancaster Terrace, London W2 2TY, Telephone: 020 7551 6020, sales@lancasterlondon.com , <http://www.lancasterlondon.com>

THE LANDMARK LONDON 222 Marylebone Road, London NW1 6JQ, England, UK, Tel: +44 (0) 20 7631 8000,Fax: +44 (0) 20 7631 8080, websales@thelandmark.co.uk , <http://www.landmarklondon.co.uk>

THE LANESBOROUGH,Hyde Park Corner,London, SW1X 7TA,United Kingdom,Telephone: +44 (0)20 7259 5599,Fax: +44 (0)20 7259 5606, info@lanesborough.com , <http://www.lanesborough.com>

THE LANGHAM HOTEL LONDON ,1c Portland Place, Regent Street, London, GB W1B 1JA ,T +(44) 20 7636 1000 ,F +(44) 20 7323 2340, <http://london.langhamhotels.co.uk>



THE KENSINGTON CLOSE HOTEL & SPA LONDON

Wrights Lane, Kensington, London W8 5SP

Tel: +44 (0) 20 7368 4058,Fax: +44 (0) 20

7368 4063

sales@kensingtonclosehotel.com

<http://www.kensingtonclosehotel.com>



THE LANESBOROUGH,Hyde Park Corner,London, SW1X 7TA,United Kingdom,Telephone: +44 (0)20 7259 5599,Fax: +44 (0)20 7259 5606, info@lanesborough.com , <http://www.lanesborough.com>

THE LEVIN, 28 Basil Street,London SW3 1AS. Tel: +44 (0)20 7589 6286, <http://www.thelevinhotel.co.uk>

THE LONDON OUTPOST OF THE CARNEGIE CLUB 69 Cadogan Gardens London SW3 2RB LONDON UNITED KINGDOM +44 (0)171 589 7333 +44 (0)171 581 4958 www.slh.com/londonou/

THE MARYLEBONE HOTEL,47 Welbeck Street, London, W1G 8DN,Tel: +44 (0) 207 486 6600, marylebone@doylecollection.com , <http://www.doylecollection.com>

THE MAY FAIR HOTEL ,Stratton Street,London,W1J 8LT, United Kingdom, T:+44 (0)20 7629 7777, sales@themayfairhotel.co.uk , <http://www.themayfairhotel.co.uk>

THE MILESTONE 1-2 Kensington Court, London W8 5DL, England, U.K. LONDON UNITED KINGDOM 44-171-917-1000 44-171-917-1010, infoMS@rchmail.com , <http://www.milestonehotel.com>

THE MONTAGUE ON THE GARDENS,15 Montague Street,London WC1B 5BJ,Tel: + 44 (0) 20 7637 1001,Fax: + 44 (0) 20 7637 2516, infoMT@rchmail.com , <http://www.montaguehotel.com>

THE MONTCALM HOTEL ,34 - 40 Great Cumberland Place, London, W1H 7TW, United Kingdom,Tel:+44 (0) 20 7958 3200,Fax:+44 (0) 207 724 9180 , <http://www.montcalm.co.uk>

THE PARKCITY,18-30 Lexham Gardens,Kensington,London W8 5JE, tel:+44 (0)20 7341 7090,fax:+44 (0)20 7835 0189, reservations@theparkcity.com , <http://www.theparkcity.com>

THE PAVILION ,34-36 Sussex Gardens, Hyde Park, London W2, England, Phone (+44) 0207-262 0905 , info@pavilionhoteluk.com , <http://www.pavilionhoteluk.com>

THE PORTLAND,31-32 Bedford Place, London WC1B 5JH, Tel: +44 (0) 20 7580 7088Fax: +44 (0) 20 7436 5282, info@the-portland.co.uk

THE RATHBONE HOTEL, 30 Rathbone Street, London, W1T 1LB ,Tel: +44 (0) 20 7636 2001 ,Fax: +44 (0) 20 7636 3882, margaretkavanagh@rathbonehotel.com ,
<http://www.rathbone-hotel-london.com>

THE RE LONDON SHOREDITCH, 419-437 Hackney Road ,London,E2 8PP
United Kingdom , reservations@hotelshoreditch.com ,
<http://www.hotelshoreditch.com>



100 Queen's Gate, South Kensington,
London SW7 5AG, Tel: 020 7373 7878

Fax: 020 7370 5555

info@londonregency.com

<http://www.londonregency.com>



The Regency Hotel is the largest independent hotel in London with 199 air conditioned rooms and 10 conference rooms, and reflects the refined splendour of the Royal Borough of Kensington & Chelsea.

THE REMBRANDT, Phone: +44 (0)20 7589 8100, Fax: +44 (0)20 7225 3476,
rembrandt@sarova.co.uk , <http://www.sarova.com/rembrandt>

THE RIDGEMOUNT HOTEL , T:+44 (0) 20 7580 7060 ,Fax: + 44 (0) 20 7636 2558 ,
info@ridgemounthotel.co.uk , <http://www.ridgemounthotel.co.uk>

THE RITZ LONDON, 150 Piccadilly, London W1J 9BR, Tel: +44 (0) 20 7493 8181,
Fax: +44 (0) 20 7493 2687, enquire@theritzlondon.com ,
<http://www.theritzlondon.com>

THE ROCKWELL,181 Cromwell Road,London SW5 0SF,T:020 7244 2000,
www.therockwell.com

THE ROOKERY, Peter's Lane, Cowcross Street, London, EC1M 6DS,Tel +44(0)20 7336 0931 ,Fax +44(0)20 7336 0932, reservations@rookery.co.uk ,
<http://www.rookeryhotel.com>

THE ROYAL CAMBRIDGE HOTEL, sales@suriareorts.com ,
<http://www.suriareorts.com>

THE ROYAL TRAFALGAR BY THISTLE,Whitcomb Street, Trafalgar Square,
London WC2H 7HG,Phone: 0871 376 9037,+44 845 305 8336, Fax: 0871 376 9137
,+44 845 305 8375, <http://www.thistle.com>

THE RUBENS AT THE PALACE,39 Buckingham Palace Road,London SW1W 0PS,Tel: +44 (0) 20 7834 6600,Fax: +44 (0) 20 7828 5401, inforb@rchmail.com ,
<http://www.rubenshotel.com>

THE SAVOY The Strand London WC2R OEU, England LONDON UNITED
KINGDOM (44-171) 836-4343 (44-171) 240-6040, savoy@fairmont.com ,
<http://www.fairmont.com/savoy>

THE SHAFTESBURY HOTELS ,27 Devonshire Terrace,Paddington, London W2 3DP,+44
(0)20-7745-1212, info@shaftesburyhotels.com ,
<http://www.shaftesburyhotels.com>

THE SOHO HOTEL ,4 Richmond Mews London W1D 3DH ,T: +44 20 7559 3000
,F: +44 20 7559 3003,E: soho@firmdale.com , <http://www.firmdale.com>

THE STAFFORD LONDON, BY KEMPINSKI , 16-18 St James's Place,London,
SW1A 1NJ,Tel: +44 (0) 207 493 0111,Fax: +44 (0) 207 493 7121,
<http://www.kempinski.com>

THE STRAND PALACE

London WC2R 0JJ , United Kingdom

Tel: (44) 020 7836 8080 Fax: (44) 020 7836 2077

sales@strandpalacehotel.co.uk www.strandpalacehotel.co.uk

THE SUMNER HOTEL,54 Upper Berkeley Street,Marble Arch,London,W1H 7QR UK,Tel.+44 (0)20 7723 2244,Fax.+44 (0)870 705 8767,
hotel@thesummer.com , <http://www.sumnerdale.co.uk>

THE THANET HOTEL ,8 Bedford Place, Bloomsbury, London,WC1B 5JA,
United Kingdom, Tel: +44 (0) 207 636 2869 ,Fax: +44 (0) 207 323 6676 ,
thanethotel@aol.com , <http://www.thanethotel.co.uk>

THE TREBOVIR ,18-20 Trebovir Road, Earls Court, London SW5 9NH,
England.,Tel: +44 (0)207 373 6625, Fax: +44 (0)207 244 6525,
info@trebovirhotel.com , <http://www.trebovirhotel.com>

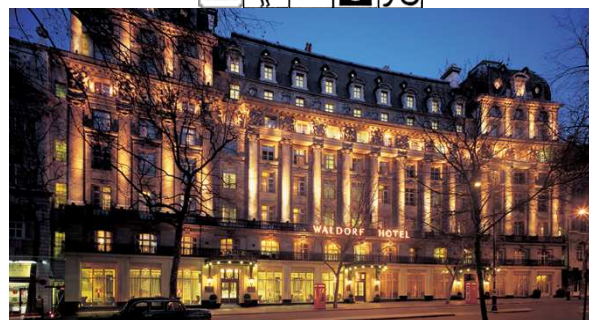
The Waldorf Hilton, London

Aldwych, London WC2B 4DD, United

Kingdom

TEL: 44-207-836-2400

www.hilton.co.uk/waldorf



THREADNEEDLES HOTEL,5 Threadneedle Street,London EC2R 8AY,Tel:
+44 (0)20 7657 8080, resthreadneedles@theetoncollection.co.uk ,
<http://www.theetoncollection.co.uk>

THISTLE CITY BARBICAN, Central Street, Clerkenwell, London EC1V 8DS, TEL: 0871 376 9004 , <http://www.thistle.com>

THE ZETTER, St John's Square, 86-88 Clerkenwell Road, London, EC1M 5RJ, T: +44 (0)20 7324 4444, F: +44 (0)20 7324 4445, E: info@thezetter.com
<http://www.thezetter.com>

TRAVELODGE LONDON CITY ROAD, 0871 984 6333, www.travelodge.co.uk



3 Million Facts are listed on our Website

THE CADOGAN HOTEL

75 Sloane Street, London SW1X 9SG, England

Tel: +44 171 235 7141, Fax: +44 171 245 0994

info@cadogan.com ,

<http://www.cadogan.com>



TWENTY NEVERN SQUARE HOTEL, Earls Court, London, SW5 9PD,
Central reservations,Tel: 44 (0) 20 7565 9555,Fax: 44 (0) 20 7565 9444,
hotel@twentynevernsquare.co.uk , <http://www.20nevernsquare.com>

I.H.T.

VENTURES HOTEL,12-16 Sussex Gardens,London W2 1UL,+44 (0207) 706 0846,
enquiries@ventureshotel.co.uk , <http://www.ventureshotel.co.uk>

VIKING HOTEL , 162 Romford Road, Stratford, London, United Kingdom,T:020 8534 7861 , <http://www.vikinghotel-london.co.uk>

WIGMORE COURT HOTEL,23, Gloucester Place,London, W1U 8HS,Tel: +44 (0)207 935 0928,Fax: +44 (0)207 487 4254, rec@wigmore-hotel.co.uk ,
<http://www.wigmore-hotel.co.uk>

WESTBURY KENSINGTON,22-24 Collingham Place, London, SW5 0PZ, Tel: 020 7373 0666 ,Fax: 020 7835 0338, info@westburyhotel-kensington.co.uk ,
<http://www.westburyhotel-kensington.co.uk>

WYNDHAM GRAND LONDON CHELSEA HARBOUR,Chelsea Harbour, London Sw10 0xg ,United Kingdom,+44 (0)20 7823 3000,
<http://www.wyndhamgrandlondon.co.uk>

LUTON



Waller Avenue, Luton, Bedfordshire, UK
 Tel: +44 (0)1582 575911, Fax: +44 (0)1582 581859

info@chilternhotel.co.uk
<http://www.chilternhotel.co.uk/amenities-at-chiltern-hotel-luton>

The Chiltern Hotel,

Luton is a 97 bedroom property within easy access of the M1 (5 mins off junction 11),or a short 5 minute taxi ride from Luton Centre.The property was built in 1965 and in the summer of 2007 went through a major refurbishment .This modern independently owned business hotel has a friendly and welcoming atmosphere.



MAIDSTONE

HOLIDAY INN MAIDSTONE-SEVENOAKS,LONDON ROADWROTHAM HEATH,SEVENOAKS TN15 7RS,ENGLAND,T:+44-871-9429054,Fax: 44-1732-780839, reservations-maidstone@ihg.com , <http://www.holidayinn.com>

MARRIOTT TUDOR PARK HOTEL AND COUNTRY CLUB Ashford Road, Bearsted Maidstone, Kent, England ME14 4NQ MAIDSTONE UNITED KINGDOM 44 (1622) 734334, 44-1622-632006, <http://www.marriott.co.uk>



MALMESBURY

THE OLD BELL HOTEL & RESTAURANT

Privately Owned, England's Oldest Hotel

Abbey Row,Malmesbury,Wiltshire.
 SN16 0BW.

Tel: 01666 822344

info@oldbellhotel.com

<http://www.oldbellhotel.co.uk>



Welcome to The Old Bell Hotel at Malmesbury – a luxurious Cotswolds hotel with a cosy bar, outstanding restaurant and individually designed rooms.

MANCHESTER

LE MÉRIDIEN VICTORIA AND ALBERT HOTEL Water Street, Manchester M3 4JQ MANCHESTER UNITED KINGDOM 0161 832 1188 0161 834 2484

MARRIOTT MANCHESTER HOTEL AND COUNTRY CLUB Worsley Park, Walkden Rd. Worsley, Manchester M28 2QT MANCHESTER UNITED KINGDOM 0800 221 222

POSTHOUSE MANCHESTER Palatine Road, Northenden, Manchester M22 4FH MANCHESTER UNITED KINGDOM 0161 998 7090 0161 946 0139

POSTHOUSE MANCHESTER AIRPORT Ringway Road, Wythenshawe Manchester M90 3NS MANCHESTER AIRPORT UNITED KINGDOM 0161 4375811 0161 4362340

RADISSON SAS HOTEL MANCHESTER AIRPORT P.O. Box6 Manchester, M90 3RA, England MANCHESTER UNITED KINGDOM +44-161-437-4711 +44-161-436-1281 www.radisson.com

TRAVELODGE MANCHESTER ANCOATS, 22 Great Ancoats Street,Manchester, Lancashire M4 5AZ,0871 984 6282, www.travelodge.co.uk

MANCHESTER-WEST GORTON

COMFORT INN Hyde Road Birch Street,West Gorton MANCHESTER-M12 5NT MANCHESTER-WEST GORTON UNITED KINGDOM 0161 220 8700 0161 220 8848 admin@qb615.u-net.com

MARGATE

NAYLAND ROCK HOTEL, canterbury road, 1-5 royal crescent, margate, CT9 5AJ, 01843 299 992, www.naylandrockhotel.webs.com

PREMIER INN MARGATE, Station Green , Marine Terrace , Margate , Kent,CT9 5AF, T: 08701 977 182, F: 01843 221101, <http://www.premierinn.com>

SHERWOOD HOTEL, 8 Ethelbert Crescent, Margate, CT9, 01843 223853, www.sherwoodhotelmargate.co.uk

TRAVELODGE MARGATE WESTWOOD, Westwood Cross, Unit 53, Margate Rd, Broadstairs, CT10, 0871 984 6341, www.travelodge.co.uk

MARLBOROUGH

THE CASTLE & BALL High Street, Marlborough, Wiltshire SN8 1LZ MARLBOROUGH UNITED KINGDOM 01672 515201 01672 515895

MARSH GLOUCESTERSHIRE


Redesdale Arms Hotel

High Street Moreton-in-Marsh, Gloucestershire
GL56 0AW

T:01608 650308

<http://www.redesdalearms.com>

**MARLOW**

THE COMPLETE ANGLER Marlow bridge, Marlow on Thames Buckinghamshire
SL7 1RG MARLOW UNITED KINGDOM 01628 484444 01628 486388

MATLOCK BATH

THE NEW BATH HOTEL New Bath Road, Matlock Bath, Derbyshire DE4 3PX
MATLOCK BATH UNITED KINGDOM 01629 583275 01629 580268

MIDDLESBROUGH**THE BLUE BELL LODGE HOTEL**

Acklam, Middlesbrough

Acklam Road, Middlesbrough. TS5 7HL

T:01642 593939

<http://www.thebluebelllodge.co.uk>



The Blue Bell Lodge is a 60 bedroom hotel,
all rooms en-suite, in Acklam, Middlesbrough,
with a ground floor pub, residents bar and function rooms,
offering a wide range of drinks and extensive menu.

MUDEFORD/CHRISTCHURCH

THE AVONMOUTH HOTEL 95 Mudeford, Christchurch, Dorset BH23 3NT
MUDEFORD/CHRISTCHURCH UNITED KINGDOM 01202 483434 01202 479004

NEWCASTLE

COMFORT INN Liverpool Road Newcastle-Under-Lyme STAFFORDSHIRE-ST5
9DX UNDER-LYME-STAFFS NEWCASTLE UNITED KINGDOM 01782 717000
01782 713669 admin@gb617.u-net.com

NEWCASTLE MARRIOTT HOTEL Metro Centre, Gateshead, Tyne & Wear
Newcastle, England NE11 9XF NEWCASTLE UNITED KINGDOM 44 (191) 493
2233 44 (191) 493 2030

NEWCASTLE-UPON-TYNE

COMFORT INN 82-86 Osborne Road-Jesmond NEWCASTLE UPON TYNE-NE2
2AP TYNE & WEAR NEWCASTLE UPON TYNE UNITED KINGDOM 0191 281
3361 0191 281 7722

DH

DENE HOTEL

JESMOND

38-42 Grosvenor Road,
Jesmond, Newcastle Upon Tyne,
NE2 2RP

Tel: +44 191 281 1502

enquiries@thedenehotel.co.uk

<http://www.thedenehotel.co.uk>



Jesmond is ideally suited for people staying on business
or pleasure.

POSTHOUSE NEWCASTLE-UPON-TYNE New Bridge Street, Newcastle-
upon-Tyne NE1 8BS NEWCASTLE-UPON-TYNE UNITED KINGDOM 0191
232 6191 0191 261 8529

Royal Station Hotel

Neville Street, Newcastle upon Tyne
NE1 5DH

Tel: (44) 0191 232 0781

info@royalstationhotel.com

<http://www.royalstationhotel.com>



I.H.T.

NORFOLK NORWICH

QUALITY HOTEL 2 Barnard Road Bowthorpe NORFOLK-NR5 9JB NORFOLK
NORWICH UNITED KINGDOM 01603 741161 01603 741500 admin@gb619.u-net.com

NORFOLK THETFORD

COMFORT INN WOODLAND Thetford Road Northwold NORFOLK-IP26 5LQ
NORFOLK THETFORD UNITED KINGDOM 01366 728888 01366 727121
admin@gb632.u-net.com

NORTH BERWICK

THE MARINE Cromwell Road, North Berwick East Lothian EH39 4LZ NORTH
BERWICK UNITED KINGDOM 01620 892406 01620 894480

NORTH YORKSHIRE

THE DEVONSHIRE ARMS COUNTRY HOUSE HOTEL Bolton Abbey Skipton
North Yorkshire BD23 6AJ NORTH YORKSHIRE UNITED KINGDOM +44 (0)1756
710441 +44 (0)1756 710564 www.slh.com/devonshi/

QUALITY HOTEL SCOTCH CORNER Scotch Corner Darlington NORTH
YORKSHIRE-DL10 6NR SCOTCH CORNER NORTH YORKSHIRE DARLINGTON
UNITED KINGDOM 01748 850900 01748 825417 admin@gb609.u-net.com

NORTHAMPTON

COURTYARD Bedford Road NN4 7YF NORTHAMPTON UNITED KINGDOM 44
(1604) 622777 44 (1604) 635454

NORTHAMPTONSHIRE/DAVENTRY

COURTYARD Flore, Northants NN7 ALP NORTHAMPTONSHIRE/DAVENTRY
UNITED KINGDOM 44 (1327) 349022 44 (1327) 349017

NORTHUMBERLAND

Tillmouth Park Hotel

Cornhill-On-Tweed, Northumberland TD12 4UU

01890 882 255

www.tillmouthpark.co.uk



NORWICH

POSTHOUSE NORWICH Ipswich Road, Norwich, Norfolk NR4 6EP NORWICH
UNITED KINGDOM 01603 456431 01603 506400

NOTTINGHAM

POSTHOUSE NOTTINGHAM CITY St James's Street, Nottingham NG1 6BN
NOTTINGHAM UNITED KINGDOM 0115 9470131 0115 9484366

NOTTINGHAM/DERBY

POSTHOUSE NOTTINGHAM/DERBY Bostocks Lane, Sandiacre
Nottinghamshire NG10 5NJ NOTTINGHAM/DERBY UNITED KINGDOM 0115 939
7800 0115 949 0469

NOTTINGHAMSHIRE NOTTINGHAM

QUALITY HOTEL GEORGE George Street Nottingham-NG1 3BP
NOTTINGHAMSHIRE NOTTINGHAM UNITED KINGDOM 01159 475641 01159
483292 admin@gb620.u-net.com

OJA NEWPORT PANGELL MILTON KEYNES

COURTYARD London Road, Newport Pagnell MK16 OJA NEWPORT PANGELL
MILTON KEYNES UNITED KINGDOM 44 (1908) 613688 44 (1908) 617335

Save money and time book **Intercontex** online

www.hyperlinkhotels.com

OXFORD

Victoria Oxford

180 Abingdon Road, Oxford

Oxfordshire, OX1 4RA

Tel: 01865 724536,

info@victoriaoxford.co.uk

<http://www.victoriaoxford.co.uk>



All our rooms are en-suite with free wired and wireless internet access. European style Buffet Continental and full English breakfasts are available in our large bright & spacers breakfast room that can hold 70 guests.

EASTGATE HOTEL The High Street, Oxford, Oxfordshire OX1 4BE
OXFORD UNITED KINGDOM 01865 248244 01865 791681

THE RANDOLPH Beaumont Street, Oxford, Oxfordshire OX1 2LN OXFORD
UNITED KINGDOM 01865 247481 01865 791678



Hotels with personality

BEST WESTERN Linton Lodge Hotel

Linton Road, Oxford, Oxfordshire, OX2 6UJ

T: 01865 553461

<http://www.bestwestern.co.uk/Hotels/Linton-Lodge-Hotel-Oxford-83647>



The BEST WESTERN Linton Lodge Hotel is just minutes away from the thriving city centre of Oxford. However, set in a quiet location, this hotel offers the best of both worlds for guests who want convenience without the cons.

PADSTOW

THE METROPOLE Station Road, Padstow, Cornwall PL28 8DB PADSTOW
UNITED KINGDOM 01841 532486 01841 532867

PADWORTH BERKSHIRE/READING

COURTYARD Bath Road, Padworth RG7 5HT PADWORTH
BERKSHIRE/READING UNITED KINGDOM 44 (1189) 714411 44 (1189) 714442

PENRITH CUMBRIA

Queens Head Inn

Tirril, Penrith, Cumbria, CA10 2JF, England
+44 (0)1768 863219

margarethodge567@btinternet.com

<http://www.queensheadinn.co.uk>



The Queen's Head Inn set in the centre of the village of Tirril, which nestles on the edge of the Lake District National Park, is the epitome of an English Country Inn

PENZANCE

BLUE SEAS HOTEL, 13 Regent Terrace, Penzance, TR18 4DW, 01736 364 744,
www.blueseashotel-penzance.co.uk

CAMILLA HOUSE, 12 Regent Terrace, Penzance, TR18, 01736 363 771,
www.camillahouse.co.uk

CAPE CORNWALL GOLF AND COUNTRY CLUB, Cape Cornwall St, St Just, Penzance, TR19, 01736 788611, www.capecornwall.com

CARNSON HOUSE HOTEL, East Terrace, Penzance, Cornwall, TR18 2TD, Phone: 01736-365589, Email: reception@carson-house.co.uk, <http://www.chycor.co.uk/carson-house>

CHY-AN-MOR, 15 Regent Terrace, Penzance, TR18, 01736 363 441, www.chyanmor.co.uk

DOWN'S BARN FARM, St Buryan, Penzance, TR19 6DG, 01736 810 295, www.downsbarnfarm.co.uk

ENNYS, Trewella Lane, St Hilary, Penzance, TR20 9BZ, 01736 740 262, www.ennys.co.uk

GODOLPHIN ARMS, West End, Marazion, TR17 0EN, 01736 710202, www.godolphinarms.co.uk

HARBOUR VIEW, 6 Parc Av, St. Ives, TR26 2DN, 01736 796102, www.stives-harbourview.co.uk

HIGHER FAUGAN PARC, Chywoone Hill, Newlyn, Penzance, TR18, 01736 351 648, www.higherfaugan.co.uk

HOTEL PENZANCE, Britons Hill, Penzance, 01736 363 117, www.hotelpenzance.com

RICHMOND LODGE, Guest House, 61 Morrab Road, Penzance, Cornwall TR18 4EP, Tel: +44 (0)1736 365560, email: info@richmondlodge.net, <http://www.richmondlodge.net>

SEA VIEW HOUSE - THE VALLEY, Porthcurno - Penzance, Cornwall - TR19 6JX, (+44) 01736 810 638, svhouse@btinternet.com, <http://www.seaviewhouseporthcurno.com>

SHORELINE GUESTHOUSE, The Promenade, 17 Marine Terrace, Penzance, TR18 4DL, 01736 366 821, www.shoreline-penzance.com

TARBERT HOTEL, 11-12 Clarence St, Penzance, TR18 2NU, 01736 364 317, www.anicellittlehotel.com

THE ABBEY HOTEL, Abbey St, Penzance, TR18, 01736 366 906, www.theabbeyonline.co.uk

THE DUNEDIN B&B GUEST HOUSE, Alexandra Rd, Penzance, TR18, 01736 362 652, www.dunedinhotel.co.uk

THE OLD COASTGUARD HOTEL, The Parade, Mousehole, Penzance, TR19 6PR, 01736 731222, www.oldcoastguardhotel.co.uk

THE OLD VICARAGE, Churchtown House, Perranuthnoe, Penzance, TR20, 01736 711 508, www.oldvicaragepenzance.co.uk

THE PENDENNIS, Alexandra Rd, Penzance, TR18, 01736 363 823, www.thependennis.co.uk

TORWOOD HOUSE, Torwood, Alexandra Rd, Penzance, TR18 4LZ, 01736 360063, www.torwoodhousehotel.co.uk

TREMONT, Alexandra Rd, Penzance, TR18 4LZ, 01736 362614, www.tremonthotel.co.uk

WARWICK HOUSE, 17 Regent Terrace, Penzance, TR18 4DW, 01736 363 881, www.warwickhousepenzance.co.uk

PETERBOROUGH

POSTHOUSE PETERBOROUGH Norman Cross, Peterborough Cambridgeshire PE7 3TB PETERBOROUGH UNITED KINGDOM 01733 240209 01733 244455

PINNER

JOLLY HOTELS, P.O.BOX 141, PINNER HA5 4XE,UK, TEL: +44 20 8429 3426-7, FAX: +44 20 8429 3428, E-MAIL: london_salesoffice@jollyhotels.it, Web site: www.jollyhotels.it

PLYMOUTH

ATHENAEUM LODGE GUEST HOUSE, 4 Athenaeum Street, Plymouth, PL1 2RQ, 01752 665 005, www.athenaeumlodge.com

BORINGDON ARMS, Boringdon Terrace, Turnchapel, Plymouth, PL9 9TQ, 01752 402 765, www.bori.co.uk

CAMELOT HOTEL / B&B, 5 Elliott street, Plymouth, 01752 669 667, www.camelothotelplymouth.com

COPTHORNE HOTEL PLYMOUTH, Armada Way, Plymouth, PL1, 01752 224 161, www.millenniumhotels.co.uk

CHESTER HOUSE HOTEL, 54 Stuart Rd, Plymouth, PL3 4EE, 01752 663706 www.chesterplymouth.co.uk

ELFORDLEIGH HOTEL, GOLF & LEISURE, Colebrook, Plympton, PL7 5EB, Call: 01752 336428, E-mail: reception@elfordleigh.co.uk, <http://www.elfordleigh.co.uk>

FOUR SEASONS GUEST HOUSE, 207 Citadel Road East, Plymouth, PL1 2JF, 01752 223 591, www.fourseasonsguesthouse.co.uk

FUTURE INN PLYMOUTH AIRPORT HOTEL, Plymouth International Business Park, 1 William Prance Road, Plymouth, PL6 5ZD, 0845 094 5471, www.futureinns.co.uk

HOLIDAY INN HOTEL, Armada Way, Plymouth, 0871 423 4931, www.holidayinn.co.uk

HOTEL NOVOTEL PLYMOUTH, Marsh Mills, PL6 8NH PLYMOUTH, UNITED KINGDOM, Tel (+44)1752/221422, Fax (+44)1752/223922, E-mail H0508@accor.com, <http://www.novotel.com>

INVICTA HOTEL, Lockyer Street, The Hoe, 11-12 Osborne Place, Plymouth, PL1 2PU, 01752 664 997, www.invictahotel.co.uk

KYNANCE HOUSE, The Hoe, 107 - 113 Citadel Road West, Plymouth, PL1 2RN, 01752 266 821, www.kynancehouse.co.uk

LANGDON COURT HOTEL & RESTAURANT, Down Thomas, Plymouth, 01752 862 358, www.langdoncourt.com

MOORLAND HOTEL, Wotter, Shaugh Prior, Plymouth, PL7 5HP, 01752 839 228, www.moorlandhotel.com

POSTHOUSE PLYMOUTH Cliff Road, The Hoe, Plymouth PL1 3DL PLYMOUTH UNITED KINGDOM 01752 662828 01752 660974

THE BOWLING GREEN PLYMOUTH, 9-10 Osborne Place, Plymouth, PL1 2PU, 01752 209 090, www.thebowlinggreenplymouth.com

THE DUDLEY HOTEL, 42 Sutherland Rd, Plymouth, PL4, 01752 668 322, www.dudley-hotel.com

THE DUKE OF CORNWALL HOTEL, Plymouth, Duke of Cornwall Hotel, Millbay Road, Plymouth, PL1 3LG, 01752 275 850, www.thedukeofcornwall.co.uk

THE ROYAL FLEET HOTEL, 9/12 Morice Square, Devonport, Plymouth. PL1 4PQ, reservations@theroyalfleethotel.co.uk, T: 01752 562723, <http://www.royalfleetclub.com>

THE SWINTON HOTEL, 43 Sutherland Rd, Plymouth, PL4 6, 01752 660 887, www.theswintonhotel.co.uk

TUDOR HOUSE, The Hoe, 105 Citadel Road, Plymouth, 01752 661 557, www.tudorhouseplymouth.co.uk

POOLE

ANTELOPE, 8 High St, Poole, BH15 1BP, 01202 672029, www.antelopeinn.com

BEE'S KNEES GUEST HOUSE, 28 Davis Rd, Poole, BH12 2, 01202 734 509, www.beesknees-guesthouse.com

CROWN HOTEL, West Street, Blandford Forum, DT11 7AJ, 01258 456 626, www.innforanight.co.uk

DANECOURT LODGE, 58 Danecourt Road, Poole, BH14 0PQ, 01202 730 957, www.danecourtllodge.co.uk

EXPRESS BY HOLIDAY INN HOTEL IN POOLE, Walking Fields Lane, Poole, BH15 1RZ, 0871 423 4931, www.hiexpress.co.uk

FLEETWATER, 161 Longfleet Rd, Poole, BH15 2HS, 01202 682509, www.fleetwaterguesthouse.co.uk

HARBOUR HEIGHTS HOTEL, 73 Haven Rd, Poole, BH13 7LW, 01202 707272, www.fibhotels.co.uk

HOTEL DU VIN, 5-11 Thames St, Poole, BH15 1JN, 01202 785570, www.hotelduvin.com

LUMINIERE BOUTIQUE BED & BREAKFAST, 78 Haven Rd, Poole, BH13, 01202 707 868, www.luminiere.co.uk



Milsoms hotel

47 Haven Road Canford Cliffs Poole, Dorset BH13 7LH

Telephone +44 (0)1202 609 000

Facsimile +44 (0)1202 609 001

poole@milsomshotel.co.uk

<http://www.milsomshotel.co.uk>



**QUEEN'S
HOTEL**

Clarence Parade, Osbourne Road,
Southsea, Portsmouth, Hampshire
PO5 3LJ

Tel: +44 (0)23 9282 2466

Fax: +44 (0)23 9282 1901

<http://www.queenshotelportsmouth.com>



**The Hotel was rebuilt in 1903 by the
architect T.W.Cutler into the splendid
building that stands today, complete with its
Edwardian**

PRESTON

POSTHOUSE PRESTON The Ringway, Preston, Lancashire PR1 3AU
PRESTON UNITED KINGDOM 01772 259411 01772 201923

PRESTON MARRIOTT HOTEL Garstang Road, Broughton Preston,
Lancashire, England PR3 5JB PRESTON UNITED KINGDOM 44 (1772)
864087 44 (1772) 861728



Hotels with personality

Park Hall Road, Charnock Richard,
Chorley, Preston, Lancashire, PR7 5LP
T:08453 30 03 93

<http://www.bestwestern.co.uk/Hotels>



PREMIER INN POOLE NORTH, Cabot Ln, Poole, BH17, 0870 990 6332,
www.premierinn.com

QUARTERDECK HOTEL, 2 Sandbanks Rd, Poole, BH14, 01202 740 066,
www.quarterdeckhotel.co.uk

SALTERNS HARBOURSIDE HOTEL, 38 Salterns Way, Poole, BH14, 01202
707 321, www.salterns-harbour-side.co.uk

SALTINGS, 5 Salterns Way, Poole, BH14, 01202 707 349, www.the-saltings.com

SANDBANKS HOTEL, 15 Banks Rd, Poole, BH13 7PS, 01202 707377,
www.fibhotels.co.uk

SHAH OF PERSIA POOLE, 173 Longfleet Rd, Poole, BH15 2HS, 01202 676587,
www.beer-in-the-evening.com

THE HAVEN HOTEL, 161 Banks Rd, Poole, 01202 707 909, www.fibhotels.co.uk

THE WHITE HOUSE BED AND BREAKFAST, 31 Dorchester Rd, Upton, Poole
01202 620 003, www.whitehousebedandbreakfast.co.uk

THISTLE POOLE, The Quay, Poole, 0870 333 9143, www.thistle.com

PORTSMOUTH

BEST WESTERN ROYAL BEACH HOTEL, St Helens Parade, Portsmouth,
Hampshire, PO4 0RN, England Telephone: (02392) 731281, Fax: (02392) 817572,
<http://www.bestwestern.co.uk>

EXPRESS BY HOLIDAY INN, The Plaza, Gunwharf Quays, Portsmouth, PO1
3FD, 023 92894240, www.hiexpress.com

FLORENCE HOUSE HOTEL, 2 Malvern Rd, Southsea, PO5 2NA, 023 92751666,
www.florencehousehotel.co.uk

HILTON PORTSMOUTH HOTEL, Eastern Road, Farlington, Farlington,
Portsmouth, T; 023 9221 9111, www.hilton.com

HOLIDAY INN HOTEL, Pembroke Road, Portsmouth, 0871 423 4931,
www.holidayinn.co.uk

HOTEL IBIS PORTSMOUTH CENTRE, Winston Churchill Ave, Portsmouth,
PO12, 023 9264 0000, www.accorhotels.com

INNKEEPERS LODGE PORTSMOUTH, Toby Carvery Hilsea, Copnor Road,
Portsmouth, 0845 112 6105, www.innkeeperslodge.com

KEPPEL'S HEAD HOTEL, 24-26 The Hard, Portsmouth, 023 9283 3231,
www.keppelsheadhotel.co.uk

PORTSMOUTH MARRIOTT HOTEL North Harbour PO6 4SH Portsmouth,
England PORTSMOUTH UNITED KINGDOM 44 (1705) 383151 44 (1705) 388701

POSTHOUSE PORTSMOUTH Pembroke Road, Portsmouth, Hampshire PO1
2TA PORTSMOUTH UNITED KINGDOM 01705 827 651 01705 756715

PREMIER INN PORTSMOUTH, Binnacle Way, Portsmouth, 0870 423 6456,
www.premierinn.com

QUEENS HOTEL, 2 Osbourne Road, Portsmouth, PO5 3LJ, 023 92822466,
www.queenshotelportsmouth.com

ROYAL MARITIME CLUB, 75-80 Queen St, Portsmouth, PO1 3HS, 023
92824231, www.royalmaritimeclub.co.uk

SOUTHSEA HOTELS - SEACREST HOTEL, 12 South Parade, Southsea, PO5
2JB, 023 9273 3192, www.seacresthotel.co.uk

THE CLARENCE, Clarence Rd, Southsea, PO5, 023 9287 6348,
www.theclarencehotel.co.uk

WESTFIELD HALL HOTEL, 65 Festing Road, Southsea, PO4 0NQ, 023 9282
6971, www.whhotel.info

READING

COMFORT INN READING 119 Kendrick Road READING, RG1 5EB READING UNITED KINGDOM 0118 931 1311 0118 931 4136

POSTHOUSE READING 500 Basingstoke Road, Reading, Berkshire RG2 0SL READING UNITED KINGDOM 0118 9875485 0118 9311958

QUALITY HOTEL READING 648-654 Oxford Road READING RG 30 IEH READING UNITED KINGDOM 0118 950 0541 0118 956 7720

REDDITCH

QUALITY HOTEL REDDITCH Pool Bank, Redditch WORCESTERSHIRE, B97 4JS REDDITCH UNITED KINGDOM 01527 541511 01527 402600

RIPON NORTH YORKSHIRE

THE RIPON SPA HOTEL RIPON, NORTH YORKSHIRE

Park Street, HG4 2BU

T: +44 (0)1765 602172, 0800 158 5455

info@riponspa.com <http://www.riponspa.com>



With its four spacious function rooms, the Ripon Spa is located very close to Ripon Racecourse ideal for weddings, party venue hire, conferences and charity events, sporting holidays or a relaxing getaway, as well as appetising food and drink seven days a week.

ROCHESTER

POSTHOUSE ROCHESTER Maidstone Road, Chatham, Kent ME5 9SF ROCHESTER UNITED KINGDOM 01634 687111 01634 684512

ROMSEY HAMPSHIRE

THE WHITE HORSE HOTEL & BRASSERIE



Market Place, Romsey, Hampshire, SO51 8ZJ

T: 01794 512431

thewhitehorse@silkshotels.com

<http://www.thewhitehorseromsey.co.uk>



ROSS-ON-WYE

THE ROYAL Palace Pound, Ross-on-Wye, Herefordshire HR9 5HZ ROSS-ON-WYE UNITED KINGDOM 01989 565 105 01989 768 058

RUGBY/NORTHAMPTON

POSTHOUSE RUGBY/NORTHAMPTON Crick, Northamptonshire NN6 7XR RUGBY/NORTHAMPTON UNITED KINGDOM 01788 822101 01788 823955

SALISBURY

THE WHITE HART St John Street, Salisbury, Wiltshire SP1 2SD SALISBURY UNITED KINGDOM 01722 327476 01722 412761

SHEFFIELD

POSTHOUSE SHEFFIELD Manchester Road, Sheffield South Yorkshire S10 5DX SHEFFIELD UNITED KINGDOM 0114 2670067 0114 2682620

SHERBORNE

THE SHERBORNE HOTEL Horsecastles Lane, Sherborne, Dorset DT9 6BB SHERBORNE UNITED KINGDOM 01935 813191 01935 816493

SHREWSBURY SHROPSHIRE



PRINCE RUPERT HOTEL

Butcher Row, Shrewsbury, Shropshire, SY1

1UQ

T: 01743 499955

reservations@prince-rupert-hotel.co.uk

<http://www.prince-rupert-hotel.co.uk>



70 ensuite bedrooms including 12th century Mansion House Suites (some with a 4-poster canopy bed) and 15th century Tudor Suites, three fabulous restaurants, Camellias Tearooms, garden courtyard and a fully equipped health suite.

SIDMOUTH

CANTERBURY HOUSE, Salcombe Rd, Sidmouth, EX10, 01395 513 373, www.canterbury-house.com

HOTEL RIVIERA, The Esplanade, Sidmouth, Devon, EX10 8AY, Tel: 01395 515201, Fax: 01395 577775, Web: www.hotelriviera.co.uk, Email: enquiries@hotelriviera.co.uk

ROSE COTTAGE, Coburg Rd, Sidmouth, EX10, 01395 577 179, www.rosecottage-sidmouth.co.uk

ROYAL GLEN HOTEL, Glen Rd, Sidmouth, EX10, 01395 513 221, www.royalglenhotel.co.uk

ROYAL YORK & FAULKNER HOTEL, The Esplanade, Sidmouth, 01395 513 043, www.royalyorkhotel.co.uk

VICTORIA HOTEL, The Esplanade, Sidmouth, 01395 512651, www.brend-hotels.co.uk

THE BELMONT, The Esplanade, Sidmouth, EX10 8RX, 01395 512555, www.brend-hotels.co.uk

THE BULSTONE, Higher Bulstone Farm, Branscombe, Seaton, EX12, 01297 680446, www.childfriendlyhotels.com

THE HOLLIES GUEST HOUSE, Salcombe Rd, Sidmouth, EX10, 01395 514 580, www.holliesquesthouse.co.uk

THE MASONS ARMS, Branscombe Village, Newton Abbot, EX12 3DJ, 01297 680300, www.masonsarms.co.uk

WESTCLIFF HOTEL, Manor Rd, Sidmouth, EX10 8RU, 01395 513091,

www.westcliffhotel.co.uk

WOODLANDS HOTEL, Station Rd, Sidmouth, EX10 8HG, 01395 513120, www.woodlands-hotel.com

SLOUGH/WINDSOR

COURTYARD Church Street, Slough SL 1 2NH SLOUGH/WINDSOR UNITED KINGDOM 44 (1753) 551551 44 (1753) 553333

MARIOTT HOTEL HEATHROW/SLOUGH Ditton Road Slough Berkshire SL3 8PT United Kingdom Tel: +44-753 54 4244 Fax: +44-753 54 0272

SOUTH MIMMS

POSTHOUSE SOUTH MIMMS South Mimms, Potters Bar, Hertfordshire EN6 3NH SOUTH MIMMS UNITED KINGDOM 01707 643311 01707 646728

SOUTHAMPTON

BARTLEY LODGE HOTEL, Lyndhurst Rd, Copythorne, Cadnam, SO40 2, 023 80812248, www.newforesthôtels.co.uk

BOTLEIGH GRANGE HOTEL, Grange Rd, Hedge End, Southampton, 01489 787700, www.botleighgrangehotel.co.uk

CHILWORTH MANOR LTD, The Cottage, Southampton Business Park, Chilworth, Southampton, Hants SO16 7JF, phone: 023 8076 7333 or fax: 023 8076 6392. <http://www.chilworth-manoir.co.uk>

DEVERE GRAND HARBOUR HOTEL, West Quay Rd, Southampton, SO15 1AG, 023 80633033, www.devere-hotels.com

DE VERE VENUES NEW PLACE, Shirrell Heath, Southampton, Hampshire, England, <http://www.newplace-southampton.com>

DORMY HOUSE HOTEL, Sarisbury Green, 21 Barnes Lane, Southampton, SO31 7DA, 01489 572 626, www.dormyhousehotel.net

EATON COURT, 32 Hill Lane, Southampton, SO15 5AY, 023 8022 3081, www.eatoncourtsouthampton.co.uk

ELIZABETH HOUSE HOTEL, 42-44 The Av, Southampton, SO17 1XP, 023 80224327, www.elizabethhousehotel.com

ETAP HOTEL SOUTHAMPTON CENTRE, 3 West Quay Road, Southampton, Hampshire, SO15 1RA, 023 8022 7705, www.accorhotels.com

FOUNTAIN COURT HOTEL, Frost Ln, Hythe, Southampton, 023 80846310, www.fountaincourthotel.co.uk

HIGHFIELD HOUSE HOTEL, 119 Highfield Ln, Southampton, SO17, 023 80554223, www.foliohotels.com

HILTON SOUTHAMPTON HOTEL, Bracken Place, Southampton, 023 8070 2700, www.hilton.co.uk

HOLIDAY INN HOTEL IN SOUTHAMPTON, Herbert Walker Avenue, Southampton, 0871 423 4931, www.holidayinn.co.uk

HOTEL IBIS SOUTHAMPTON CENTRE, 9 W Quay Shopping Centre, Southampton, SO15, 023 8063 4463, www.accorhotels.com

JURYS INN SOUTHAMPTON CITY HOTEL, Charlotte Pl, Southampton, SO14, 023 8037 1111, www.southamptonhotels.jurysinns.com

KNIGHTWOOD LODGE HOTEL, Southampton Rd, Bartley, Southampton 023 8081 2248, www.newforesthôtels.co.uk

MACDONALD BOTLEY PARK HOTEL, Golf & Country Club, Winchester Road, Southampton, 0870 194 2132, www.macdonaldhotels.co.uk

PREMIER INN SOUTHAMPTON CITY CENTRE, 6 Dials, New Road, Southampton, SO140YN, 023 8071 7850, www.premierinn.com

PREMIER INN SOUTHAMPTON NORTH, Romsey Rd, Nursling, Southampton, 0870 197 7233, www.premierinn.com

SOUTHAMPTON PARK HOTEL, 12-13 Cumberland Pl, Southampton, SO15 2WY, 023 80343343, www.southamptonparkhotel.com

THE FOUR SEASONS B&B, 1 Hamilton Road, Hythe, Southampton, SO45 3PD, United Kingdom, Tel: (+44)023 8084 5151, Fax: (+44)023 8084 6285, <http://www.the-four-seasons.co.uk>

THE POLYGON Cumberland Place, Southampton Hampshire SO15 2WQ SOUTHAMPTON UNITED KINGDOM 01703 330055 01703 332435

THE STAR HOTEL, 26-27 High St, Southampton, SO14 2NA, 023 80339939, www.starhotel.co.uk

WHITE STAR TAVERN & DINING ROOMS, 28 Oxford Street, Southampton, SO14 3DJ, 023 8082 1990, www.whitestartavern.co.uk

WINSTON HOTEL, 51 Archers Rd, Southampton, SO15 2NF, 023 80224404, www.thewinstonhotel.co.uk

WOODLANDS LODGE HOTEL, Bartley Rd, Woodlands, Southampton, 023 8029 2257, www.woodlands-lodge.co.uk

POSTHOUSE SOUTHAMPTON/EASTLEIGH Leigh Road, Eastleigh, Hampshire SO50 9PG SOUTHAMPTON/EASTLEIGH UNITED KINGDOM 01703 619700 01703 643945

SOUTHAMPTON/WINCHESTER

MARRIOTT MEON VALLEY HOTEL AND COUNTRY CLUB Sandy lane Shedfield, Hampshire, England SO32 2HQ SOUTHAMPTON/WINCHESTER UNITED KINGDOM 44 (1329) 833455 44 (1329) 834411

MARWELL HOTEL, Thompsons Lane, Town Centre, Winchester, 01962 777 681, www.marwellhotel.co.uk

SUNDERLAND

QUALITY HOTEL Witney Way Boldon, Nr Sunderland TYNE & WEAR-NE35 9PE TYNE & WEAR SUNDERLAND UNITED KINGDOM 0191 519 1999 0191 519 0655 admin@qb621.u-net.com

ST ALBANS

COMFORT HOTEL Ryder House St Albans HERTS-AL1 2JD ST ALBANS UNITED KINGDOM 01272 848 849 01272 812 210

ST. ANDREWS

RUSACKS HOTEL Pilmour Links, St Andrews, Fife KY16 9JQ ST. ANDREWS UNITED KINGDOM 01334 474321 01334 477896

ST IVES

BEECHWOOD, St Ives Road, Carbis Bay, St. Ives, Cornwall, TR26 2SX, T. 01736 795170, beechwoodstives@live.co.uk, <http://www.beechwoodcornwall.com>

BLUE HAYES HOTEL - St Ives, Cornwall, Saint Ives, TR26 2AD, 01736 797 129, info@BlueHayes.co.uk, <http://www.bluehayes.co.uk>

BOSKERRIS HOTEL, Boskerris Road, Carbis Bay, St Ives, Cornwall TR26 2NQ, t: +44 01736795295, reservations@BoskerrisHotel.co.uk, <http://www.boskerrishotel.co.uk>

CHY AN ALBANY HOTEL, Albany Terrace, St Ives, TR26 2BS, +44(0)1736 796759, info@chyanalbanyhotel.com, <http://www.chyanalbanyhotel.com>

PEDNOLVA HOTEL, West Porthminster Beach, St Ives, Cornwall, TR26 2EA, Phone: 01736 796222, <http://www.pednolva.co.uk>

ST IVES HARBOUR HOTEL, Porthminster, The Terrace, St Ives, Cornwall, TR26 2BN UK, Phone: 01736 795221, Fax: 01736 797043, stives@harbourhotels.co.uk, <http://www.stives-harbour-hotel.co.uk>

THE ATLANTIC, St Ives Road, Carbis Bay, ST IVES, Cornwall, TR26 2SB, Tel: (01736) 796177, stay@atlantichotelstives.co.uk, <http://www.atlantichotelstives.co.uk>

THE BORTHALAN, Off Boskerris Road, Carbis Bay, St Ives, Cornwall, TR26 2NQ, Tel: 01736 795946, info@borthalan.co.uk, <http://www.borthalan.co.uk>

THE GARRACK HOTEL & RESTAURANT, Burthallan Lane, St Ives, Cornwall, TR26 3AA, Tel: 01736 796199, Fax: 01736 798955, info@garrack.com, <http://www.garrack.com>

THE NOOK LIMITED, Ayr, St Ives, Cornwall, TR26 1EQ, t: 01736 795913, info@nookstives.co.uk, <http://www.nookstives.co.uk>

THE QUEENS HOTEL, High Street, St Ives, Cornwall, TR26 1RR, Tel: +44 (0)1736 796468, info@queenshotelstives.com, <http://www.queenshotelstives.com>

THE WESTERN HOTEL, Royal Square, St Ives, Cornwall, TR26 2ND, 01736 795277, alan@westernhotel-stives.co.uk, <http://www.westernhotelstives.co.uk>

TREGENNA CASTLE ESTATE, St Ives, Cornwall, TR26 2DE, United Kingdom, T: 01736 795254, Fax: 01736 796066, <http://www.tregenna-castle.co.uk>

STEVENAGE

POSTHOUSE STEVENAGE Old London Road, Broadwater, Stevenage Hertfordshire SG2 8DS STEVENAGE UNITED KINGDOM 01438 365444 01438 741308



NOVOTEL SOUTHAMPTON,

1 West Quay Rd, Southampton, England SO15 1RA,
Phone: 44 23-8033-0550,
Email: H1073@accor.com ,
Web: <http://www.novotel.com>





POSTHOUSE SOUTHAMPTON Herbert Walker Avenue, Southampton SO15 1HJ SOUTHAMPTON UNITED KINGDOM 01703 330777 01703 332510

PREMIER INN SOUTHAMPTON AIRPORT, Mitchell Way, Southampton, SO18, 0870 990 6436, www.premierinn.com

STOKE-ON-TRENT

POSTHOUSE STOKE-ON-TRENT Clayton Road, Newcastle-under-Lyme
Staffordshire ST5 4DL STOKE-ON-TRENT UNITED KINGDOM 01782 717171
01782 717138

STRATFORD-UPON-AVON

HUNTERS MOON GUEST HOUSE

150 Alcester Road, Stratford-upon-Avon, Warwickshire,
England. CV37 9DR, Phone: +44 (0)1789 292888,
thehuntersmoon@ntlworld.com
<http://www.huntersmoonguesthouse.com>



Stratford-upon-Avon is also a convenient base from which to visit:
Warwick Castle, The Cotswolds, Stratford, Warwick and Cheltenham
Racecourses, Oxford, Blenheim Palace, Coventry and Birmingham,
Long Marston and Cox's Yard - with the NEC and Birmingham airport
only 25 minutes away and very easy access to and from the M40.

THE ALVESTON MANOR Clopton Bridge, Stratford-upon-Avon Warwickshire
CV37 7HP STRATFORD-UPON-AVON UNITED KINGDOM 01789 204581 01789
414095

THE SHAKESPEARE Chapel Street, Stratford-upon-Avon Warwickshire CV37 6ER
STRATFORD-UPON-AVON UNITED KINGDOM 01789 294771 01789 415411

THE SWAN'S NEST BRIDGEFOOT, Stratford-upon-Avon Warwickshire CV37
7LT STRATFORD-UPON-AVON UNITED KINGDOM 01789 266761 01789
414547

SUFFOLK

HINTLESHAM HALL Hintlesham Nr Ipswich Suffolk IP8 3NS SUFFOLK UNITED
KINGDOM +44 (0)1473 652268 +44 (0)1473 652463 www.slh.com/hintlesh/

SURREY

LANGSHOTT MANOR Langshott, Nr Gatwick Surrey RH6 9LN SURREY UNITED
KINGDOM +44 (0)1293 786680 +44 (0)1293 783905 www.slh.com/langshot/

THE ANGEL POSTING HOUSE AND LIVERY 91 The High Street Guildford
Surrey GU1 3DP SURREY UNITED KINGDOM +44 (0)1483 564555 +44 (0)1483
533770 www.slh.com/angelpost/

SUSSEX EASTBOURNE

QUALITY HOTEL MANSION Grand Parade EASTBOURNE - BN21 3YS
SUSSEX EASTBOURNE UNITED KINGDOM 01323 727411 01323 720665
admin@qb610.u-net.com

SWANSEA

POSTHOUSE SWANSEA Kingsway Circle, Swansea, West Glamorgan SA1 5LS
SWANSEA UNITED KINGDOM 01792 651 074 01792 456 044

SWINDON

SWINDON MARRIOTT HOTEL Pipers Way SN3 1SH Swindon, England
SWINDON UNITED KINGDOM 44 (1793) 51 21 21 44 (1793) 51 31 14

POSTHOUSE SWINDON Marlborough Road, Swindon, Wiltshire SN3 6AQ
SWINDON UNITED KINGDOM 01793 524601 01793 512887

TAPLOW

CLIVEDEN Taplow, Berkshire, England, U.K. SL6 0JF TAPLOW UNITED
KINGDOM 44-1628-668561 44-1628-661837

TAUNTON

POSTHOUSE TAUNTON Deane Gate Avenue, Taunton, Somerset TA1 2UA
TAUNTON UNITED KINGDOM 01823 332222 01823 332266

TEESSIDE

POSTHOUSE TEESSIDE Low Lane, Stainton Village, Thornaby Teesside TS17
9LW TEESSIDE UNITED KINGDOM 01642 591213 01642 594989

TORQUAY

ABBEYFIELD HOTEL, Bridge Road, Torquay, TQ2 5AX, 01803 294 268,
www.theabbeyfieldtorquay.co.uk

ASHURST LODGE HOTEL, 2-4 St. Efrides Road, Torquay, TQ2 5SG, 01803 292
132, www.ashurstlodgehotel.co.uk

BAHAMAS HOTEL, 17 Avenue Road, Torquay, TQ2 5LB, 01803 296 005 ,
www.bahamas-hotel.co.uk

BARCELO TORQUAY IMPERIAL HOTEL, Park Hill Rd, Torquay, TQ1,
01803 294 301, www.barcelo-hotels.co.uk

BENTLEY LODGE, Tor Park Road, Torquay, Devon, TQ2 5BQ, Telephone:
+44(0)1803 290698, <http://www.bentleylodge.co.uk>

CARY COURT HOTEL, Hunsdon Rd, Torquay, TQ1, 01803 209 205,
www.carycourthotel.co.uk

CLEVELAND BED AND BREAKFAST Torquay, 7 Cleveland Road,
Torquay, 01803 297 522, www.clevelandbandtorquay.co.uk

COLINDALE HOTEL, 20 Rathmore Rd, Torquay, TQ2, 01803 293 947,
www.colindalehotel.co.uk

COPPICE HOTEL, Babbacombe Rd, Torquay, TQ1, 01803 297 786 ,
www.coppicehotel.co.uk

CORBEN HEAD HOTEL, Sea Front, Torquay, TQ2 6RH, 01803 213611,
www.corbynhead.com

CRANBORNE HOTEL, 58 Belgrave Rd, Torquay, TQ2 5HY, 01803 298046,
www.cranbornehotel.co.uk

CRIMDON DENE HOTEL, Falkland Rd, Torquay, TQ2, 01803 294 651,
www.crimdondenehotel.co.uk

EXMOUTH VIEW HOTEL, St Albans Rd, Torquay, 01803 327 307,
www.exmouth-view.co.uk

FERNDALE HOTEL, 22 St. Marychurch Rd, Torquay, TQ1 3HY, 01803
295311, www.ferndaletorquay.co.uk

GROSVENOR HOUSE, Falkland Rd, Torquay, 01803 294110,
www.grosvenorhousehotel.co.uk

HARMONY HOTEL, 67 Avenue Rd, Torquay, TQ2 5LG, 01803 293918,
www.harmonyhotel.co.uk

HOTEL BARTON, 543 Babbacombe Road, Torquay, TQ1 1HQ, 01803 215
200, www.hotelbarton.co.uk

HOTEL CIMON, 82 Abbey Road, Torquay,
TQ2 5NP, 01803 294 454,
www.hotelcimon.co.uk

HOTEL GLENEAGLES, Thorncliff, Asheldon Rd, Torquay, TQ1 2QS, 01803
293637, www.hotel-gleneagles.com

KELVIN HOUSE, 46 Bampfylde Rd, Torquay, TQ2 5AY, 01803 209093 ,
www.kelvinhousehotel.co.uk

KINGS LODGE, 44 Bampfylde Road, Torquay, 01803 293 108,
www.kingslodge-torquay.co.uk

KINGSHOLM, 539 Babbacombe Rd, Torquay, TQ1 1HQ, 01803 297794,
www.kingsholmhotel.co.uk

KINGSWAY LODGE, 95 Avenue Road, Torquay, TQ2 5LH, 01803 295 288 ,
www.kingswaylodgequesthouse.co.uk

LANSCOMBE HOUSE HOTEL, Cockington Village, Torquay, TQ2 6XA,
01803 606 938, www.lanscombehouse.co.uk

The Marstan ★★★★★

MEADFOOT SEA RD, TORQUAY, TQ1 2LQ, 01803
292 837, WWW.MARSTANHOTEL.CO.UK



LIVERMEAD CLIFF HOTEL, Torbay Road, Sea Front, Torquay, TQ2 6RQ, 01803 299 666, www.livermeadcliff.co.uk
MEADFOOT BAY HOTEL, Meadfoot Sea Road, Meadfoot Sea Road, Torquay, 01803 294 722, www.meadfoot.com
NETHWAY HOTEL, Falkland Rd, Torquay, TQ2 5JR, 01803 297630, www.nethwayhotel.co.uk



THE PALACE HOTEL
TORQUAY
★★★★

Let us look after you!

**Babbacombe Road, Torquay, Devon
TQ1 3TG**
T: 44 (0)1803 200200
info@palacetorquay.co.uk
<http://www.palacetorquay.com>





PREMIERINN, Seafront, Belgrave Road, Torquay, TQ2 5HE, T: 0870 423 6486, F: 0870 423 6487, <http://www.premierinn.com>
RED HOUSE HOTEL, Rousdown Rd, Torquay, TQ2 6PB, 01803 607811, www.redhouse-hotel.co.uk
RICHWOOD HOTEL, 20 Newton Rd, Torquay, TQ2, 01803 293 729, www.richwood-hotel-torquay.co.uk
RIVIERA LODGE HOTEL, 26 Croft Rd, Torquay, TQ2 5UE, 01803 209309, www.rivieralodgehotel.co.uk
THE BRADDON HALL, 70 Braddons Hill Road East, Torquay, TQ1 1HF, 01803 293908, www.braddonhallhotel.co.uk
THE BRANDIZE, 19 Avenue Road, Torquay, TQ2 5LB, 01803 297 798, www.brandize.co.uk
THE CHARTERHOUSE, Cockington Lane, Torquay, TQ2 6QT, 07833 398 819, www.charterhouse-hotel.co.uk
THE ELMdene, Rathmore Road, Torquay, Devon, England, TQ2 6NZ, T - 01803 294940, enquiries@elmdenehotel.co.uk, <http://www.elmdenehotel.co.uk>
THE EXTON HOTEL, 12 Bridge Rd, Torquay, TQ2, 01803 293 561, www.extonhotel.co.uk
THE GLENROSS SILVER, Award Winning Guest Accommodation, 25 Avenue Road, Torquay, TQ2 5LB, 01803 297 517, www.glenross-hotel.co.uk
THE GRAND HOTEL, Sea Front, Torquay, Devon TQ2 6NT, TEL: 0844 50 27587, FAX: 01803 213462, reservations@grandtorquay.co.uk, <http://www.grandtorquay.co.uk>
THE HAYTOR HOTEL, Meadfoot Rd, Torquay, TQ1, 01803 294 708, www.haytorhotel.com
THE HOTEL BALMORAL, Meadfoot Sea Rd, Torquay, TQ1, 01803 293 381, www.thehotelbalmoral.co.uk
THE MOUNT EDGCOMBE, 23 Avenue Rd, Torquay, TQ2 5LB, 01803 292310, www.mountedgcombe.co.uk
THE OSBORNE HOTEL, Hesketh Cres, Torquay, TQ1 2LL, 01803 213311, www.osborne-torquay.co.uk
THE PALMS HOTEL, 537 Babbacombe Road, Torquay, 01803 293 970, www.palmshotel-torquay.co.uk
THE SANDPIPER HOTEL, Rowdens Rd, Torquay, 01803 292779, www.sandpiper-hotel.co.uk
THE SOMERVILLE HOTEL, 515 Babbacombe Road, Torquay, TQ1 1HJ, 01803 294 755, www.somervillehotel.co.uk
THE SOUTH VIEW, 12 Scarborough Rd, Torquay, TQ2 5UJ, 01803 296029, www.southviewhotel.eclipse.co.uk
THE WESTBOURNE HOTEL, 106 Avenue Rd, Torquay, TQ2, 01803 292 927, www.westbournehoteltorquay.co.uk

THE WESTBROOK, 15 Scarborough Road, Torquay, TQ2 5UJ, 01803 292 559, www.westbrookhotel.net
TLH LEISURE RESORT, Belgrave Rd, Torquay, TQ2, 01803 400 500, www.tlh.co.uk
TORCROFT HOTEL, 28-30 Croft Road, Torquay, TQ2 5UE, 01803 298 292, www.torcroft.co.uk
WESTGATE HOTEL, Falkland Rd, Torquay, TQ2 5JP, 01803 295350, www.westgatehotel.co.uk
YARDLEY MANOR HOTEL, Museum Rd, Torquay, TQ1, 01803 293 792, www.hotelstortquay.com
ULLSWATER
LEEMING HOUSE Watermillock, Ullswater, Nr Penrith Cumbria CA11 0JJ
 ULLSWATER UNITED KINGDOM 017684 86622 017684 86443
WAKEFIELD
POSTHOUSE WAKEFIELD Queen's Drive, Ossett, Wakefield West Yorkshire WF5 9BE WAKEFIELD UNITED KINGDOM 01924 276388 01924 276437
WALSALL
QUALITY HOTEL 20 Wolverhampton Road West Bentley, walsall West Midlands-WS2 OBS WEST MIDLANDS WALSALL UNITED KINGDOM 01922 724444 01922 723148 admin@qb622.u-net.com
THE BOUNDARY HOTEL Birmingham Road, Walsall WS5 3AB WALSALL UNITED KINGDOM 01922 633555 01922 612034
WARE
MARRIOTT HANBURY MANOR HOTEL AND COUNTRY CLUB
 Ware, Hertfordshire, SG12 OSD England WARE UNITED KINGDOM 44 (1920) 487722 44 (1920) 487692
WARRINGTON/RUNCORN
POSTHOUSE WARRINGTON/RUNCORN Wood Lane, Beechwood, Runcorn Cheshire WA7 3HA WARRINGTON/RUNCORN UNITED KINGDOM 01928 714000 01928 714611
WARWICK KENILWORTH
QUALITY HOTEL WARWICK Chesford Bridge KENILWORTH WARWICKSHIRE, CV8 2 LN NR. WARWICK KENILWORTH UNITED KINGDOM 01926 858 331 01926 858153
WARWICKSHIRE
WELCOMBE HOTEL & GOLF COURSE Stratford-upon-Avon Warwickshire CV37 ONR WARWICKSHIRE UNITED KINGDOM +44 (0)1789 295252 +44 (0)1789 414666 www.slh.com/welcombe/
WARWICKSHIRE/COVENTRY
COURTYARD A45 London Road, Ryton-On Dunsmore CV8 3DY WARWICKSHIRE/COVENTRY UNITED KINGDOM 44 (1203) 301585 44 (1203) 301610
WASHINGTON
POSTHOUSE WASHINGTON Emerson District 5, Washington Tyne and Wear NE37 1LB WASHINGTON UNITED KINGDOM 0191 4162264 0191 4153371
WEST DRAYTON



Heathrow Airport
Colnbrook Bypass, West Drayton UB7 0HJ
United Kingdom
Phone: (44)(208) 7592424
<http://www.sheratonheathrowhotel.com>





WEST SUSSEX

AMBERLEY CASTLE Amberley Nr Arundel West Sussex BN18 9ND WEST SUSSEX UNITED KINGDOM +44 (0)1798 831992 +44 (0)1798 831998 www.slh.com/amberley/

THE ROYAL NORFOLK HOTEL

The Esplanade, Bognor Regis,
West Sussex, PO21 2LH,
Tel: 01243 826222, Fax: 01243 826325,
<http://www.royalnorfolkhotel.com>



WEST YORKSHIRE/LEEDS-BRADFORD

COURTYARD The Pastures Tong Lane BD4 ORP WEST YORKSHIRE/LEEDS-BRADFORD UNITED KINGDOM 44 (1132) 854646 44 (1132) 853661

WEYMOUTH

ALEXANDRA HOTEL, Weymouth, 27-28 The Esplanade, Weymouth, DT4, 01305 785 767, www.alexhotel.co.uk

AARAN HOUSE GUESTHOUSE, 2 The Esplanade, Weymouth, DT4 8EA, 01305 766 669, www.aaranhouse.co.uk

BAYVIEW HOTEL WEYMOUTH, 35 the esplanade, weymouth, DT4 8DH, 01305 782 083, www.bayview-weymouth.co.uk

CHESIL BEACH LODGE, Coast Rd, Burton Bradstock, Bridport, 01308 897 428 www.chesilbeachlodge.co.uk

GEORGE HOTEL, WEYMOUTH, 65 Dorchester Road, Weymouth, DT4 7JX, 01305 786 170, www.george-hotel-weymouth.com

HARBOUR HOUSE, 3 Belle Vue, Weymouth, DT4, 01305 787 721, www.harbourhotelweymouth.co.uk

HOTEL KINLEY, 98 The Esplanade, Weymouth, DT4 7AT, 01305 782264, www.hotelkinley.co.uk

HOTEL REMBRANDT LTD, 12-18 Dorchester Road, Weymouth, DT4 7JU, 01305 266360, www.hotelrembrandt.co.uk

HOTEL REX, 29 The Esplanade, Weymouth, DT4 8DN, 01305 760400 www.kingshotels.co.uk

KELSTON GUEST HOUSE, 1 Lennox Street, Weymouth, DT4 7HB, 01305 780 692, www.kelstonguesthouse.co.uk

MOONFLEET MANOR, Fleet Rd, Fleet, Weymouth, DT3 4ED, 01305 786948, www.moonfleetmanorhotel.co.uk

OAKLANDS EDWARDIAN GUESTHOUSE, 1 Glendinning Avenue, Weymouth, DT4 7QF, 01305 767 081, www.oaklands-guesthouse.co.uk

OLIVERS GUEST HOUSE, 12 Waterloo Place, Weymouth, DT4 7PG, 01305 786 712, www.oliversguesthouse.co.uk

PHILBEACH GUEST HOUSE - BED AND BREAKFAST, 11 Waterloo Place, Weymouth, DT4 7PD, 01305 785 344, www.philbeachguesthouse.co.uk

PREMIER INN WEYMOUTH, Hill Ln, Weymouth, DT4, 0870 197 7267, www.premierinn.com

PRINCE REGENT, 138-139 The Esplanade, Weymouth, DT4 7NR, 01305 771313, www.princeregentweymouth.co.uk

RIVERHOUSE INN, 54 Church St, Weymouth, DT3 5, 01305 812 740, www.riverhouseinn.co.uk

RUSSELL HOTEL, 135/138 The Esplanade, Weymouth, England DT4 7NG, Phone: 44 1305-767733, Web: <http://www.martynleisurebreaks.co.uk>, Email: cro@hollybushhotels.co.uk

SANDCOMBE HOTEL, 8 The Esplanade, Weymouth, DT4 8EB, 01305 786833, www.sandcombehotel.co.uk

THE BOURNEVILLE, 31-32 The Esplanade, Weymouth, DT4 8DJ, 01305 784 784, www.bournevillehotel.co.uk

THE CHANDLERS HOTEL, 4 Westerhall Road, Weymouth, 01305 771 341, www.chandlershotel.com

THE GLENBURN HOTEL, 42 Preston Rd, Weymouth, DT3, 01305 832 353, www.glenburn.uk.com

THE GROSVENOR HOTEL, Belgrave Rd, Torquay, TQ2, 01803 294 373, www.grosvenorhoteltorquay.co.uk

THE OCEAN WEYMOUTH, 15 THE ESPLANADE, WEYMOUTH, DT4 8EB, 01305 782 012, www.theoceanweymouth.co.uk

THE PEBBLES, 18 Kirtleton Avenue, Weymouth, DT4 7PT, 01305 784 331, www.thepebbles.co.uk

THE REDCLIFF, 18/19 Brunswick Terrace, Weymouth, DT4 7RW, 01305 784 682, www.redcliffweymouth.co.uk

THE ROYAL HOTEL, 90-91 The Esplanade, Weymouth, 01305 782777, www.shearings.com

THE WINDSOR HOTEL, 22 Brunswick Ter, Weymouth, DT4 7RW, 01305 786 540, www.hotel-windsor.co.uk

WILTON GUEST HOUSE, 5 Gloucester St, Weymouth, DT4, 01305 782 820, www.thewiltonguesthouse.co.uk

WIGAN

QUALITY HOTEL LANCASHIRE MANOR Prescott Road, Upholland NR WIGAN-WN8 9 PN WIGAN UNITED KINGDOM 01695 720 401 01695 509 53



WILTSHIRE

BISHOPSTROW HOUSE Warminster Wiltshire BA12 9HH WILTSHIRE UNITED KINGDOM +44 (0)1985 212312 +44 (0)1985 216769 www.slh.com/bishopst/

WINCHESTER

THE WESSEX Paternoster Row, Winchester, Hampshire SO23 9LQ WINCHESTER UNITED KINGDOM 01962 861611 01962 841503

WINDERMERE

THE OLD ENGLAND Bowness-on-Windermere, Cumbria LA23 3DF WINDERMERE UNITED KINGDOM 015394 42444 015394 43432

WINDSOR



SIR CHRISTOPHER WREN

Thames Street, Windsor, Berkshire SL4 1PX
Tel: +44 (0) 1753 442400, Fax: +44 (0) 1753 442490

wrens@sarova.co.uk

<http://www.sirchristopherwren.co.uk>



I.H.T.

THE CASTLE HOTEL High Street, Windsor, Berkshire SL4 1LJ WINDSOR
UNITED KINGDOM 01753 851011 01753 830244

WOODSTOCK

THE BEAR Park Street, Woodstock, Oxfordshire OX20 1SZ WOODSTOCK
UNITED KINGDOM 01993 811511 01993 813380

WORCESTER

THE GIFFARD HOTEL High Street, Worcester WR1 2QR WORCESTER
UNITED KINGDOM 01905 726262 01905 723458

WORTHING

ARDINGTON HOTEL, Steyne Gardens, Worthing, BN11, 01903 230 451,
www.indigorestaurant.info

BENSONS GUEST HOUSE, 143 Brighton Road, Worthing, BN11 2EU, 01903 206
623, www.bensonstheguesthouse.co.uk

BEST WESTERN BERKELEY HOTEL, Worthing, 86-95 Marine Parade,
Worthing, BN11 3QD, 01904 820 000, www.bw-berkeleyhotel.co.uk

CAVENDISH HOTEL, 115 Marine Parade, Worthing, BN11 3QG, 01903 236 767,
www.cavendishworthing.co.uk

EDWARDIAN DREAMS GUEST HOUSE, 77 manor rd, worthing, BN11 4SL,
01903 218 565, www.edwardiandreams.co.uk

HIGHDOWN HOTEL, Highdown Towers, Littlehampton Rd, Goring-by-Sea,
Worthing, BN12 6PF, 01903 700152, www.highdown-towers.com

MARINE VIEW HOTEL, 111 Marine Parade, Worthing ,01903 238630,
www.marineviewhotel.co.uk

OLINDA GUEST HOUSE, 199 Brighton Road, Worthing, BN11 2EX, 01903 206
114, www.olindaguesthouse.co.uk

THE BEACH HOTEL, Marine Parade, Worthing ,01903 234 001,
www.thebeachhotel.co.uk

THE CHATSWORTH HOTEL, 17-23 The Steyne, Worthing ,01903 236103,
www.chatsworthworthing.co.uk

THE MOORINGS HOTEL, 4 Selden Rd, Worthing ,01903 208882,
www.mooringsworthing.co.uk

TUDOR GUEST HOUSE, 5 Windsor Road, Worthing, BN11 2LU, 01903 210 265,
www.tudor-worthing.co.uk

WINDSOR HOTEL, 14-20 Windsor Rd, Worthing, BN11 2LX, 01903 239655,
www.thewindsor.co.uk

YORK

POSTHOUSE YORK Tadcaster Raod, York, North Yorkshire YO24 1QF YORK
UNITED KINGDOM 01904 707921 01904 702804

QUALITY HOTEL Lady Anne Skeldergate YORK-Y01 6DS YORKSHIRE YORK
UNITED KINGDOM 01904 611570 01904 613043

TRAVEL AGENTS



CHEL TENHAM SPA TOURIST INFORMATION CENTRE 77 The
Promenade Cheltenham Glos GL50 1PP United Kingdom , Tel: +44(0) 1242
522878 ,Fax: +44(0) 1242 255848 , info@cheltenham.gov.uk
<http://www.visitcheltenham.com>

FLIGHT CENTRE *The Airfare Experts*

BATH

FLIGHT CENTRE BATH,15 Union Passage,Bath,BA1 1RF,Tel: 0122 544 4413

BIRMINGHAM

FLIGHT CENTRE BIRMINGHAM, Colmore Row,16B Colmore Row,Birmingham
B3 2QD ,T:01212 369899 Brighton

FLIGHT CENTRE NEW STREET, BIRMINGHAM,51 New Street,Birmingham
B2 4EG,Tel: 0121 665 4051

BRIGHTON

FLIGHT CENTRE BRIGHTON,39 West Street,Brighton BN1 2RE, Tel: 0127 377
0060

FLIGHT CENTRE WESTERN ROAD, BRIGHTON,55 Western Road, Tel: 0127
331 5791

BRISTOL

FLIGHT CENTRE WHITELADIES ROAD, BRISTOL,Unit 5B,Clifton Down
Station,Whiteladies Road,Bristol BS8 2NN,Tel: 0117 923 8789

FLIGHT CENTRE BRISTOL,46 High Street,Bristol,BS1 2AZ, Tel: 0117 934 9204

FLIGHT CENTRE BROADMEAD, BRISTOL,75 Broadmead,Bristol BS1 3DX,
Tel: 0117 925 6212

FLIGHT CENTRE CLIFTON, BRISTOL,37 Queens Rd,Clifton, Bristol,BS8 1QE,
Tel: 0117 929 8560

BROMLEY

FLIGHT CENTRE BROMLEY,19 High Street,Bromley,Kent,BR1 1LG,T:020 8289
3777

CAMBRIDGE

FLIGHT CENTRE CAMBRIDGE,50 Sidney Street,Cambridge,CB2 3HX,
Tel: 0122 330 7062

CANTERBURY

FLIGHT CENTRE CANTERBURY,Unit 1,8-9 The Parade,Canterbury,CT1
2SG, T:01227 786 555

CHELMSFORD

FLIGHT CENTRE CHELMSFORD,Dukesmead House,39 High Street,
Chelmsford,Essex CM1 1DE,Tel: 0124 549 4498

CHESTER

FLIGHT CENTRE CHESTER,24 Bridge StreetChesterCH1 1NQ Tel: 0124
432 2277

CHICHESTER

FLIGHT CENTRE CHICHESTER,1 West St,Chichester,West Sussex,PO19
1QD,Tel: 0124 353 3437

CROYDON

FLIGHT CENTRE CROYDON,102 North End,Croydon,Surrey CR0 1UD,
Tel: 0208 287 8000

DURHAM

FLIGHT CENTRE DURHAM,26 Prince Bishop Shopping Centre,High Street,
Durham,DH1 3UJ ,T:0191 386 3004

EDINBURGH

FLIGHT CENTRE EDINBURGH, Forrest Road,51/53 Forrest
Road,Edinburgh, EH1 2QP, T:0131 226 6868

FLIGHT CENTRE NORTHBRIDGE, EDINBURGH,Royal Mile,40
Northbridge, Edinburgh EH1 1QN, Tel: 0131 226 7066

FLIGHT CENTRE QUEENSFERRY STREET, EDINBURGH,13
Queensferry St, Edinburgh EH2 4PG,Tel: 0131 225 3935

EAST SHEEN

FLIGHT CENTRE EAST SHEEN,367 Upper Richmond Rd West, East
Sheen,SW14 7NX,Tel: 0208 876 8400

GLASGOW

FLIGHT CENTRE BUCHANAN GALLERIES, GLASGOW,Level 3,
Buchanan Galleries,220 Buchanan St,Glasgow G1 2FF,Tel: 0141 332 9280

FLIGHT CENTRE GORDON STREET, GLASGOW,20 Gordon Street
Glasgow G1 3PU,Tel: 0141 248 3051

FLIGHT CENTRE SAUCHIEHALL STREET, GLASGOW,280
Sauchiehall St,Glasgow,G2 3EH,Tel: 0141 353 1351

FLIGHT CENTRE WEST END, GLASGOW,305 Byres Rd,Glasgow,G12
8UQ,Tel: 0141 342 4499

GLOUCESTER

FLIGHT CENTRE GLOUCESTER,20 Northgate Street,Gloucester GL1
1SE,Tel: 0145 230 9000

GUILDFORD

FLIGHT CENTRE GUILDFORD,23 Swan Lane,Guildford,Surrey,GU1 4EQ ,
T:0148 365 4412

HEMEL HEMPSTEAD

FLIGHT CENTRE HEMEL HEMPSTEAD,Unit 53,The Marlowes Ctr,Hemel
Hempstead,Herts,HP1 1DX,Tel: 0144 226 1161

HERTFORDSHIRE

FLIGHT CENTRE ST ALBANS,Unit 6,32 Chequer St,Hertfordshire, AL1
3YD,Tel: 0172 789 3993

HORSHAM

FLIGHT CENTRE HORSHAM,24 West St,Horsham,West Sussex RH12
1PB,Tel: 0140 321 8082

HOVE

FLIGHT CENTRE HOVE,29 George St,Hove,East Sussex,BN3 3YA, Tel:
0127 377 6400

KINGSTON

FLIGHT CENTRE KINGSTON,51 Fife Road,Kingston,Surrey KT1 1SF, Tel:
0208 541 5910

LEEDS

FLIGHT CENTRE LEEDS,83-83a Briggate,Leeds,LS1 6LH, Tel: 0113 243
4572

LONDON

FLIGHT CENTRE LONDON, BAKER STREET,118 Baker
St,London,W1U 6TT T:020 7486 5585

FLIGHT CENTRE BAYSWATER, LONDON,122 Queensway,London, W2
6LS,Tel: 0207 792 3400

FLIGHT CENTRE BERKELEY STREET, LONDON,24 Berkeley St,
London W1J 8EQ,Tel: 0207 493 7466

FLIGHT CENTRE LONDON, BLOOMSBURY,Unit 2,53/57 Theobalds
Road, London,WC1X 8SP,T:020 7404 0660

FLIGHT CENTRE CAMDEN, LONDON,1A Parkway,Camden,NW1 7PG,
Tel: 0207 485 1570

I.H.T.

FLIGHT CENTRE LONDON, CHISWICK,320 Chiswick High Road,London,W4 5TA ,T:020 8742 8777

FLIGHT CENTRE CLAPHAM JUNCTION, LONDON,92 St Johns Road, Clapham SW11 1PX,Tel: 0203 202 1002

FLIGHT CENTRE CLAPHAM COMMON, LONDON,6 The Pavement, Clapham,SW4 OHY,Tel: 0207 720 4281

FLIGHT CENTRE COVENT GARDEN, LONDON,12 New Row, Covent Garden,London WC2N 4LF,Tel: 0207 379 9889

FLIGHT CENTRE EALING BROADWAY, LONDON,12 New Ealing Broadway,Ealing Broadway,London,W5 2NU,Tel: 0208 840 9179

FLIGHT CENTRE EARLS COURT, LONDON,143 Earls Court Rd, London SW5 9RH,Tel: 0207 373 4417

FLIGHT CENTRE EUSTON, LONDON,Unit 5,Clifton House,93-99 Euston Rd,London NW1 2RA,Tel: 0207 387 3322

FLIGHT CENTRE FARRINGDON, LONDON,88-89 Cowcross St, London EC1M 6BP,hTel: 0207 608 1608

FLIGHT CENTRE FENCHURCH STREET, LONDON,50a Fenchurch St London EC3M 3JY,Tel: 0207 929 3344

FLIGHT CENTRE LONDON, FULHAM,405 North End Road,Fulham,London, SW6 1NS,T:020 7385 8889

FLIGHT CENTRE GOODGE STREET, LONDON,64 Goodge Street, London W1T 1FP,Tel: 0207 916 0600

FLIGHT CENTRE HAMMERSMITH, LONDON,108 King Street London, Hammermith W6 0QP,Tel: 0208 741 0004

FLIGHT CENTRE HAMPSTEAD, LONDON,70 Hampstead High Str London,NW3 1QP,Tel: 0207 431 8625

FLIGHT CENTRE LONDON, HOLBORN,75-80 High Holborn,London, WC1V 6LS,T:0207 841 1571

FLIGHT CENTRE ISLINGTON,244 Upper Street,Islington N1 1RU,Tel: 0207 359 3581

FLIGHT CENTRE LONDON, KENSINGTON HIGH STREET,198-200 Kensington High Street,London,W8 7RG, T:020 7361 1801

FLIGHT CENTRE LONDON BRIDGE,Unit 7,Hays Galleria,London SE1 2HD, Tel: 0207 403 0544

FLIGHT CENTRE MAYFAIR, LONDON,56 Duke St,London W1K 6JA,Tel: 0207 491 9709

FLIGHT CENTRE OXFORD STREET, LONDON,159 Oxford Street,London,W1D 2JL,Tel: 0207 436 1942

FLIGHT CENTRE PADDINGTON, LONDON,4B Praed Street, London W2 1JX, Tel: 0207 258 7595

FLIGHT CENTRE PUTNEY, LONDON,135 Putney High Street, London SW15 1SU,Tel: 0208 780 9411,

FLIGHT CENTRE REGENT STREET, LONDON,5 Regent Street, London SW1Y 4LR,Tel: 0207 925 1114

FLIGHT CENTRE SHAFESBURY AVENUE, LONDON,216 Shaftsbury Avenue,London,WC2H 8EB,Tel: 0207 240 9608

FLIGHT CENTRE SOHO, LONDON,54 Brewer St,London W1F 9TH, Tel: 0207 434 1919

FLIGHT CENTRE SOUTH KENSINGTON, LONDON,9 Old Brompton Road, London SW7 3HZ,Tel: 0207 581 6514

FLIGHT CENTRE THAYER STREET, LONDON,8 Thayer Street, London W1M 1AY,Tel: 0207 935 6669

FLIGHT CENTRE THE STRAND, LONDON, Unit 1,138 - 142 Strand Bridge House,London,WC2R 1HH,Tel: 0207 240 5938

FLIGHT CENTRE TRAFALGAR SQUARE, LONDON,Unit B,Wiliam IV Street,London,WC2N 4JNK,Tel: 0207 925 2843

FLIGHT CENTRE VICTORIA, LONDON,63 Buckingham Gate, Victoria,London, SW1E 6AS,Tel: 0207 799 7470

FLIGHT CENTRE WANDSWORTH, LONDON,Wandsworth Unit 111, Southside Shopping Center Wandsworth London,SW18 4TF, Tel: 0208 871 4163

FLIGHT CENTRE WIMBLEDON, LONDON,13 The Broadway,Wimbledon, London,SW19 1PS,Tel: 0208 296 8181

MANCHESTER

FLIGHT CENTRE DEANSGATE, MANCHESTER,10 -12 St,Marys Gate, Manchester M1 1PX,Tel: 0161 220 1932

FLIGHT CENTRE OXFORD ROAD, MANCHESTER,149/153 Oxford Road,Manchester,M1 7EE,Tel: 0161 275 9227

FLIGHT CENTRE PICCADILLY, MANCHESTER,Unit 4B,Mosley Street, Manchester M1 4AH,Tel: 0161 228 2900

NEW MALDEN

FLIGHT CENTRE NEW MALDEN,117 High Street,New Malden,KT3 4BP, Tel: 0208 942 9003

OXFORD

FLIGHT CENTRE OXFORD,9 - 10 Queen street,Oxford,Oxfordshire OX1 1EJ,Tel: 0186 526 3091

READING

FLIGHT CENTRE READING,27 Queen Victoria St, Reading Berkshire,RG1 1SY, Tel: 0118 939 4396

RICHMOND

FLIGHT CENTRE RICHMOND,38 Quadrant,Richmond,Surrey TW9 1DN, Tel: 0208 948 4333

ROMFORD

FLIGHT CENTRE ROMFORD,Unit 5, Laurie Walk,Liberty Shopping Centre,Romford,Essex RM1 3RT,Tel: 0170 873 9990

SURBITON

FLIGHT CENTRE SURBITON,74 Victoria Road,Surbiton,Surrey KT6 4NR, Tel: 0208 390 9997

SUTTON

FLIGHT CENTRE SUTTON,Unit K3,St Nicholas Shopping Ctre,Sutton, Surrey SM1 1AY,Tel: 0208 288 1022

TUNBRIDGE WELLS

FLIGHT CENTRE TUNBRIDGE WELLS,10a Camden Road,Tunbridge Wells,Kent TN1 2PT,Tel: 0189 253 0030

UXBRIDGE

FLIGHT CENTRE UXBRIDGE,The Chimes Shopping Ctr,182 High St,Uxbridge, Middlesex UB8 1LA,Tel: 0189 525 2212

WATFORD

FLIGHT CENTRE WATFORD,116 High St,Watford,Hertfordshire WD17 2BJ, Tel: 0192 381 8138

WINDSOR

FLIGHT CENTRE WINDSOR,39 Peascod Street,Windsor,Berkshire, SL4 1EA, Tel: 0175 384 2506

WOKING

FLIGHT CENTRE WOKING,21B, Middle Concourse,Peacocks Shopping Centre,Woking,Surrey GU21 6GB,Tel: 0148 376 0333

CRUISES AND SHIPPING LINES

BRIGHTON

ISLAND CRUISES , Olivier House, 18 Marine Road, Brighton, BN2 1TL UK, Reservations: 08707 500414 (UK) , Website: www.islandcruises.com

BROMLEY

AFRICAN SAFARI CLUB LTD, Imperial House, Bromley, Kent , BR1 1SD United Kingdom, Tel – 084-5345 0014, Fax – 020- 8466 0020 , Email - info@aficansafariclub.com

DOVER

LCT DOVER / LD LINES, Glasdon Unit, East Camber, Eastern Dock, Port of Dover, Kent, CT16 1JA, T; 44 (0) 844 576 8836 , Fax : +44 (0)1235 84 56 08, <http://www.ldlines.co.uk>

HARBOUR SHIPPING, East Camber Office Building, Eastern Docks, Dover, Kent, CT16 1JA, 01304 211919, <http://www.harbourshipping.co.uk>

NORFOLK LINE SHIPPING BV, Eastern Docks, Dover ,01304 218400, www.norfolklinefreight.com

P&O FERRIES, Channel House, Channel View Road, Dover, CT17 9TJ, UNITED KINGDOM, UK: 08716 645 645, <http://www.poferries.com>

FOLKESTONE

SAGA HOLIDAYS & CRUISES LTD, Freepost, Folkestone, Kent, CT20 3SE United Kingdom, Tel: 0800 056-5880, Fax: 040-3001-4601, Website: www.saga.co.uk , www.sagacruises.com

IPSWICH

FRED OLSEN HOUSE, White House Road, Ipswich, Suffolk 1p1 5LL, England, Tel: + 1473 292200, Websites: www.fredolsencruises.co.uk , www.fredolsencaribbean.co.uk

LONDON

CITY CRUISES PLC, Cherry Garden Pier, Cherry Garden Street, London SE16 4TU England , Tel:+44 (0)20 77 400 400, Fax:+44 (0)20 77 400 495, info@citycruises.com , <http://www.citycruises.com>

DISCOVERY CRUISES UK LTD, 15 Young Street , Kensington,London, England W85 5EH, Tel: +44 7795 4900, Fax: +44 207 7795 4910, Email: info@discoverycruisesuk.com , www.discoveryworldcruises.com

EPIROTIKI LINES Wesstmorland House, 127-131 Regent Street, London Wir 7ha, Tel: 01734 0805/6, Telex: 27751

NORWEGIAN CRUISE LINE, 1 Derry Street, Kensington, London W8 577, Tel: 0845-658-8010 (Res.), Website: www.uk.ncl.com

PAGE & MOY LIMITED, Freepost 136-140 London Road, Leicester, LE2 225Princess Cruises, Ms Island Princess, Great Britain, Tel: +44 1440214, Fax: +44 1440214

ROYAL OLYMPIC CRUISES, Triumph house, suite 403/404, 189 Regent Street, London W1B 4JX, Tel: 020 7734 1487, Fax: 020 7434 1180, E-mail: Vichovlett@royalolympic.fsnet.co.uk

SILVERSEA CRUISES, 77/79 Great Eastern Street, London, UK EC2A 3HU, Tel: 44-(0)-870-333-7050 (Inquiries), 44.870-333-7030 (Reservations), Fax: 44 870-333-7060, Email: info@silverseacruises.com , www.silversea.com

THOMSON CRUISE , Greater London House, Hampstead Road, London NW1 7SD, England, Fax: 1-203-655-6623, Website: www.thomson-holidays.com

VIKING RIVER CRUISES UK LIMITED ,Nelsons House,83 Wimbledon Park Side ,London,SW19 5LP,United Kingdom,T:020 8780 7998 ,
neil.barclay@vikingrivercruises.com , <http://www.vikingrivercruises.co.uk>

PLYMOUTH

BRITTANY FERRIES, Millbay Plymouth Devon PL1 3EW 0871 244 1401,
<http://www.brittany-ferries.co.uk>

POOLE

BRITTANY FERRIES, Poole New Harbour Rd Poole Dorset BH15 4AJ 0871 244 1403, <http://www.brittany-ferries.co.uk>

CONDOR FERRIES LTD, Condor House, New Harbour Rd South, Hamworthy, Poole, BH15 4AJ , reservations@condorferries.co.uk ,
<http://www.condorferries.co.uk>

PORTSMOUTH

BRITTANY FERRIES, Wharf Rd Portsmouth Hants PO2 8RU 0871 244 1402,
<http://www.brittany-ferries.co.uk>

LD LINES PORTSMOUTH, Continental Ferry Port, Wharf Road, Portsmouth PO2 8QW, T; 44 (0) 844 576 8836 , Fax : +44 (0)1235 84 56 08, <http://www.ldlines.co.uk>

WIGHTLINK LTD, Gunwharf Road, Portsmouth, PO1 2LA, 0871 376 1000 ,
www.wightlink.co.uk

SOUTHAMPTON

CUNARD LINE LTD, Mountbatten House , Grosvenor Square, Southampton SO15 2BF, England, Fax (011-44-0238) 022-5843, Website: www.cunard.com

OCEAN VILLAGE HOLIDAYS , Richmond Terrace, Southampton,SO14 3PN, UK, Reservations: 0845 358 5000, Tel: 44-23-8053-4200, Fax: 44-23-8053-4682, website: www.oceanvillageholidays.co.uk

P&O CRUISES PLC , UK Home Office, Richmond House, Terminus Terrace, Southampton, SO14 3PN UK , Reservations: 0845 3 555 333:, Fax: 023 8065-7030, Websites: www.pocruises.com

RADISSON SEVEN SEAS CRUISES UK LTD, Suite 3 & 4 Canute Chambers, Canute Road Southampton SO14 3AB, Tel: 44 23 80 682280, Fax: 44 23 80 831950, Email: cruise@rssc.co.uk , Website: <http://www.rssc.co.uk>

TEIGNMOUTH

PIKE WARD LTD , Old Quay, Teignmouth, Devon , TQ14 8EU, Tel: +44 (0)1626 772311, Fax: +44 (0)1626 770218, Email: agency@pikeward.co.uk ,
<http://www.pikeward.co.uk>

WEYMOUTH

CONDOR FERRIES WEYMOUTH, The Quay, Weymouth, Dorset, DT4 8DX, Telephone 01305 763003 , <http://www.condorferries.co.uk>



3 Million Facts are listed on our Website





LONDON EYE

LONDON EYE – RIVER CRUISE

Departing conveniently from the pier at the London Eye, a 40 minute circular cruise includes live commentary and a souvenir guide map. Suitable in all weather as the boat has both covered and sun deck seating. Both decks are accessible for wheelchair users.

Tel: +44 (0) 870 5000 600

Web site: www.londoneye.com



AIRLINES/HELICOPTERS/AIRPORT

BIRMINGHAM

BIRMINGHAM INTERNATIONAL AIRPORT LTD, Birmingham ,B26 3QJ , +44 (0)844 576 6000 , <http://www.birminghamairport.co.uk>

BLACKPOOL

BLACKPOOL INTERNATIONAL, Squires Gate Lane, Blackpool, FY4 2QY, Call: 0844 482 7171, Email info@blackpoolairport.com , <http://www.blackpoolinternational.com>

BOURNEMOUTH

BOURNEMOUTH AIRPORT, Christchurch, Dorset, BH23 6SE, Tel: 01202 364 000, <http://www.bournemouthairport.com>

BRISTOL

BRISTOL AIRPORT, Bristol ,BS48 3DY, T: 0871 334 4444 enquiries@bristolairport.com , <http://www.bristolairport.co.uk>

LEEDS

LEEDS BRADFORD INTERNATIONAL AIRPORT , Leeds, LS19 7TU, 0871 288 2288, customerservices@lbia.co.uk <http://www.leedsbradfordairport.co.uk>

LIVERPOOL

LIVERPOOL JOHN LENNON AIRPORT, Liverpool, L24 1YD, <http://www.liverpoolairport.com>

LONDON

GATWICK AIRPORT, West Sussex, RH6 0NP, Tel: +44 (0)844 335 1802, <http://www.gatwickairport.com>

HEATHROW AIRPORT LIMITED, THE COMPASS CENTRE Nelson Road, Hounslow, Middlesex, +44 (0)844 335 1801, <http://www.heathrowairport.com>

LONDON LUTON AIRPORT, Navigation House, Airport Way, Luton, Bedfordshire, LU2 9LY, <http://www.london-luton.co.uk>

STANSTED AIRPORT LIMITED, Enterprise House, Bassingbourn Road, Essex, United Kingdom, CM24 1QW, Tel: +44 (0)844 335 1803, <http://www.stanstedairport.com>

THE LONDON HELIPORT LTD , 90 Fetter Lane , London, EC4A 1PT, Tel: +44 (0)207 228 0181, Fax: +44 (0)207 738 1077, <http://www.londonheliport.co.uk>

MANCHESTER

MANCHESTER AIRPORT, Manchester, M90 1QX, Tel: +44 (0) 8712 710 711, Fax: +44 (0) 161 489 3813, <http://www.manchesterairport.co.uk>

NEWCASTLE

NEWCASTLE INTERNATIONAL AIRPORT, Woolsington, Newcastle upon Tyne, NE13 8BZ, 0871 882 1121, <http://www.newcastleairport.com>

NORWICH

NORWICH INTERNATIONAL AIRPORT, Amsterdam Way, Norwich, NR6 6JA, T: 01603 411923, F: 01603 487523 , info.desk@norwichinternational.com , <http://www.norwichairport.co.uk>

OXFORD

OXFORD AIRPORT , T: +44 (0)1865 290 600 / 710, info@londonoxfordairport.com : <http://www.oxfordairport.co.uk>

PLYMOUTH

PLYMOUTH CITY AIRPORT, Crownhill, Plymouth, PL6 8BW ,01752 204090 ,01752 515341 , <http://www.plymouthairport.com>

SILVERSTONE

FLY SILVERSTONE HELICOPTER SHUTTLE FLIGHTS, www.flysilverstone.co.uk

SOUTHAMPTON

SOUTHAMPTON AIRPORT, SO18 2NL, Tel: +44 (0)844 481 7777, <http://www.southamptonairport.com>

WOLVERHAMPTON

WOLVERHAMPTON AIRPORT LTD, Bobbington, Stourbridge, West Midlands, DY7 5DY, Tel 01384 221 350, Fax 01384 221 328, <http://www.wolverhamptonairport.co.uk>

	32 Brook Street, London W1Y 1AG United Kingdom Reservations Tel: 02078786300 Fax: 02076294068 Ticketing Tel: 02078786400 Account Tel: 02078786444 Tel 02078786333 Fax 02076294069
--	--

AIR 2000, Commonwealth House Chicago Avenue Manchester Airport M90 3DP Tel: 0044 161 489 0321 Fax: 0044 161 908 2288 Web site: air2000.com Main operational base: Manchester

BMI BRITISH MIDLAND, Donnington Hall Castle Donnington Derby, DE74 2SB Tel: 0044 1332 85 40 00 Fax: 0044 1332 85 46 62 Web site: www.flybmi.com Main operational base: East Midlands Airport

BRITISH AIRWAYS, Waterside PO Box 365 Harmondsworth, UB7 0GB Tel: 0044 208 875 95 51 (Local 08457 79 99 77) Fax: 0044 208 562 99 30 Web site: www.britishairways.com Main operational base: Heathrow + Gatwick

BRITISH MEDITERRANEAN AIRWAYS, Cirrus House, Bedford Road London Heathrow Airport Staines, TW19 7NL Tel: 0044 (0) 1784 26 63 00 Fax: 0044 (0) 1784 26 63 54 Web site: www.britishmediterranean.com Main operational base: London Heathrow

EASYJET, easyland London Luton Airport Luton, LU2 9LS Tel: 0044 1582 600 00 00 Fax: 0044 1582 44 33 55 Web site: www.easyjet.com

FLYBE, Exeter International Airport Exeter, EX5 2BD Tel: 0044 1392 36 66 99 Fax: 044 1392 36 61 51 Web site: www.flybe.com Main operational base: Exeter

GB AIRWAYS, The Beehive Gatwick Airport West Sussex, RH6 0LA Tel: 0044 1293 66 4239 Fax: 0044 1293 66 42 18 Web site: www.gbairways.com Main operational base: London – Gatwick

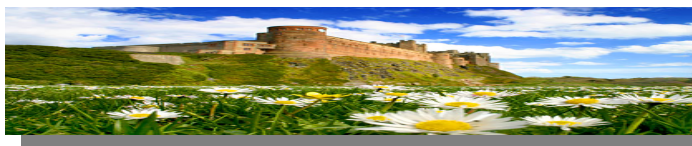
KLM UK, Endeavour House Stanstead Airport Essex CM24 1RS Tel: 0044 1279 66 04 00 Fax: 0044 1279 66 03 30 Main operational base: Stanstead

LONDON CITY AIRPORT, Customer Services, +44 (0) 20 7646 0000/88 or +44 (0)20 3203 2000/88, London City Airport, Royal Docks, London, E16 2PX , info@londoncityairport.com

MONARCH AIRLINES LTD, Prospect House, Prospect way London Luton Airport Beds, LU2 9NU Tel: 0044 1582 40 00 00 Fax: 0044 1582 41 10 00 Web site: www.flymonarch.com Main operational base: Luton

THOMAS COOK, Commonwealth House Chicago Avenue Manchester Airport M90
3FL Tel: 0044 161 489 57 57 Fax: 0044 161 489 57 58 Web site:
www.thomascook.info Main operational base: Manchester

VIRGIN ATLANTIC AIRWAYS, The Office Crawley Business Quarters Manor
Royal Crawley, RH10 9NU Tel: 0044 1293 56 23 45 Fax: 0044 1293 56 17 21
www.virgin-atlantic.com



RESTAURANTS & BARS

BIRMINGHAM

MECHU BAR & GRILL, 59 Summer Row B3 1JJ, Tel: 0121 212 1661 web:
www.mechu.co.uk

LONDON

AVANA



Malaysian Restaurant Avana

85 Sloane Avenue, Chelsea, SW3 3DX, LONDON

Tel: +44 020 7584 8880, Fax: +44 020 7584 6188

info@awana.co.uk, <http://www.awana.co.uk>

Underground: South Kensington/Sloane Square

6 ST. CHAD'S PLACE CAFE, RESTAURANT + BAR, 6 St Chad's Pl,
Camden Town, Greater London WC1X 9, info@6stchadsplace.com,
www.6stchadsplace.com

28°-50° MARYLEBONE LANE, 15-17 Marylebone Lane, London, W1U 2NE, 020
7486 7922, wine workshop, marylebone@2850.co.uk, <https://www.2850.co.uk>

ABENO, 47 Museum Street London, Greater London WC1A 1LY, T: 020 7405 3211,
japan cuisine, reservations@abeno.co.uk, <http://www.abeno.co.uk>

ADIVA, 43A Commercial Street, London, E1 6BD, T: 0207 247 7181, Lebanese and
Turkish cuisines, info@adivarestaurant.com, www.adivarestaurant.com

AFTER NOAH, 121 Upper Street, Islington, London N1 1QP, 020 7359 4281,
furniture, furniment, toys, shop@afternoah.com, www.afternoah.com

ALBA RESTAURANT, 107 Whitecross Street, London, EC1Y 8JH, Tel: 020 7588
1798, modern Italian cuisine, info@albarestaurant.com,
<http://www.albarestaurant.com>

ALBERTINI CAFÉ, 20, Chalton Street, NW1 1JH, London, United Kingdom,
albertinild@yahoo.co.uk, <http://www.albertinicafe.com>

ALL BAR ONE, 42 Mackenzie Walk, Canary Wharf, London, E14 5EH, Tel: 0207 516
0191, <http://www.allbarone.co.uk>

ALMEIDA RESTAURANT AND BAR, 30 Almeida Street, London, T: 02073544777
N1 1AD, **FRENCH CUISINE**, almeida-reservations@danddlondon.com,
<http://www.almeida-restaurant.co.uk>

AMERIGO VESPUCCI CANARY WHARF, Mackenzie Walk 25 Cabot Square,
London E14 4QA, T: 020 7513 0288, Italian Cuisine, info@amerigovespucci.co.uk,
www.amerigovespucci.co.uk

AMIGOS, 171 Holloway Road, London, N7 8LX, 02077007111,
INFO@AMIGOS.CO.UK, <http://www.amigos.co.uk>

ANDY'S TAVERNA, 81-81A, Bayham Sreet, NW1 0AG, Tel: 020 7485 9718, Web
site: www.andystaverna.com (Greek Restaurant)

ANGEL KITCHEN, Coffee & Tea, Angel Building 407 St. John Street Ec1v 4ad,
London EC1V 4AB England, info@goodeatingcompany.com,
<https://www.goodeatingcompany.com>

ANGELES SICHUAN RESTAURANT, 405 Kilburn High Road, London, NW6 7QL,
T: 020 7625 8686 ,F: 020 7328 3255, Chinese Cuisine ,
danny@angelessichuan.com, <http://www.angelessichuan.com>

ANGUS STEAKHOUSE, 50 Leicester square, WC2H 7LU, T: +44 (0) 20 7839 9269,
leicester@angussteakhouse.co.uk, <http://www.angussteakhouse.co.uk>

ANTONIO'S, 137 Upper Street, Islington, London, N1 1QP, T: 020 7226 8994,
F: 020 7226 8747, Italian food, info@antoniosristorante.co.uk,
<http://www.antoniosristorante.co.uk>

APOSTROPHE CAFÉ, 19 Baker Street, London, W1U 8EQ, T: 020 7486
7888, info@apostropheuk.com, <http://apostropheuk.com>

BACCO RESTAURANT & WINE BAR, ITALIEN CUISINE, 25-26 Red Lion
Street, Holborn, London, WC1R 4PS, Tel: 020 7242 7900,
<http://www.baccolondon.co.uk>

BANANATREE, Angel 412-416 St John St EC1V 4NJ ,T:020 7278 7565,
indochinakitchen, islington@banana-tree.co.uk, <http://www.bananatree.co.uk>

BAR ROOM BAR, The Junction, 2a Corsica Street, Highbury, London, N5 1JJ,
T: 0207 2261 026, junction@bpubsLtd.co.uk,
<http://www.barroombar.com/getintouch>

BARACCA RESTAURANT, 2C Cherry Tree Walk City of London , EC1Y
8NX, T: 020 7588 0710

BARCELONA TAPAS BAR Y RESTAURANTE, 481 Lordship Lane,
Dulwich, London SE22 8JY, info@barcelona-tapas.com,
<http://www.barcelona-tapas.com>

BARRIO, 45 Essex Road, Islington, London, N1 2SF, P: 020 7749 3940,
shout@barriobars.com, <https://www.barriobars.com/angel>

BECK'S CAFÉ, 28 Red Lion Street Camden Town, London, UK WC1R 4, 020
7405 8565

BELLA ITALIA, 163 Eversholt Street London NW1 1BU, tel: 02071216420,
<https://www.bellaitalia.co.uk>

BIBIMBACAFE, 37 Museum Street, London, WC1A 1LP, Tel: 020 7404 8880,
<http://www.bibimbabacafe.com>

BINCHO, 55 Exmouth Market, Clerkenwell, London EC1R 4QL ,T: 0207 837
0009, miki@bincho.co.uk, <http://www.bincho.co.uk>

BISTROT BRUNO LOUBET, St John's Square, 86-88 Clerkenwell Road,
London EC1M 5RJ, +44 (0)20 7324 4455, French Restaurant ,
eat@bistrotbrunoloubet.com, <http://www.bistrotbrunoloubet.com>

BOLLYWOODNITES, 10 Penton Street ,Pentonville ,N1 9PS ,London ,
Indian food, Tel : 0207 2783838 , info@bollywoodnites.co.uk,
<http://www.bollywoodnites.co.uk>

BON APPETIT CAFE & SNACK BAR, 130 St. John Street, City of London,
0871 971 7759, T: 02076081637

BRONDES AGE, 328 Kilburn High Road, London NW6 2QN, Tel: +44 (0)20
7604 3887, manager@brondesage.com, <http://www.brondesage.com>

BROWN SUGAR, 146 High Holborn, London, WC1V 6PJ, Tel: 0207 405 0675,
Thai dishes , mail@brownsugarbar.co.uk, <http://www.brownsugarbar.co.uk>

BUNDHU KHAN RESTAURANT, 43 Commercial Street, London E1 6BD,
Telephone: 020 7375 2595, Fax: 020 7375 2494, **PAKISTANI CUISINE**,
info@bundukhan.com, <http://www.bundukhan.com>

BUSABA EATHAI, 22 Store Street, WC1E 7DS, Tel: 020 7299 7900

C & R RESTAURANT (BAYSWATER), 52 Westbourne Grove, London, W2
5SH, Tel: 020 7221 7979, Malaysian Cuisine, info@cnrestaurant.co.uk,
<http://cnrestaurant.co.uk/bayswater>

CAFÉ JAPAN, 626 Finchley Road, NW11 7RR, Tel: 020 8455 6854, Web site:
www.cafejapan.co.uk

CAFÉ KICK, 43 Exmouth Market, Clerkenwell, London EC1R 4QL, T/F: 020 7837
8077, admin@cafekick.co.uk, <http://www.cafekick.co.uk>

CAFÉ PASTA, 184 Shaftesbury Avenue, London, WC2H 8JB ,T: 020 7379
0198, F: 020 7379 4911, shaftesbury@cafepasta.co.uk,
<http://www.cafepasta.co.uk>

CAFÉ ROUGE CANARY WHARF, 29-35 Mackenzie Walk, Canary Wharf,
London, E14 4PH, T: 020 75379696, classic French dishes,
<http://www.caferouge.co.uk>

CAFÉ SAFFRON, 17B Aylesbury Street, London, Greater London, EC1R 0DR,
020 72531714, <http://cafesaffronlondon.co.uk>

CAFÉ TEO, 54 Baker St London W1U 7BU, T: 020 7486 6780

CANTINA LAREDO, 10 Upper St Martin's Lane, London, WC2H 9FB,
T: +44(0)20 7420 0630, Mexican cuisine , info@cantinallaredo.co.uk,
<http://www.cantinallaredo.co.uk>

CAVIAR HOUSE & PRUNIER PICCADILLY, 161 Saint James Street, W1V
9DF London, Phone: +44 (0)207 408 2900, Fax: +44 (0)207 499 6865,
info@caviarhouse-prunier.com, <http://www.caviarhouse-prunier.com>

CHINA GARDEN, 5-6 New College Parade, Finchley Road, London, NW3
5EP, T: 020 7722 9552, Fax: 020 7722 3302, Chinese Cuisine,
info@londonchinagarden.co.uk, <http://www.londonchinagarden.co.uk>

CHEERS, 72 Regent St, W1, Tel: 020 7494 3322, Web site:
www.cheersbarlondon.com

CHIPOTLE, 114-116 Charing Cross Rd. London, UK WC2H 0JR
P: 0207836.8491 ,F: 0207836.8468 ,mexican grill, summer@chipotle.com,
<http://www.chipotle.com>

CHOMPOO, Thai Cuisine Holloway, 155 Holloway Road, Holloway, N7 8LX,
Phone: 02076 970 194, chompoothai@gmail.com,
<http://www.chompoothai.co.uk>

CHOWKI, 2-3 Denman Street, W1, Tel: 020 7439 1330, Web site:
www.chowki.com

CHUTNEY MARY, 535 King's Road, SW10 0SZ, Tel: 020 7351 3113, (Asian
Restaurant)

CIAO BELLA ,86-90 Lamb's Conduit St,Bloomsbury, WC1N 3LZ,Tel: +44 (0) 20 7242 4119 ,ITALIAN CUISINE, <http://www.ciaobellarestaurant.co.uk>
CIAO CUBA PIZZA RESTAURANT & CAFÉ BAR,334 Kilburn High Road, London NW6 2QN,T:: 020 762 59455,Italian Cuisine, <http://www.ciaociopizzarestaurant.com>

CICADA,132 - 136 St. John Street, London,EC1V 4JT,T:+44 20 7608 1550 , Fax:+44 20 7608 1551 , [cicada@rickerrrestaurants.com](http://www.cicada@rickerrrestaurants.com) , <http://www.rickerrestaurants.com/cicada>

CIGALA RESTAURANT,54 Lamb's Conduit Street,London WC1N 3LW, Tel: 0207 405 1717, info@cigala.co.uk , <http://www.cigala.co.uk>

COFFEE UNI-N,Cafe British Vegetarian Friendly,201 King's Cross Road, London WC1X 9DB England,T:+44 20 7833 9308, <http://coffeeginilondon.cafecityguide.website>

CONSTOLIA,205 - 207 Holloway Road, Islington, London,N7 8DL,T: 0203 583 3121, turkish cuisine, info@constolia.com , <http://www.constolia.com>

CÔTE - ISLINGTON,4-6 Islington Green,London,N1 2XA,020 7354 4666, islington@cote-restaurants.co.uk , <http://www.cote-restaurants.co.uk>

COTTONS , 55 Chalk Farm Road, NW1 8FN, Tel: 020 7485 8388, Web site: www.cottons-restaurant.co.uk (Caribbean London)

COTTONS CARIBBEAN RESTAURANT,70 Exmouth Market,London, EC1R 4QP,020 7833 3332, enquiries@cottons.tv , <http://www.restaurant-islington.co.uk>

CUBA LIBRE ,72 Upper Street ,Islington,London,N1 0NY,Cuban restaurant, T:020 7354 9998, info@cubalibreondon.co.uk , <http://www.cubalibreondon.co.uk>

CURRY XPRESS,333a Caledonian Road ,London,Middlesex,N1 1DW , P:02076074496,indian cuisine, <http://curryxpressonline.com>

DESPERADOS,MEXICAN KITCHEN,127 UPPER STREET,ISLINGTON,LONDON N1 1QP,TEL: 0207 2263222, info@desperadosangel.co.uk , <http://www.desperadosangel.co.uk>

DIRTY DICKS , 202 Bishopsgate, City Of London, Ec2m 4nr,Tel: 020 7283 5888 , Dirtydicks@Youngs.Co.Uk , <http://www.dirtydicks.co.uk>

DOLLAR GRILLS & MARTINIS , 2 Exmouth Market London,EC1R 4PX., tel: 020 7278 0077 , info@dollargrillsandmartinis.com , <http://www.dollargrills.com>

DRUNCH,020 7722 5081, 1 Woodstock St, Mayfair, London W1C 2AA, United Kingdom,info@drunch.co.uk , <http://drunch.co.uk>

EIGHT MOORGATE,London, EC2A 2BX,moorgate@eightclub.co.uk , <https://www.eightclub.co.uk/bank>

EL RINCON QUITENO,235 Holloway Road N7 8HG,Holloway, Ecuadorian-Bolivian cuisine, <http://www.elrinconquiteno.co.uk>

ERIKI, INDIAN RESTAURANT,4-6 Northways Parade,Northways Parade, Finchley Road ,Swiss Cottage ,London ,NW3 5EN,Indian Cousin,P:020 7722 0606 ,F:020 7722 8866, sat@eriki.co.uk , <http://www.eriki.co.uk>

FAIT MAISON,50 Gloucester Road,London, SW7 4QT,T: 020 7998 0071, French Mediterranean, homemade , info@fait-maison.co.uk , <http://www.fait-maison.co.uk>

FAMOUS COCK TAVERN,259 Upper Street ,Islington ,N1 1RU ,T:0207 2264627, famouscocktavern.islington@partyatthepub.co.uk , <http://www.partyatthepub.co.uk>

FANARI , 62 Alderman's Hill, N13 4PP, Tel: 020 882 8085, Ewb site: www.fanarirestaurant.co.uk

FATOUSH ,Lebanese Restaurant,183 Edgware Road,Paddington, London, 020 7706 0725

FAUCET INN LIMITED , Union, 88-90 George Street, London W1U 8PA, headoffice@faucetinn.com ,0207 486 5175, <http://www.faucetinn.com>

FENG SUSHI BOROUGH MARKET,13 Stoney Street,Borough Market, London,SE1 9AD, T:020 7407 8744, feedback@fengsushi.co.uk , <http://www.fengsushi.co.uk>

FIG & OLIVE , 151 Upper Street, London N1 1RA, United Kingdom , tel: (00) (0) 20 7354 2605, fax: (00) (0) 20 7704 9009, **MODERN EUROPEAN DISHES** , e-mail: fig@live.co.uk , <http://figolive.co.uk>

FILTHY MCNASTY'S , 68 Amwell Street, EC1 1UU, Tel: 020 7837 6067(Irish bar)

FISH CENTRAL,149-155 Central Street, King Square, London, EC1V 8AP, reservations@fishcentral.co.uk , <http://www.fishcentral.co.uk>

FREDERICK'S,Camden Passage, Islington, London, N1 8EG,T:020 7359 2888 , dine@fredericks.co.uk , <http://fredericks.co.uk>

FORGE,t:0330 094 9251,central.sales@stonegatepubs.com , <https://www.forgedinlondon.com/london>

GALLIPOLI BAZAAR,107 Upper St, London, N1 1QP, United Kingdom , 020 7226 53 33,Turkish and Lebanese cuisines, info@cafegallipoli.com , <http://www.cafegallipoli.com/bazaar>

GALLIPOLI BISTRO,102 Upper St, London, N1 1QP, United Kingdom, 020 7359 06 30,Turkish and Lebanese cuisines, info@cafegallipoli.com , <http://www.cafegallipoli.com/bistro>

GAUCHO BROADGATE,5 Finsbury Avenue,London EC2M 2PG,T 020 7256 6877, F 020 7256 5410 , events.broadgate@gauchorestaurants.com , <http://www.gauchorestaurants.co.uk>

GAUCHO GRILL , 19 Swallow Street, W1, Tel: 020 7734 4040, Web site: www.gauchogrill.com

GAUCHO SMITHFIELD,93A Charterhouse Street,London EC1M 6HL, T: 020 7490 1676,F: 020 7336 8780 ,Argentine flavor, smithfield@gauchorestaurants.com , <http://www.gauchorestaurants.com>

GEM RESTAURANT,265 Upper Street, Islington, London N1 2UQ,T: 020 7359 0405,traditional and modern Turkish and Kurdish food, mail@gemrestaurant.org.uk , <http://www.gemrestaurant.org.uk>

GERRARD'S CORNER,30 Wardour Street,London W1D 6QW, Tel: 020 7287 1878,Fax: 020 7734 4426,Chinese Cuisine, info@gerrardscorner.co.uk , <http://www.gerrardscorner.co.uk>

GIOVANNI'S 19, Museum Street ,London ,WC1A 1JN, t:+44 (0) 20 7436 2021

GIRAFFE , Churchill House, 137 Brent Street,London,NW4 4DJ,44 (0)20 8457 2776, Fax number+44 (0)20 8457 2775, smiles@giraffe.net , <http://www.giraffe.net>

GORING , Beeston Place, SW1, Tel: 020 7396 9000, Web site: www.goringhotel.co.uk

GOSWELL ROAD COFFEE ,154 Goswell Road, London EC1V 7DX, 020 7336 6538

GOURMET PIZZA COMPANY,18-20 Cabot Square, Canary Wharf, London E14 4PH,T:020 7345 9192, feedback@gourmetpizzacompany.co.uk

GREENLEAF,Cantonese and Chinese cuisine , 48 Red Lion Street, Holborn, London, WC1R 4PF,T: 020 7242 1515, eat@greenleafkitchen.co.uk , <http://www.greenleafkitchen.co.uk>

GREIG,S , 26 Bruton Place, London W1, Tel; +44 020 7629 5613, Web site: www.greigs.com , Underground: Green Park

GRIGLIA , 11-13 Theberton St, London N1 0QY, **ITALIAN CUISINE**, 020 7226 9400, griglia@hotmail.co.uk

GUFAA,Indian cuisine ,39, Upper Street, Islington,London N1 OPN,Tel: 020 7354 5465, info@gufaa.com , <http://www.gufaa.com>

HAKUBA,111a Great Russell Street,London WC1B 3NQ,T:020 7300 3250, modern japanese cuisine, welcome@hakubalondon.com , <http://www.hakubarestaurant.com>

HISPANIA LONDON,72-74 Lombard Street,EC3V 9AY,T:+44 207 621 0338, events@hispanialondon.com , reservations@hispanialondon.com , <http://www.hispanialondon.com>

HOLLOWAY INDIAN TAKEAWAY,215 Holloway Road, London, N7 8DL, T:020 7700 5654 , <http://hollowayindian.co.uk>

HONEST BURGERS,london, EC3V 9LJ,georgina@toniccomms.co.uk , <https://www.honestburgers.co.uk>

HUMMINGBIRD , 84 Stroud Green Road, N4 3EN, Tel: 020 7263 9690, Web site: www.hummingbird.co.uk (Caribbean London)

INDALI LOUNGE,50 Baker Street, London,W1U 7BT ,T:020 7224 2232,Healthy Indian Dining, info@indalilounge.com , <http://www.indalilounge.com>

IL CASTELLETO ,17 Bury Place,City of London WC1A 2JB,T:020 7405 2232, ITALIAN CUISINE, ilcastelletto@hotmail.co.uk

IL PIZZAIOLO,ItalianPizzaMediterranean,3-4 Blenheim Street, London W1S 1LA England,+44 20 7499 9878,info@ilpizzaiolo.co.uk , <http://www.ilpizzaiolo.co.uk>

ISABEL,26 Albemarle St, breakfast,night cocktails ,London W1S 4HY, + 44 (0)20 3096 9292, Reservations@isabelw1.london , <https://www.isabelw1.london>

ISARN THAI RESTAURANT,119 Upper Street, London, N1 1QP, Phone: 0207 424 5153,info@cafeisarn.co.uk , <https://cafeisarn.co.uk>

ISHAKE,221 Holloway Road,London N7 8HG,Lower Holloway, T:020 8616 6991

ISLAND , Lancaster Terr, W2, Tel; 020 7551 6070, Web site: www.islandrestaurant.co.uk

ISOLABELLA,Italian restaurants,45-46 Red Lion Street,Holborn ,London WC1R 4PF,T: 020 7405 6830, bookings@isolabellarestaurant.co.uk , <http://www.isolabellarestaurant.co.uk>

ISSYS MILKY WAY,28 Camden Passage,Islington, London N1 8ED

ITALIANISSIMO,256 Holloway Road,N7 6NE,Lower Holloway, T:0207 7000760, italianissimo@btconnect.com

JAMIE'S ITALIAN,North Retail,Angel Building,403 St John Street,Islington,London, EC1V 4PL,Tel: 02034 359915, <http://www.jamieoliver.com/italian/islington>

J.SHEEKEY,37 St Martin's Ct, Covent Garden, London WC2N 4AL, United Kingdom,fish & seafood,020 7240 2565, <https://www.instagram.com/jsheekeyldn/> <https://j-sheekey.co.uk/>

KENNEDY'S FISH RESTAURANT,184-186 Goswell Road The City, London EC1V 7DT, 020 7490 2089

KING WILLIAM IV PUB,77 Hampstead High Street, London, NW3 1RE, T: 020 7435 5747, info@kingwilliamhampstead.co.uk , <http://www.kingwilliamhampstead.co.uk>

KIPFERL,20 Camden Passage, London, N1 8ED, United Kingdom, AUSTRIAN KITCHEN, mail@kipferl.co.uk , <http://www.kipferl.co.uk>

KOLOSSI GRILL,56-60 Rosebery Avenue,London,EC1R 4RR,T:020 7278 5758, Greek cuisine, info@kolossigrill.com , <http://www.kolossigrill.com>

KOPAPA CAFÉ AND RESTAURANT,32-34 Monmouth Street,Seven Dials, Covent Garden ,London, UK WC2H 9HA,tel +44 (0) 20 7240 6076 , information@kopapa.co.uk , <http://www.kopapa.co.uk>

LADYBIRD,70 Upper Street, Angel, N1 0NY, T:07812390482, E-mail: partick@ladybirdbar.co.uk , www.ladybirdbar.co.uk
LA CAGE IMAGINAIRE,16 Flask Walk,London NW3 1HE,T:020 7794 6674, French Cuisine, mail@la-cage-imaginaire.co.uk www.la-cage-imaginaire.co.uk
LA FORCHETTA, 73 Upper Street, Islington, London N1 0NY, T: 020 7226 6879, 464 Bethnal Green Road, London E2 0EA, T: 020 7739 9467, 12-13 Greville Street EC1N 85B, T: 020 7831 0192, 92 Cowcross Street London EC1, 020 7253 7163, 13 Widegate St.London E1 7HP, Tel: 020 7375 3675
LA MANCHA, 32 Putney High Street, Putney, Tel: 020 8780 1022, www.lamancha.co.uk
LAMEZIA DELI,ITALIAN CUISINE,165 Holloway Road Holloway, London N7 8LX,020 7609 6620



Persian Cuisine
 149A Upper St, Islington, N1 1RA
 T:020 7354 0087
<http://www.shandispersianrestaurant.co.uk>

LA PASTA,17-19 Highbury Corner Highbury, London N5 1RA, T:020 7609 6792
LA PETITE AUBERGE , 283 Upper Street, London, N1 2TZ, Tel 020 7359 1046, Fax 020 7359 0966, **FRENCH BISTRO**, auberge@live.co.uk , <http://www.petiteauberge.co.uk>
LE GOTHIQUE, The Royal Victoria Patriotic Building, Fitzhugh, Grove, Wandsworth, Tel: 020 8870 6567/8871 0130, Web site: www.legothique.co.uk
LE MERCURY,140a Upper Street,Islington N1 1QY,London,T: 020 7354 4088,F: 020 7359 7186, <http://www.lemercury.co.uk>
LEONIDAS 21 BAKER STREET ,Himat SHAT,21 Baker street,W1U 8EQ London,UNITED KINGDOM ,Tel:020 7935 3451,Fresh Belgian Chocolates, <http://www.leonidas.com> , himat4chocart@gmail.com
LE PAIN QUOTIDIEN,Units 5 & 6 Bow Bells House,1 Bread Street,London EC4M 9BE,Tel: 020 7486 6154,bread, hearty and wholesome, breadst@lpquk.biz , <http://www.lepainquotidien.co.uk>
LE SACRE COEUR, 18 Theberton Street, London, N1 0QX, Tel 020 7354 2618, Fax 020 7359 0966, **FRENCH BISTRO**, sacre@live.co.uk , <http://www.lesacrecoeur.co.uk>
LINDSAY HOUSE, 21 Romilly Street, W1D 5AF, Tel: 02074390450(Irish Restaurant)
LITTLE BAY,171 Farringdon Road,London, Greater London,020 7278 1234, farringdon@littlebay.co.uk , www.littlebay.co.uk
LITTLE GEORGIA,87 Goldsmith's Row, London E2 8QR,+44 207 739 8154, 14 Barnsbury Road, London N1 0HB, UK +44 207 278 6100, <http://www.littlegeorgia.co.uk>
LOTUS FLOATING CHINESE RESTAURANT, 38 Limeharbour, Inner Millwall Dock, E14 9RH, Tel: 020 7515 6445, Web site: www.lotusfloating.co.uk
566 RESTAURANT,201 Castelnau, Ravenscourt Park,London, SW13 9ER ,Tel:020 85638638 , massoudk@aol.com
MADAM CHI COFFEE LOUNGE,187 Upper Street,London N1 1RQ, 020 8045 4202, coffee_lounge@madamchi.com , www.madamchi.com
MAGHREB RESTAURANT,189 Upper Street,Islington,London N1 1RQ, MOROCCAN AND MEDITERRANEAN CUISINE,T:020 7226 2305, maghrebrestaurant@gmail.com , <http://maghreb-restaurant.com>
MEDITERRANEAN BREEZE,local sea food restaurant, Tel : 0207 354 22 22 <https://www.medbreeze.co.uk>
MELA ,152-156,Shaftesbury Avenue,WC2H 8HL, London, T:02078368635, Indian Dining, melarestaurant@yahoo.co.uk , <http://www.melarestaurant.co.uk>
MEM & LAZ BRASSERIE,8 Theberton St, London N1 0QX,020 7704 9089, mem@memlaz.com , www.memlaz.com
MEMORIES RESTAURANT, The Langham, Portland PL, W1, Tel: +44 020 7636 1000, Undergrand: Oxford Circus
MENELIK RESTAURANT, 277 Caledonian Rd, London N1 3EF, **ETHIOPIAN CUISINE**, T:020 7700 7774
MNKY HSE,10 Dover Street Mayfair, London W1S 4LQ,+44 (0)20 3870 4880, reservations@mnky-hse.com , dimitri@mnky-hse.com , <http://mnky-hse.com>
MONTPELIANO RESTAURANT,13 Montpelier Street,SW71 London, T:+44 20 7589 0032,sea food,<https://www.facebook.com/Montpelianorest>, www.montpelianorestaurant.com
MORO,34 - 36 Exmouth Market,London,EC1R 4QE,cuisine Spain , t: +44 (0)20 7833 8336, e: info@moro.co.uk , <http://www.moro.co.uk>

MY OLD DUTCH,131-132 High Holborn ,Holborn ,London ,WC1V 6PS, Pancake House,Tel: 020 7242 5200, info@myolddutch.com , <http://www.myolddutch.com>

MPWSTEAKANDALEHOUSE,East India House, 109-117,Middlesex St. London, E1 7JF,Tel: 020 7247 5050, info@mpwsteakandalehouse.org , <http://londonsteakhousecompany.com>

M W RESTAURANT ,t:020 3327 7776 ,grill, victoriastreservations@mrestaurants.co.uk ,<https://mrestaurants.co.uk/victoria>
NECCO,52-54 Exmouth Market,Clerkenwell,London,EC1R 4QE, Japanese Cuisine,Tel & Fax: 020-7713-8575, info@necco.co.uk , <http://www.necco.co.uk>
NICOLAS CANARY WHARF,480 ONE CANADA SQUARE,E14 5AX, LONDON,Tel. : 02 07 51 29 09 2,Fax. : 02 07 51 29 09 2, <http://www.nicolas.com>

NOVIKOV RESTAURANT & BAR,50A Berkeley Street,Mayfair, London, W1J 8HA,T: +44 (0) 207 399 4330,reservations@novikovrestaurant.co.uk, <http://www.novikovrestaurant.co.uk>

OLE, 240 Upper Richmond Road, Putney, Tel: 020 8788 8009, Web site: www.olerestaurants.com

OXO TOWER RESTAURANT, BAR & BRASSERIE, Wharf, Barge House St, South Bank, SE1, Tel: +44 020 7803 3888, Web site: www.harveynichols.com

PAPA JOHNS,123 Upper Street,Islington,Greater London,N1 1QP,T: 0207 354 3544, <http://www.papaiohns.co.uk>

PAOLINA THAI CAFE , AsianThaiVegetarian Friendly,181 King's Cross Rd, Kings Cross, London WC1X 9BZ,Phone: 020 7278 8176, <https://paolinathai.has.restaurant>

PASHA RESTAURANT,301 Upper Street,London,N1 2TU,Tel:020 7226 1454,modern Turkish cuisine, pasha-restaurant@btconnect.com , <http://www.pashaislington.co.uk>

PIZZA EXPRESS,1 Clerkenwell Road, London EC1M 5PA ,Tel: 020 7253 7770, clerkenwell.manager@pizzaeexpress.com , <http://www.pizzaeexpress.com>

PORTAL RESTAURANT AND BAR,88 St John Street,London,EC1M 4EH, T: +44 (0)20 7253 6950,modern Portuguese, reservations@portalrestaurant.com , <http://www.portalrestaurant.com>

PRAGUE BAR,6 Kingsland Road,London E2 8DA,P:+44 20 7739 9110, info@barprague.com , <http://www.barprague.com>

PRINCE WILLIAM HENRY PUB,218, Blackfriars Rd, London, SE1 8NL, Tel:0871 951 1000, princewilliamhenry@hotmail.co.uk

PUJI PUJI,122 Balls Pond Road, Islington, London N1 4AE,malaysian cuisine, info@pujipujirestaurant.co.uk , <http://www.pujipujirestaurant.co.uk>

PUNJAB,80 Neal Street, Covent Garden,London, WC2H 9PA,T:020 7836 9787,INDIAN CUISINE, info@punjab.co.uk , <http://www.punjab.co.uk>

PUTTSHACK BANK, 1 Poultry, Queen Victoria Street, London, EC2R 8EJ 020 3912 9400, amy.harris@puttshack.com <https://puttshack.com/food-and-drink>

RADUNO,restaurant/lounge/club,85 Charterhouse Street,London,EC1M 6HJ,T: 020 7253 8941,modern cuisine , manager@raduno.co.uk , <http://www.raduno.co.uk>

RADHA-KRISHNA TEMPLE,10 Soho Street,London W1D 3DL,United Kingdom, Tel: +44 (0)20 7437 3662,Email: info@iskcon.london , <https://www.iskcon-london.org>

RAOUL'S LIMITED, 13a Clifton Road, London W9 1SZ ,Tel: +44 (0)20 7286 2287,Fax: +44 (0)20 7266 4752, headoffice@raouls gourmet.com , <http://www.raouls gourmet.com>

REGGAE READY,241 Holloway Road, London N7 8HG, T:020 7700 3303

RODIZIO RICO,77-78 Upper Street,Islington,London,N1 0NU,Tel: 020 7354 1076,**AUTHENTIC BRAZILIAN**,Email: rodizio.n1@rodiziorico.com , <http://www.rodiziorico.com>

ROOFOODS Limited 1 Cousin Lane, London EC4R 3TE, press@deliveroo.co.uk , support@deliveroo.co.uk ,<https://deliveroo.co.uk>

ROYAL CHINA, 13 QUEENSWAY, W2 4QJ, Tel: 020 7221 2535, Web site: www.royalchinagroup.co.uk

R. S. HISPANIOLA, Victoria Embankment, London WC2N 5DJ ,tel:+44 (0)20 7839 3011,fax:+44 (0)20 7321 0547,modern European, info@hispaniola.co.uk <http://www.hispaniola.co.uk>

RUSKINS CAFÉ,41B Museum Street,City of London,WC1A 1LT, T:02074051450

SACRED CAFÉ,HIGHBURY STUDIOS,8 Hornsey Street,London N7 8EG, T: 0207 7001628, sacred.cafe@gmail.com , <http://www.sacredcafe.co.uk>

SAN LORENZO, 38 Wimbledon Hill Road, Wimbledon, Tel: 020 8946 8463, Web Site: www.sanlorenzo.com

SAN MIGUEL'S - TAPAS BAR AND RESTAURANT,256 Edgware Road,london W2 1DS,T:020 7262 1709, www.sanmiguels.co.uk

SARASTRO RESTAURANT, 126 Drury Lane, London, WC2, Tel: 020 7836 0101, Fax: 020 7379 4666, Web site: sarastro-restaurant.com, E-mail: reservations@sarastro-restaurant.com

SATSUMA, 56 Wardour St, W1D 3HN, Tel: 020 7437 8338, Web site: www.satsuma.com (Japanese London)

SHANDIS RESTAURANT,Persian Cuisine,149A Upper St, Islington, N1 1RA,T:020 7354 0087 , <http://www.shandispersianrestaurant.co.uk>

SEDIR RESTAURANT,4 Theberton Street,Turkish Cuisine ,Islington. N1 0QX London ,Tel: 020 7226 5489 ,Fax: 020 7354 3048 , mem@memlazuk.com , <http://www.sedirrestaurant.co.uk>

SEN NIN – ISLINGTON,206 Upper Street Islington ,N1 1RQ,japanese cuisine, islington@sen-nin.com , www.sen-nin.com/restaurant-7

SIMPLY SCRUMPTIOUS CAFÉ,9 Flask Walk,Belsize Park, London NW3 1HJ, Fine Cuisine-Home made food,T:020 7435 8473, kathy.ali@btinternet.com

SLIM JIM'S LIQUOR STORE,112 Upper St, London, N1 1QN,T: +44 (0) 20 7354 4364, slimjimsliquorstore@googlemail.com , <http://www.slimjimsliquorstore.com>

SMITHY'S RESTAURANT & WINE BAR The Stables, 15-17 Leeke Street, London WC1X 9HY T: 0207 278 5949 , info@smithyslondon.com , <http://www.smithyslondon.com>

SMOLLENSKYS CANARY WHARF BAR & RESTAURANT,Reuters Plaza, Canary Wharf London, E14 5AJ,Tel : 020 7719 0101, canarywharfbarsmolenskys.co.uk , <http://www.smolenskys.com/canarywharf>

SOUK BAZAAR,27 Litchfield Street,WC2H 9NJ,T:020 8746 7366, <http://www.soukrestaurant.co.uk>

STRADA,105-106 Upper Street,Islington,London,N1 1QN,ITALIAN CUISINE, T:020 7226 9742 ,Fax: 020 7226 9187 , islington@strada.co.uk , <http://www.strada.co.uk/bookonline@islington>

SWEATY BETTY Support Office,women's fitness clothing,11-12 Lettice Street,London,SW6 4EH,UK,0800 169 3889, customercare@sweatybetty.com , <http://www.sweatybetty.com>

SWEATSHOP HOLLOWAY ROAD ,303 Holloway Road,Islington, London, N7 8HS,Tel:020 8232 1391, holloway@sweatshop.co.uk , <http://www.sweatshop.co.uk>

TAS PIDE ,20 - 22 New Globe Walk,London,SE1 9DR,**THE ANATOLIAN CUISINE**, Tel: 020 7928 3300,Fax: 020 7261 1166, <http://www.tasrestaurant.com>

TAS RESTAURANT,22 Bloomsbury Street London ,WC1B 3QJ,T:020 7637 4555, www.tasrestaurant.com

TERRACE RESTAURANT, 21 Piccadilly, W1j OBH, Tel; +44 020 7851 3085, E-mail: terrace.restaurant@lemeridien.com , Web site: www.piccadilly.lemeridien.com

TERROIR SCOTLAND, Upper Largo Fife, Ky86jd,01333 360 488, info@terroirscotland.co.uk , <https://terroirscotland.co.uk>

THE ACOUSTIC BRASSERIE,60 Newington Green, N16 9PX London, +44 20 7288 1235 , info@cafeacoustic.co.uk , <http://www.acousticbrasserie.co.uk> , <https://www.facebook.com/AcousticBrasserie>

THE ALBION,10 Thornhill Road, Islington, London N1 1HW,T: 0207 607 7450, Georgian gem , info@the-albion.co.uk , <http://www.the-albion.co.uk>

THE BAR @ TCR,183 Tottenham Court Road,London, W1T 7PE, T:+44(0)20 7631 3618, info@bartcr.com , <http://bartcr.com>



T:020 7923 1303,101 Stoke Newington Church Street,
Stoke Newington N16 0UD
T:020 7226 5858,177 Upper Street,Islington N1 1RG
130 Crouch Hill,London,N8 9DY
T: 020 8442 9282
<http://www.thebluelegume.co.uk>

THE BOUNTIFUL COW,51 EAGLE STREET, LONDON WC1 4AP,020 7404 0200, manager@roxybeaujolais.com , <http://www.thebountifulcow.co.uk>

THE CLOVE CLUB,Shoreditch Town Hall,380 Old Street, London,EC1V 9LT, +44 (0) 20 7729 6496,hello@thecloveclub.com , <https://thecloveclub.com>

THE CROWN, ISLINGTON, 116 Clouesley Road, Islington, London, N1 0EB, Tel: 020 7837 7107 , crown.islington@fullers.co.uk , <https://www.crownislington.co.uk>

THE DRAPERS ARMS,44 Barnsbury St, Islington, London, N1 1ER Tel: 020 7619 0348, info@thedrapersarms.com , <http://thedrapersarms.com>

THE ENTERPRISE,38 Red Lion Street,Holborn,London,WC1R 4PN,Tel: 02074048461, nick@the-enterprise.co.uk , <http://www.the-enterprise.co.uk>

THE FRENCH KITCHEN HOLBORN,95-97 High Holborn,London, WC1V 6LF,Tel: 020 7242 4580, info@french-kitchen.co.uk , <http://french-kitchen.co.uk>

THE GOURMETHOTDOGCOMPANY,Reuters Plaza ,T:020 77191416, <http://www.thegourmethotdogcompany.co.uk>

THE IVY,1-5 West Street,London WC2H 9NQ,020 7836 4751, <http://www.the-ivy.co.uk>

THE LEXINGTON,96-98 Pentonville Road,London, N1 9JB,T:020 7837 5371, chris@thelexington.co.uk , <http://www.thelexington.co.uk>

THE LORD CLYDE,340-342 Essex Road,Islington,London,N1 3PB, info@thelordclyde.com , <http://www.thelordclyde.com>

THE MODERN PANTRY,47-48 St John's Square ,Clerkenwell London EC1V 4JJ ,020 7553 9210, enquiries@themodernpantry.co.uk , <http://www.themodernpantry.co.uk>

THE MONTCALM AT THE BREWERY LONDON CITY,52 Chiswell Street, EC1Y 4SD, London, United Kingdom.Tel: +44 (0) 20 7374 2988,Fax: +44 (0) 20 7374 2989,exceptional cuisine, info@themontcalmlondoncity.co.uk , <http://www.themontcalmlondoncity.co.uk>

THE PEASANT, 240 St John street, London EC1V 4PH,T:020-73367726, eat@thepeasant.co.uk , <http://www.thepeasant.co.uk>

THE PERSEVERANCE PUB,63 Lamb's Conduit Street City of London, Greater London WC1N 3NB,T:020 7405 8278, feedback@theperseverance.co.uk , <http://www.theperseverance.co.uk>

THE REAL GREEK ,Bankside,T:020 7620 0162,Mediterranean dining, bankside@therealgreek.com , <http://www.therealgreek.com> , Covent Garden 60 - 62 Long Acre,London,WC2E 9JE,Tel: 020 7240 2292, coventgarden@therealgreek.com

THE SADE RESTAURANT ,21 Exmouth Market London ,EC1R 4QD, Mediterranean food ,P: 020 7833 1111, info@saderestaurant.co.uk , <http://www.saderestaurant.co.uk>

THE SOMERSTOWN COFFEEHOUSE,60 Chalton Street,London , NW 1 1HS,0207 387 7377, info@thesomerstowncoffeehouse.co.uk , <http://www.thesomerstowncoffeehouse.co.uk>

THE SPICE OF LIFE , 6 Moor St, Soho, London W1D 5NA,Tel: 020 7437 7013, spiceoflife@mcmullens.co.uk , <http://www.spiceoflifesofo.com>

THE STEAM PASSAGEMAPS,5 Google reviews,44-46 Upper Street Islington, London N1 0PN, T:020 7226 5882 , steampassage0577@TCG-UK.COM

THE SUSSEX ARMS,21 London Street, London W2 1HL,020 7723 1026, info@sussexarms.com , <http://www.sussexarms.com>

THE WATER RATS,328 Grays Inn Road,Kings Cross, WC1X 8BZ, London, 020 7833 3312 / 07842 900 222, waterratssally@outlook.com , <https://www.thewaterratvenue.london>

THE WINDMILL, 6-8 Mill Street, London W1, Tel: +44 020 7491 8050, Underground: Oxford Circus

THE WHITE HOUSE, 65 Clapham Park Road, Clapham, London, SW4 7EH, Tel: 020 7498 3388

TIA LENA'S RESTAURANT,499 Kingsland Rd, Dalston, London E8 4AH, United Kingdom,+44 7852 204888

TIERRA PERU,164 Essex Road,Islington,N1 8LY,020 7354 5586, peruvian kitchen, tierraperu@hotmail.co.uk , <http://www.tierraperu.co.uk>

TREVI RISTORANTE,16-18 Highbury Corner,Islington,London N5 1RD, italian cuisine, Tel: 0207 700 7161

YAS (IRANIAN), 7 Hammersmith Road, W14 8XJ, Tel: 020 7603 9148

YIPIN CHINA,70-72 Liverpool Road, T:02073543388,London N1 0QD , <http://www.yipinchina.co.uk>

VALENTINO RESTAURANT,179 - 181 Edgware road,London W2 1ET,Iraqi, Persian and Kurdish cuisine,0207 2624127, reservations@valentino-restaurant.com , <http://www.valentino-restaurant.com>

VANILLA RESTAURANT, 131 Great Titchfield Street,London,W1W 5BB Tel: +44(020) 3008 7763

VECCHIO PARIOLI RESTAURANT ,90 Lower Clapton Road, London E5 0QR, ITALIAN CUISINE,Tel :020 7502 3288, <http://www.vecchioparioli.com>

VENEZIA ITALIAN RESTAURANT,3-5 Goswell Road City of London ,EC1M 7AH,T:020 7490 1715

VIET GARDEN , 207 Liverpool Road, Islington, London, N1 1LX , Tel/Fax: 020 7700 6040, **VIETNAMESE CUISINE**, info@vietgarden.co.uk , <http://www.vietgarden.co.uk>

VILLA BIANCA,1 Perrins Court ,London NW3 1QS,United Kingdom,T:0207435 3131- 07846989335,Italian cuisine , info@villabiancanw3.com , <http://www.villabiancanw3.com>

ZILOUFS,270 Upper Street,London, N1 2UQ,T:020 7226 1118, info@ziloufs.com , <http://www.ziloufs.com>

MANCHESTER

PI , 99 Manchester Road M21 9GA , Chorlton. 0161 882 0000 www.pi-chorlton.co.uk

MUSEUMS/GALLERIES

LONDON

AGE EXCHANGE MUSEUM, 11, Blackheath Village, London SE3 9LA, England LONDON UNITED KINGDOM Tel. +44-2083183504 Fax. +44-208318000 , www.age-exchange.org.uk

ANGEL ART GALLERY TRUST,31 A Richmond Crescent, Islington,London,N1 0LY,contact@angelartgallery.org , www.angelartgallery.org

APLEY HOUSE THE WELLINGTON MUSEUM 149, Apsley House, Picadilly, London W1V 9DQ, England LONDON UNITED KINGDOM Tel. +44-2074995676, <http://www.english-heritage.org.uk>

BANK OF ENGLAND MUSEUM London EC2R8AH (London City Airport) England LONDON UNITED KINGDOM Tel. +44- 2076015545, www.bankofengland.co.uk/education/museum

BARBICAN ART GALLERY Barbican, London, EC2Y8DS, England LONDON UNITED KINGDOM Tel. +44- 2073827105 Fax. +44-20762803 , www.barbican.org.uk/artgallery

BETHNAL GREEN MUSEUM OF THE CHILDHOOD Cambrigde Health Road, London, E2 9PA, England LONDON UNITED KINGDOM Tel. +44-2089835200, www.vam.ac.uk/moc

BRAMAH TEA & COFFEE MUSEUM 1, Tamarind Court House, Maguire Street, London SE1 2NQ, England LONDON UNITED KINGDOM Tel. +44-2073780222 , www.teaandcoffeemuseum.co.uk

BRITISH MUSEUM GREAT Russel Street, London WC1B3DG, England LONDON UNITED KINGDOM Tel. +44-2076361555 Fax: +44-20732384, www.britishmuseum.org

C&C GALLERIES 420, Roman Road, London E3 5LU, England LONDON UNITED KINGDOM Tel. +44- 2089802888

CABARET MECHANICAL THEATRE 33-34 The Piazza, London WC2E8RE, England LONDON UNITED KINGDOM Tel. +44- 2073797961, www.cabaret.co.uk

CANDID ARTS TRUST 3, Victory House, Torrens Street, London, EC1V1NQ, England LONDON UNITED KINGDOM Tel. +44-2078374237 Fax. +44-2072789327, www.candidarts.com

CARLYLES HOUSE NATIONAL TRUST, 24 Cheyne Row, London, SW3 5HL, England LONDON UNITED KINGDOM Tel. +44-2073527087 , www.nationaltrust.org.uk/main/w-carlyleshouse

CCA GALLERIES LTD Fulham Road, London SW6 1HD England LONDON UNITED KINGDOM Tel. +44- 2073864900 Fax. +44- 2073864919

DANIELLE ARNAUD, 123 Kennington Road, London SE11 6SF UK, T/F +44 (0)20 7735 8292, danielle@daniellearnaud.com, www.daniellearnaud.com

DESIGN MUSEUM , Shad Thames, London SE1 2YD, T: 0207 940 8790 , info@designmuseum.org , <http://designmuseum.org>

DUNCAN R. MILLER FINE ARTS, 6 Bury Street, St. James's, London SW1Y 6AB, art@duncanmiller.com, <http://duncanmiller.com>

ED CROSS FINE ART LTD, Somerset House, Strand, London WC2R 1LA, Tel: +44 (0) 7507067567, ed@edcrossfineart.com , <https://www.edcrossfineart.com>

GOODMAN FINE ART, +44 (0)7702 102850, contact@goodmanfineart.com, <http://www.goodmanfineart.com>

JAMES FREEMAN GALLERY, 354 Upper Street, Islington, London, N1 0PD T: +44(0)20 7226 3300, info@jamesfreemangallery.com , <https://www.jamesfreemangallery.com>

JEALOUS, 53 Curtain Road, Shoreditch, London EC2A 3PT, Tel: 020 7739 4107, <https://www.jealousgallery.com>

KATHARINE HOUSE GALLERY - Specialists in Modern British Art, The Parade, Marlborough, Wiltshire, SN8 1NE. t: 01672 514040 e: chrisgange.khg@gmail.com

MUSEUM OF LONDON, 150 London Wall, London EC2Y 5HN, tel: 020 7001 9844, info@museumoflondon.org.uk , <http://www.museumoflondon.org.uk>

NATIONAL ARMY MUSEUM, Royal Hospital Road, Chelsea, London, SW3 4HT, 020 7881 2455, info@national-army-museum.ac.uk , <http://www.national-army-museum.ac.uk>

NATIONAL MARITIME MUSEUM, Romney Rd, Greenwich, London SE10 9NF, www.nmm.ac.uk

THE CLINK PRISON MUSEUM, 1 Clink Street , London, SE1 9DG, T: 020 7403 0900, museum@clink.co.uk , <http://www.clink.co.uk>

THE CLOCKMAKERS' MUSEUM & LIBRARY, T: 020 7332 1868 , guildhall.library@cityoflondon.gov.uk , <http://www.clockmakers.org>

THE CYNTHIA CORBETT GALLERY, T. +44 (0)20 8947 6782, M. +44 (0)7939 085076, M. US. +1 773 600 7719, info@thecynthiacorbettgallery.com, <https://www.thecynthiacorbettgallery.com>

YOUNG MASTERS, LONDON, UNITED KINGDOM, +44 20 8947 6782, INFO@YOUNG-MASTERS.CO.UK, <https://www.young-masters.co.uk>

WHITECHAPEL GALLERY , 77-82 Whitechapel High Street, London, E1 7QX, T: +44 (0)20 7522 7888, info@whitechapelgallery.org , <http://www.whitechapelgallery.org>

WOOLFF GALLERY , 89 Charlotte Street, London, W1T 4PU, T: +44 (0) 207 631 0551, info@woolffgallery.co.uk , <https://www.woolffgallery.co.uk>

WARRINGTON

Warrington Museum & Art Gallery
 Bold Street, Warrington
 Tel. 01925 442733
 Fax 01925 443257
 Email: museum@warrington.gov.uk
www.museum.warrington.gov.uk

HEALTH CLUB / SPAAS

ANGEL FACES SALON, 249 LIVERPOOL ROAD, ISLINGTON, LONDON, N1 1LX, TEL: 020 7607 8866, INFO@ANGELFACESALON.COM , <http://www.angelfacesalon.com>

FITSPACE GYMS, 5-7 Hornsey Street, Holloway Road, N7 8GA, <http://www.fitspacegyms.co.uk>

Millions of Facts lead you to the Worlds
 Tourism Industry

Via Intercontex Hotel and Travel Directory
 And The International Yellow Pages IYP



Norwich



Bodiam Castle



Bournemouth

Virgin Active Barbican

Barbican Health Club

97 Aldersgate Street, London EC1A 4JR

Tel: 071-374 0091

Fax: 071-374 0799

<http://www.virginactive.co.uk>

HEALTH AROMA LTD, Thistle City Barbican Hotel, 120 Central Street, London, EC1V 8DS, info@healtharoma.co.uk, <http://www.healtharoma.co.uk>

LEE VALLEY REGIONAL PARK AUTHORITY, Lee Valley Leisure Centre, Picketts Lock Lane, Edmonton, London N9 0AS, United Kingdom, Tel: (44) 0208 1345 6666, Fax: (44) 0208 1884 4975

FLOWERS

LONDON/Islington

ANGEL FLOWERS, 60 Upper Street, Islington, London, N1 0NY, Tel: 020 7704 6312, Fax: 020 7704 6671, enquiries@angel-flowers.co.uk, <http://www.angel-flowers.co.uk>

COTTAGE FLOWERS, 15 Northways Parade, Finchley Road, Swiss Cottage, London NW 3, Inner London, NW3 5EN, Tel: 0207 586 3417, Fax: 0207 722 7244, cottageflowers@hotmail.co.uk, <http://www.cottage-flowers.co.uk>

DANSK FLOWERS, St. Mary's Church, 303 Upper Street, London N1 2TX, T:020 7354 5120, info@danskflowers.co.uk, www.danskflowers.co.uk

FLOR UNIKON, 44 Amwell St, London, EC1, 020 7837 3233, london@flor-unikon.com, <http://www.flor-unikon.com>

FLOWER POWER, 47 Roman Road, Bethnal Green, London E2 OHU, T:020 8980 1711, F:020 8980 0876, info@flowerpowerschool.com, <http://www.flowerpowerschool.com>

KRAZY FLOWERS, 338 CALEDONIAN ROAD, LONDON, N1 1BB, P: 0207 7006808, zoe2brooke2@yahoo.co.uk, <http://www.krazyflowers.co.uk>

BUTCHERS

LONDON/Islington

THE PIG and BUTCHER, 80 Liverpool Rd, Islington, London, N1 0QD, T:020 7226 8304, [crackling@thepigandbutcher.co.uk](http://www.thepigandbutcher.co.uk), <http://www.thepigandbutcher.co.uk>

ENTERTAINMENTS-THEATRES

LONDON

AVENUE Q, Noel Coward Theatre, St. Martin's Lane, WC2, Tel: 020 7812 7465, Web Site: www.avenueqthemusical.co.uk

BIG BUS TOURS, 48 Buckingham Palace Road, London, SW1W 0RN, United Kingdom, info@bigbustours.com, <http://www.bigbustours.com>

DISNEY'S THE LION KING, Family Musical, Wellington Street WC2E 7DA, <http://www.disney.co.uk/MusicalTheatre/TheLionKing>

FORBIDDEN PLANET, 144 Southwark Street, London, SE1 0UP, Tel: 0207 803 1900, Fax: 0207 803 1901, <http://forbiddenplanet.com>

FOX POKER CLUB, 93-107 Shaftesbury Avenue, London, W1D 5DY, Tel: 0207 494 3020, reception@foxpokerclub.com, <http://www.foxpokerclub.com>

GOLDEN TOURS, 4 Fountain Square, 123-151 Buckingham Palace Road, London SW1W 9SH, T: +44 (0)20 7233 7030, <http://www.goldentours.com>



Shakespeare's Globe21 New Globe Walk

Bankside

London SE1 9DT

Telephone: +44 (0)20 7902 1400

Hester.vh@shakespearesglobe.com

www.shakespearesglobe.org

GREASE, Piccadilly Theatre, Denman Street, London, W1D 7DY, <http://www.piccadillytheatre.co.uk>

GUILDHALL SCHOOL OF MUSIC & DRAMA, Silk Street, Barbican, EC2Y 8DT, Tel: +44 (0) 20 7628 2571, Fax: +44 (0) 20 7256 9438, <http://www.gsmd.ac.uk>

HAMPTON COURT PALACE, Surrey, KT8 9AU, England, T: 0844 482 7777, <http://www.hrp.org.uk/HamptonCourtPalace>

KENSINGTON PALACE STATE APARTMENTS, Kensington Gardens, London, W8 4PX, England, Tel: 0844 482 7777 (from UK), kensingtonpalace@hrp.org.uk, <http://www.hrp.org.uk/KensingtonPalace>

LONDON DUCK TOUR, 55 York Road, London, SE1 7NJ, Phone: +44 (0)20 7928 3132, Fax: +44 (0)20 7928 2050, <http://www.londonducktours.co.uk>

LYCEUM THEATRE, 21 Wellington Street, London WC2E 7RQ, 020 7420 8100, <http://www.disney.co.uk/MusicalTheatre/TheLionKing>

MAMMA-MIA LONDON, Coventry Street, London, England, W1D 6AS, T: +44 207 812 7498, <http://www.mamma-mia.com>

OPEN AIR THEATRE, Inner Circle, Regents Park, WC1, Tel: 08700601 811, Web site: www.openairtheatre.org

ORGAN FESTIVAL, ABRSM, 24 Portland Place, London, W1B 1LU, United Kingdom, T: +44 (0)20 7636 5400, F: +44 (0)20 7637 0234, <http://www.abrsm.org>

OVAL HOUSE THEATRE, 52-54 Kennington Oval, London SE11 5SW, Tel: 020 7582 0080, Fax: 020 7820 0990, info@ovalhouse.com, <http://www.ovalhouse.com>

ROYAL OBSERVATORY, Blackheath Avenue, Greenwich, SE10 8XJ, T: +44 (0)20 8312 6608, <http://www.nmm.ac.uk>

SADLER'S WELLS THEATRE & THE LILIAN BAYLIS STUDIO, Rosebery Avenue, London EC1R 4TN, T: 020 7863 8198, <http://www.sadlerswells.com>

SCOOP SEASON, The Scoop, More London, SE1, Web site: www.morelondon.com/scoop

SEA LIFE LONDON AQUARIUM, County Hall, Westminster Bridge Rd, London, SE1 7PB, T: +44 (0)871 663 1678, <http://www.visitsealife.com/London>

ST BRIDE'S FLEET STREET, London, EC4Y 8AU, Tel: (+44) 020 7427 0133, Fax: (+44) 020 7583 4867, info@stbrides.com, <http://www.stbrides.com>

ST. JOHN'S SMITH SQUARE, London, SW1P 3HA, United Kingdom, Box Office: +44 (0)20 7222 1061, Administration: +44 (0)20 7222 2168, Fax: +44 (0)20 7233 1618, info@sjs.org.uk, <http://www.sjs.org.uk>

ST PAUL'S CATHEDRAL, The Chapter House, St Paul's Churchyard, London, EC4M 8AD, T: 020 7236 4128, F: 020 7248 3104, chapter@stpaulscathedral.org.uk, <http://www.stpauls.co.uk>

THAMES RESTAURANT CRUISES, Bateaux London, Embankment Pier, Victoria Embankment, London WC2N 6NU, Tel: 020 7695 1800, Fax: 020 7839 1034, sales@bateauxlondon.com, <http://www.bateauxlondon.com>

THE ARCH CLIMBING WALL, 6 Bermondsey Street, London, phone: 02074070999, archclimbingwall@gmail.com, <http://archclimbingwall.com>

THE CITY GARDENS TEAM, The City Gardens Office, City of London Open Spaces Department, Rms 73-77, 65 London Wall, London EC2M 5TU, <http://www.cityoflondon.gov.uk>

THE LONDON BICYCLE TOUR COMPANY, 1a Gabriels Wharf, 56 Upper Ground, London, SE1 9PP, mail@londonbicycle.com, <http://www.londonbicycle.com>

THE LONDON BRIDGE EXPERIENCE, 2 - 4 Tooley Street, London Bridge, London SE1 2PF, Tel: 0800 0434 666, james.kislingbury@thelondonbridgeexperience.com, <http://www.thelondonbridgeexperience.com>

THE ORIGINAL LONDON SIGHTSEEING TOUR LIMITED, Jews Row, Wandsworth, London, SW18 1TB, United Kingdom, Tel: +44 (0) 20 8877 1722, Fax: +44 (0) 20 8877 1968, <http://www.theoriginaltour.com>

I.H.T.

THE TOWER OF LONDON, London, EC3N 4AB, England, Tel: 0844 482 7777 (from UK), Tel: +44 (0)20 3166 6000 (from outside the UK), VisitorServices_TOL@hrp.org.uk, <http://www.hrp.org.uk>

TOWER BRIDGE EXHIBITION, Tower Bridge Road, London, SE1 2UP, United Kingdom. Telephone: +44 (0) 20 7403 3761, Fax: +44 (0) 20 7357 7935, enquiries@towerbridge.org.uk, <http://www.towerbridge.org.uk>

WICKED THE MUSICAL, The Apollo Victoria Theatre, Wilton Road, SW1V 1LG, 0844 826 8000, <http://www.wickedthemusical.co.uk>

WINE TASTING TOURS, 1 Bank End, London, SE1 9BU, events@vinopolis.co.uk, <http://www.vinopolis.co.uk>

NORWICH

REDWINGS, horse sanctuary, Hapton, Norwich, NR15 1SP, T: 01508 481000, info@redwings.co.uk, <http://www.redwings.org.uk>

NIGHT CLUBS & DISCOS

LONDON

THE MAYFAIR CLUB, 50 Dover street, London, W1S 4NY, T: 020 76299038, dean@themayfairclub.co.uk, <http://www.themayfairclub.co.uk>

PHOTOGRAPHERS

ANNA MCCARTHY PHOTOGRAPHY, 07811 242266, anna@annamccarthy.com, <http://www.annamccarthy.com>

ARCHITECTURAL ART, T: 07722 253034, 07866539777, ian@architectural-art.co.uk, <http://www.architectural-art.co.uk>

CHING FU HO PHOTOGRAPHY, M: +447800757575, chingfu.ho@gmail.com, <http://www.chingfuho.com>

PHOTOGRAPHY, TOURS AND ADVENTURE, +44 07540 832771, corina@hairygoat.net, www.hairygoat.net

UNIQUE FOTO, Tel: 07950 791224, Email: info@uniquefoto.co.uk, www.uniquefoto.co.uk

CHILDRENS ENTERTAINMENTS

LEEDS

THE RAILWAY CHILDREN, Welcome to Yorkshire, Dry Sand Foundry, Foundry Square, info@yorkshire.com, Holbeck, Leeds, LS11 5WH, <http://www.yorkshire.com>

LONDON

BARBICAN CENTRE, Silk Street, London EC2Y 8DS, 020 7638 4141, <http://www.lcff.org.uk>

SHOPPING CENTRES & MALLS

WHITELEYS, Queensway, London, W2 4YN, United Kingdom, T: 0044 (0) 207 229 8844, Email: info@whiteleys.com, <http://www.whiteleys.com>

TRAVEL GOODS SUPPLY

DEVON

EASY CAR SEAT, 4 Point Terrace, Exmouth, Devon, EX8 1ED, UNITED KINGDOM, (44) 207 193-7481, <http://easycarseat.com>

HAIRDRESSERS & BEAUTICIANS

LONDON

BASECUTS ISLINGTON, 208 Upper Street London, Greater London N1 1RL, T: 020 7359 5701, www.basecutslondon.com

GARY INGHAM HAIRDRESSING, 9 Perrin's Court, Hampstead, London, NW3 1QS, Tel: 020 7431 0777, 020 7431 2277, info@garyingham.com, <http://www.garyingham.com>

SALLY'S NAIL BAR, Nail Salons, 193A Holloway Road, +44 (0) 20 3441 3817, Holloway, London, N7 8DJ

UNIQUE SHOPS/TRADES

LONDON

308 HOBBIES-RADIO CONTROLLED SPECIALISTS, 308 Holloway Road, London, N7 6NP, United Kingdom, info@308hobbies.com, <http://www.308hobbies.com>

3 THIRDS IMAGING, design & print services, 339, Caledonian Rd, London, N1 1DW, T: 020 7700 2337, richard.farris@3thirdsimaging.co.uk, www.3thirdsimaging.co.uk

ANGEL BOUTIQUE, Mirror Mirror Angel, Wedding Dresses, 56 Penton Street, London, N1 9QA, Tel: 020 7713 9022, angel@mirrormirror.uk.com, <http://www.mirrormirror.uk.com>

ATSUKO KUDO, 64 Holloway Road, London N7 8JL, T: +44(0)20 7697 9072, Couture Latex Design, info@atsukokudo.com, <http://www.atsukokudo.com>

BEADWORKS UK LIMITED, Covent Garden Bead Shop, supplier of beads, 21a Tower Street, London WC2H 9NS, UK, Tel: +44(0) 20 7240 0931, Fax: +44(0) 20 8478 6248, supplier of beads, customerservice@beadworks.co.uk, <http://www.beadworks.co.uk>

BIZARA CARDS, 318 St John Street, Islington, London EC1V 4NT, Tel: 0207 812 1281, leigh@bizaracards.com, <http://www.bizaracards.com>

FRANCHI, 278 Holloway Road, London N7 6NE, Tel: 020 7607 2200, info@franchi.co.uk, <http://www.franchi.co.uk>

GB-ART LONDON, 173 Whitecross Street, City of London EC1Y 8JT, 020 7250 1146, contact@gb-artlondon.com, <http://www.gb-artlondon.co.uk>

GILL WING GIFT SHOP, 194 / 195 Upper Street, Islington, London, N1 1RQ, enquiries@gillwing.co.uk, <http://www.gillwing.co.uk/gifts>

GROUND CONTROL, Coffee Company, 61 Amwell Street, London EC1R 1UR, T: 0207 502 1201, info@theethiopiancoffeecompany.co.uk, <http://www.theethiopiancoffeecompany.co.uk>

THE CAST IRON SHOP, 394 Caledonian Road, London N1 1DW, T: +44 (0)20 7609 0934, info@thecastironshop.co.uk, <http://www.thecastironshop.co.uk>

THE CYCLIST, Holloway, T: 020 7700 6222, pw.jenkins@btpenworld.com, <http://www.velorbiscycles.co.uk>

THE ONLY PLACE FOR PICTURES, 216 Upper Street, Islington, London, N1 1RL Tel: 0207 226 8200, theonlyplaceforpicturesales@gmail.com, <http://www.theonlyplaceforpictures.co.uk>

WORLD'S END TILES, The Tile Studio, 398-400 St John's Street, Angel, Islington EC1V 4NJ, T: 020 7837 7957, jenny.fisher@worldsendtiles.co.uk, www.worldsendtiles.co.uk

Islingtongreen
Baby

345 Upper Street
Islington, Angel
London N1 0PD
T: 020 7359 7037

<http://www.IslingtonGreenbaby.co.uk>

JACK WOLFSKIN, 19 - 20 Long Acre, Covent Garden, London, WC2E 8LD, T: +44(20)7836 5118, store.london-coventgarden@jack-wolfskin.com, <http://www.jack-wolfskin.co.uk>

JEANNETTE'S GREAT CAKES North Cheam, Sutton, Surrey 0208 401 2149 or 07983343933 jeannettesgreatcakes@yahoo.co.uk, <http://www.jeannettesgreatcakes.co.uk>

LITTLE PARIS, 39 Park Road, London N8 8TE, vintage furniture, T: 0208 340 9008, littleparisstore@yahoo.co.uk, <http://www.littleparis.co.uk>

LOOK MUM NO HANDS, 49 Old Street, London EC1V 9HX, TEL 020 7253 1025, WORKSHOP 020 7490 3928, info@lookmumnohands.com, <http://www.lookmumnohands.com>

PAXTON & WHITFIELD, Exceptional Cheese, 33-35 Exmouth Market, London EC1R 4QL, T: 020 7713 6550, exmouthmarket@paxtonandwhitfield.co.uk, <http://www.paxtonandwhitfield.co.uk>

PRETTYBALLERINAS, 7 Slingsby Place, St Martins Courtyard, Covent Garden, T: +44 (0) 2072402590, prettyballerinas@jmascaro.com, <http://www.prettyballerinas.com>

STEPHEN EINHORN LTD, Jewellery, 210 Upper Street, Islington, London, N1 1RL, T: +44 (0) 20 7359 4977, shop@stepheneinhorn.co.uk, <http://www.stepheneinhorn.co.uk>

TARA YOGA CENTRE, 25 - 31 Ironmonger Row Old Street, London EC1V 3QW, +44 (0) 207 2518626, <http://www.tarayogacentre.co.uk>

TIMOROUS BEASTIES, 46 Amwell Street, London, UK EC1R 1XS, T: 020 7833 5010, timorousbeasties.com, <http://www.timorousbeasties.com>

UNPACKAGED, 42 Amwell Street, London, EC1R 1XT, Call: 020 7713 8368, info@beunpacked.com, <http://beunpacked.com>

TOUR OPERATORS/EXCURSIONS

LONDON

ALBAN TRAVEL LTD, 132 Seven Sisters Road, London, N7 7NS, Tel: 020 7561 1604, Fax: 020 7561 1603, United Kingdom, info@albantravel.co.uk, <http://www.albantravel.co.uk>

FLIGHT CENTRE, 118 Baker Street London W1U 6TT, T: 020 7486 5585, danielle.myers@flightcentre.co.uk, <http://www.flightcentre.co.uk>

GIFTO TRAVELS LTD, 331 Euston Road, London NW1 3AD, 020 7380 0558, sales@giftotravels.com, <http://www.giftotravels.com>

GOTOALBANIA, 116 Kings Cross Road, London, WC1X 9DS, Tel. +44 (0) 203 302 4424, sales@gotoalbania.com, <https://gotoalbania.com>

TRAVELMANIA, 125 Holloway Road, Islington, London, N7 8LT, 020 7700 4844, andrew@travelmania.ltd.uk, <http://www.travelmania.ltd.uk>

CAR HIRE/TAXIS/SERVICES

LONDON

AIRPORT DIRECT, 16 Wotton Road, London, NW2 6PX, UK, T: +44 (0) 20 8450 9309, info@airportdirect.com, <http://www.airportdirect.com>

CHALK FARM CARS, 1 Station Forecourt, Golders Green, London, NW11 7RN, 020 7722 2111, info@chalkfarmcars.co.uk, <http://www.chalkfarmcars.co.uk>

CITY RYDERS MINI CAB, T: 02077136500, bookings@cityrydercars.co.uk, www.cityrydercars.co.uk

E AIRPORT TRANSFERS, T: 020 7637 5599, info@eairporttransfers.com, <http://www.eairporttransfers.com>

ISLINGTON CARS, PENTON STREET, ISLINGTON, London N1 9PU, T: 020 7700 7700

RAINBOW CAR SERVICE, 296 Saint Paul's Road London, Greater London N1 2LH, T: 020 7288 1144

RING4VAN, info@ring4van.com, <http://www.ring4van.com>

SWISS COTTAGE CARS, 311 Finchley Road, London, NW3 6EH, T: 020 7433 1000, info@swisscottagecars.com, <http://www.swisscottagecars.com>

UNITED CARRIAGE, 22 Shoreditch High Street, Bishopsgate, London E1 6PG, T: +44 020 7377 8881, info@unitedcarriage.com, <http://www.unitedcarriage.com>

YELLOW CARS, 103 Holloway Road, London, N7 8LT, T: 0207 700 1111, info@yellowcarslondon.co.uk, <http://www.yellowcarslondon.co.uk>

SPORT SHOPS

LONDON

JD SPORTS FASHION PLC, Hollinsbrook Way, Pilsworth, Bury, Lancashire, BL9 8RR, Tel: 0844 264 0881, customer.service@jdsports.co.uk, www.jdsports.co.uk

MONEY EXCHANGE & CASINOS

LONDON

FERRO SERVICES, 239 Holloway Road, London N7 8HG, T: 020 7697 8452, info@ferroservices.co.uk, <http://www.ferroservices.co.uk>

NATIONAL CASH ADVANCE, 137 Holloway Road, London, N7 8LX, <http://www.ncacash.com>

RESTAURANTS & BARS

LONDON



THE KESTON LODGE

131 Upper Street, London, N1 1QP

T: 0207 354 9535

kestonlodge@580limited.co.uk

<http://www.kestonlodge.com>



Portal

Restaurant and Bar

88 St John Street, London, EC1M 4EH

Telephone +44 (0)20 7253 6950

reservations@portalrestaurant.com

<http://www.portalrestaurant.com>



Fig & Olive

151 Upper Street, London N1 1RA, United Kingdom

Cuisines: Modern European dishes

tel: (00) (0) 20 7354 2605, fax: (00) (0) 20 7704 9009

e-mail: fig@live.co.uk,

<http://www.figolive.co.uk>

COMMUNICATIONS NETWORK

LONDON



99 City Road

London EC1Y 1AX

Tel: +44 (0)20 7728 1777, Fax: +44 (0)20 7728 1142

Email: customer_care@inmarsat.com

<http://www.inmarsat.com>

With Intercontex H&T You Can Tour The World





Building 5 Chiswick Park
566 Chiswick High Road
London W4 5YF, United Kingdom
Tel: +44 20 3036 6700 , Fax: +44 20 3036 6707
<http://www.intelsat.com>

Intelsat is the leading provider of fixed satellite services worldwide. For more than 45 years, Intelsat has been delivering information and entertainment for many of the world's leading media and network companies, multinational corporations, Internet Service Providers and governmental agencies.



AIRPORT TRANSFER

LONDON

1ST CALL LUXURY LIMOUSINES, PO BOX 2115, Ilford, Essex, IG1 9LP,
info@1stcall-limos.co.uk , <http://www.redbridgelimos.co.uk>

ABBEY CAR HIRE LTD ,27 Elkstone Rd, London , 020 8969 2777,
www.abbeycarsuk.co.uk

AIRPORT CONNECT ,Crouch Hill, London ,T: 020 7502 1097, www.airport-connect.com

AIRPORT EXPRESS, 1a Delancey Street, London NW1 7NL, Telephone: 0870 4430500, International: +44 (0)20 7916 0099, Fax: 0870 4430331, Email:
info@airport-express.co.uk , <http://www.airport-express.co.uk>

PATMOS INTERNATIONAL , Tel.: +44 (0)20 898 11 573, Fax: +44(0)20 898 0137, info@patmos-int.com , <http://www.patmos-int.com>

With Intercontex H&T You Can Tour The World

ANTIQUE MARKETS

LONDON

AARDVARK ANTIQUES, tel: 01507343412, enquiries@aardvarkantiques.co.uk ,
<http://www.aardvarkantiques.co.uk>

A1 FURNITURE ,37 Aden Road, Enfield , 020 8443 2827, www.a1-furniture.co.uk

ATOMIC ANTIQUES, 125 SHOREDITCH HIGH STREET , E1 6JE LONDON,
 LONDON, Phone: 020 77395923, Fax: +44 (0) 1753 552424

LAPADA , 535 King's Road , Chelsea , London , SW10 0SZ, Telephone: +44 (0)20 7823 3511 , Facsimile: +44 (0)20 7823 3522 , <http://www.lapada.org>

LINDEN & CO LTD, Chancery Lane, London WC2A 1QS,Tel. 020 7242 4863 ,Fax. 020 7405 9946 , lindenandco@aol.com , <http://www.lindenantiquesilver.co.uk>

REGENT ANTIQUES, Manor Warehouse,318 Green Lanes, London, N4 ,020 8802 3900 www.regentantiques.com

S & G ANTIQUES, Tel : 020 8950 4039, Mobile : 07768 366677,
gary@sandgantiques.co.uk , <http://www.sandgantiques.co.uk>

ART DEALERS & PUBLISHERS

LONDON

BISCHOFF/WEISS GALLERY,95 Rivington Street, London, EC2A 3AY,020 7033 0309, www.bischoffweiss.com

FRED LONDON LTD , 45 Vyner Street, London, E2 9DQ, e: info@fred-london.com , t: +44 (0)20 8981 2987, f: +44 (0)20 8981 8912 , <http://www.fred-london.com>

MOT INTERNATIONAL, 54 Regents Studios, 8 Andrews Road, London E8 4QN,
info@motinternational.org , T: +44 (0)20 7923 9561, www.motinternational.org

ROKEBY, 37 Store Street, London, WC1E7QF, 020 7193 3932,
www.rokebygalleries.com

START SPACE, 150 Columbia Road, London, E2 7RG, 020 7729 0522 , www.start-art.biz ,

THE APPROACH , 47 Approach Road, London, E2 9LY, 020 8983 3878 ,
www.theapproach.co.uk

BARBERS

LONDON

BARBER JOE'S , 8 Cavell St, London, E1 2HP, 020 77913553

GENTLE HAIRCUT BARBERS ,27b Commercial Rd, London, E1 1LD

MURDOCK LTD , 340 Old Street, London, EC1V 9DS , Tel: 02077 292288]

NUBIAN CUTS, 153 Francis Road, Leyton, London, E10 6NT, Telephone: +44 (0) 20 8539 4537

NV FOR GENTS LTD, 223, Shoreditch High St, London, E1 6PJ, T: 0207247 7629

PRINCE'S SALON BARBERS , Globe Road, London, E1 4LB, Tel: 020 7790 0657] 109

PROPERFIX, 49, Lower Clapton Rd, London, E5 0NS, T: 07946404908

BEAUTY SALONS/CONSULTANTS

BEAUTY @ ANJU'S, 26 Woodford Avenue, Town Centre, Ilford, IG2 6XG,
 Telephone: 020 8503 9900



42 Harley Street,
 London, W1G 9PW

T: +44 (0)800 542 4840, Fax: +44 (0)20 8530 7873

Email info@thebodyclinic.co.uk
<http://www.thebodyclinic.co.uk>

BEAUTY REPUBLIC,138 Upper Street,Islington,T:020 3302 2791,
info@beautyrepublic.net , www.beautyrepublic.net

BEAUTY TIPS , 5 Station Rd, Chadwell Heath, Romford , t: 020 8503 8573

DE JASMINE BEAUTY CENTRE, 130a, Ilford Lane, Ilford, Essex, IG1 2LE
 Tel: 020 8553 5289 , Email: dejasmin@btconnect.com ,
<http://www.dejasmine.co.uk>

DIANE MATTHEWS CLINIC, 118a North Street, Romford, Essex, RM1 1DL,Phone - 01708 72 72 39, <http://www.dianemattthews.co.uk>

HARBOUR BEAUTY CLINIC, The Ivory House, St Katharine's Dock, Nr Tower Bridge, London E1W 1AT , Tel: 0207 481 4500,
<http://www.harbourbeautyclinic.co.uk>

PAMPERED,208 Upper Street, London, Greater London N1 1RL ,020 7359 5701 , www.pamperedbeautysalon.co.uk

SLAVENA DESIGNS BEAUTY SALONS , 1 Fords Park Rd, London, E16 1NP , Tel: 020 7055 5423

SPA NAIL,18 Fortune Street, Islington, London EC1Y 0SB,
<http://www.spanail.co.uk>

THE BEAUTY GROVE, 1 ST FLOOR Meridian House, 62 Station Road , E4 7BA, 020 8529 5284, <http://www.beautygrove.co.uk>

ZEN HEALTH & BEAUTY ,274 Caledonian Road, North London, N11BA,
<http://www.zenbeautyclinic.com>

BOOKMAKERS

LONDON

COLLINS BOOKMAKERS LTD, 158 Major Rd, London, E15 1DY, 020 85344334

GLOBAL BETBROKERS LTD , 56 Marsh Wall, London, E14 9TP ,Tel: 0844 8552100

MOONEY RACING , 231 Cann Hall Rd, London ,T: 020 85557420

ODDSIT BOOKMAKERS , 220 Hoe St, London, E17 3AY , Tel: 020 8925 4242

PLAYERS BOOKMAKERS, 1 Crescent Road, Wood Green, London, N22 7RP, Tel: 020 8888 2020,Keith Little, 162 Loughton Way, Buckhurst Hill, Essex, IG9 6AR, Tel: 020 8505 7911,Email: enquiries@playersbookmakers.com , <http://www.playersbookmakers.co.uk>

WILLIAM HILL, 10\11 Dacre Street London ,SW1H 0DJ, 22\24 Strutton Ground Westminster, London , SW1P 2HR, 4 Pantom Street London SW1Y 4DL , 152 Waterloo Road London SE1 8SB , 98\99 Jermyn Street London SW1Y 6EE , 1A Bedford Street London WC2E 9HE

BOUNCY CASTLES/INFLATABLES

LONDON

BOUNCEABOUT CASTLES , Enfield & Barnet Branch , Tel: 0845 388 4068 , Mob: 07940 107554, <http://www.bounceaboutcastles.com>

BOUNCY CASTLE AND TRAMPOLINE , 109 shernhall st, Walthamstow e17, 07790 735264, support@bouncycastleandtrampolinehire.co.uk ,
<http://www.bouncycastleandtrampolinehire.co.uk>

FANTASIA ENTERTAINMENTS, TEL: 02077294643,
<http://www.fantasientertainments.moonfruit.com>

JUST JUMP BOUNCY CASTLES, Mr. Kashmir Singh, 2 Gants Hill, Ilford, Essex, IG2 6SL, Tel: 02082520701 , Mobile: 07952088191, Email: info@justjumpbouncycastles.com , <http://www.justjumpbouncycastles.com>

LUCKY CASTLES LTD, Ilford, Essex, IG6 2PJ, Tel:0208 55 00 1 77 , 0773 009 3247,info@luckycastles.co.uk , <http://www.luckycastles.co.uk>

P&J ENTERTAINMENTS LTD, Unit 28, Forest Business Park, Leyton, London, E10 7FB, Tel: 020 8509 0150 , <http://www.pjentertainments.co.uk>

BREAKDOWN RECOVERY

LONDON

ABBA RECOVERY, T: 07532 174505, <http://www.abbarecovery.co.uk>

DIRECT LINE, 0800 590 590, <http://www.directline.com>

GERRY'S RECOVERY, 29, Ridley Rd, London, E7 0LU, T: 07958271222

GREEN FLAG MOTORING ASSISTANCE, 3 Edridge Road, Croydon, Surrey, CR9 1AG, <http://www.greenflag.com>

RAC MOTORING SERVICES, Great Park Road, Bradley Stoke, Bristol, BS32 4QN , Phone: 08705 722 722, <http://www.rac.co.uk>

THEAA, Member Administration, Contact Centre, Lambert House, Stockport Road, Cheadle SK8 2DY, 0870 600 0371 , 0800 26 20 50 , Fax 0161 488 7544 , <http://www.theaa.com>

TILBURY GARAGE LTD , Breakdown Recovery , Tel: 0208 5313139, Unit 29 Uplands Business Park, Blackhorse Lane, Walthamstow, London, E17 5QJ

TROJAN MOTOR VEHICLE SERVICES BREAKDOWN RECOVERY , Tel: 020 8988 1888, Zenith House, Church Rd, London, E10 7JQ

CAFES & COFFEE SHOPS

LONDON

AROMA CAFE CAFES & COFFEE SHOPS , 146 Commercial St, London, E1 6NU, Tel: 020 7247 5335

BARONE, 192-193 Shoreditch High Street, Spitalfields, London, E1, Telephone: 020 7729 8049

COSTA COFFEE , COSTA GRESHAM STREET LONDON EC2V7NG, T: 020 7600 2988

EBB COFFEE LOUNGE, Ivory House, St. Katherines Dock, London, E1W 1AT, T: 0207481 1464

EDEN'S PANTRY, 72 Commercial Street, Spitalfields, London, E1 6LT, Telephone: 020 7247 2924

MODERN TIMES CAFE BAR, 87 Great Eastern St, London, EC2A 3HY, T: 020 76135333

PATISSERIE VALERIE ,37 Brushfield St, London, T:020 72474906, www.patisserie-valerie.co.uk

CAMPING/OUTDOOR EQUIPMENT

LONDON

A&N , 691 Romford Road, LONDON, E12 5AD, 703 Romford Road, LONDON, E12 5AW, Tel: 020 8478 7105, 020 8478 7106, Fax: 020 8553 9336, <http://www.armynnavy.co.uk>

BLANCHE CLEARY, 39 Prince Regent Lane, Plaistow , London E13 8RH, Tel 020 7476 2638, Fax 020 7511 3582, Email info@blanchecleary.co.uk , <http://www.blanchecleary.co.uk>

JOHN POLLOCK , TELEPHONE NUMBERS: LOUGHTON BRANCH 020 8508 6626 , BARNET BRANCH 020 8440 3994, <http://www.johnpollock.co.uk>

MILE END CLIMBING WALL, 23 Cordova Rd, London, E3 5BE, T: 020 89800289, www.mileendwall.org.uk

OASIS STORES LTD ,85-86 Old Broad St, London ,T: 020 72568608, www.oasis-stores.com

ROKIT LTD , Shoreditch, 101 Brick Lane, London E1 6SE, T: 020 7375 3864

CANOEING & KAYAKING

LONDON

DAISY TUFTS LTD, 13-14 Hoxton Market, London, N1 6HG , Tel: 020 77398075, Fax: 020 77399614

GLIDE3 LIMITED, 17 Ensign House, Admirals Way, Canary Wharf, London E14 9XQ, T: 0845 226 0748 , party@glide3.com , <http://www.glide3.com>

GSJETTECH, 231 High Road, South Woodford, London, E18 2PB, Tel: 0208 504 0011/506 0755 Fax: 0208 505 1795 , <http://www.gsjettech.com>

JET SKIING DOCKLANDS WATER SPORTS , Tel: 020 7511 5000, King George V Dock, Woolwich Manor Way, London, E16 2NJ

KING GEORGE SAILING CLUB, Lea Valley Rd, London, E4, T:020 8529 4250 , www.kgsc.org.uk

MILE END CLIMBING WALL, 23 Cordova Rd, London, E3 5BE, T: 020 89800289, www.mileendwall.org.uk

WILD ACTIVITY DAYS , Office at 8 Cornford Park. Pembury. Tunbridge Wells. Kent

CAR BODY REPAIRS

LONDON

AUTOCRASH ACCIDENT REPAIR CENTRE , Tel: 020 8475 0017, Email: inquiries@autocrash.co.uk , <http://www.autocrashaccidentrepairscentre.com>

C N C COACHWORKS , Ravenswood Industrial Estate, Shernhall Street, London, E17 9HQ , Tel: 020 85205994

D M P AUTOS LTD ,1-3 Georges Road, Holloway, London, N7 8HD, T: 020 7700 2842

MANFORD MOTORS , 302, Chigwell Rd, Woodford Green, Essex, IG8 8PN Telephone: 020 8504 3182,

SMART TECH , 202 Riverside Close , Upper Clapton , London , E5 9SU, Telephone: 02088 062 783 , Mobile: 07727 151 298, smarttech168@aol.com , <http://www.smartechonline.net>



T: 0800 731 6914, 0800 028 7878

0800 988 7998-Free quote

<http://www.chipsaway.co.uk>

UNICORN AUTO SERVICES LIMITED, 507-513 Cambridge Heath Road, Bethnal Green, London E2 9BU, FREECALL: 0800 030 2233 , Tel: 020 7729 1255, Fax: 020 7729 1256, Email: info@unicornautos.com , <http://www.unicornautos.com>

TC COACHWORKS ACCIDENT REPAIR CENTRE, 13b River Road,, Barking, Essex, IG11 0HE, Landline: 0208 591 9299, Mobile: 07957 231 791, Fax: 0208 591 0106, <http://www.tccoachworks.com>

T & A MOTORS , 1a Chingford Mount Rd, London , T:020 85278250

CAR SECURITY

LONDON

ALARMS 'N' SOUNDS, 247 Chingford Mount Road, Chingford, E4 8LP, T:020 8523 8864, info@alarmsnsounds.co.uk , <http://www.alarmsnsounds.co.uk>

COMMERCIAL VEHICLE LOCKS, 134, Hillyfields, Loughton, Essex, IG10 2PX, Tel : 020 8508 5493 , Email: watchsec@talktalk.net , <http://www.watchmansecurity.co.uk>

CUSTOM ICE, Unit 6 Chingford Industrial Centre, Hall Lane, Chingford , London E4 8DJ, Phone: 020-8529-3939, Email: info@customice.org.uk , <http://www.customice.org.uk>

IN CAR MUSIC, 605 High Road Leyton London E10 6rf, T: 020 8558 8111, <http://www.incarmusic.co.uk>

SOUND SECURE - MOBILE CAR SECURITY , 7 Jeremiah Court, Merstham, Redhill, Surrey RH1 2NE , Tel: 0800 9550895

WAYNE'S ALARMS, 21 Grange Rd, London, E13 0EE, Tel: 07944 602792

CARAVAN PARKS

LONDON

BRIDGE HOUSE - LONDON DOCKLANDS , 41, Falcon Way, London, E14 9UP , Tel: 07973 857187

CHOICE APARTMENTS LTD , 126, Wakefield St, London, E6 1NS, Tel: 020 8470 8986

HURST CHALETs TO LET (KENT) , 214, Rushmore Rd, London, E5 0HD, Tel: 020 8533 4475

RETREAT HOMES LTD , 56, Shoreditch High St, London, E1 6JJ, Tel: 020 7729 2889

RICE AND COLE LTD , Sea End Boathouse, Burnham on Crouch, Essex, CM0 8AN, T: + 44 (0)1621 782063, F: + 44 (0)1621 786741 , E: info@riceandcole.co.uk , <http://www.riceandcole.co.uk>

CHEQUE CASHING

LONDON

I.H.T.

ALBEMARLE BOND, 1a Oakfield Road, Croydon, Surrey, CR0 2UD, T:02086 808 147, 130 Broadway, West Ealing, London, W13 0TL 02085 670 265, 497 High Road, Wembley, London, HA0 2DH 02087 951 767, 164 Cowley Road, Oxford, OX4 1UE 01865 725 541, <http://www.albemarlebond.com>

CONNOLLY'S PAWNBROKERS & CHEQUE CASHERS, 65 Lower Clapton Road, Hackney, E5 0NS, 020 8986 4848, www.connollyshops.co.uk

EAGLE EXCHANGE LTD, 439 High St North, London, E12 6TJ, 020 84718884

H&TPAWNROKERS, 234 High Street, Walthamstow, London E17 7JH, Tel: 020 8521 8156, Fax: 020 8503 7620, 281 High Road, Leyton, Greater London E10 5QN, Tel: 020 8539 8332, Fax: 020 8539 2213, 157 Clapton Common, Clapton, London E5 9AE, Tel: 020 8809 1488, Fax: 020 8802 4761, 111 Lower Marsh, Waterloo, London SE1 7AE, Tel: 020 7928 0382, Fax: 020 7401 2450, 224 Northend Road, Fulham, London W14 9NU, Tel: 020 7385 3188, Fax: 020 7385 7485, <http://www.harveyandthompson.com>

MAXCROFT SECURITIES LTD, 632 Eastern Avenue, ILFORD, Essex, IG2 6PG, Telephone: 020 8518 1828, Fax: 020 8554 7296, Email: enquiries@maxcroft.co.uk, <http://www.maxcroft.co.uk>

THE MONEY SHOP, 51 Rupert St, London, 020 72876007, 222 Uxbridge Rd, London, 020 87405757, 5 Camberwell Rd, London, 020 77084700, www.moneyshop.tv

CLINICS

LONDON

ADVANCED LASER CLINIC LTD, 104 Harley Street, London, T: 020 7486 3838, www.laserclinic.co.uk

BUSH HILL PARK BABY CLINIC CLINICS, Main Avenue, Enfield, Middlesex EN1 1DS, Tel: 020 8375 2873



Global Health and Care Organisation
0845 606 0317
<http://www.bupa.co.uk>



EXECUFIT, Blossoms Inn Medical Centre, 21-26 Garlick Hill, London EC4V 2AU, telephone: +44 (0)20 7329 2570, email: xxinfo@execufit.co.uk, <http://www.execufit.co.uk>

FGA 57A Wimpole Street, London W1G 8YP, Tel: +44(0)20 7224 1880, Fax: +44(0)20 7224 1550, Emergency No: 07789 557748, <http://www.fertility-academy.co.uk>

HANDSWORTH HEALTH CENTRE, Handsworth Avenue, Highams Park, London, E4 9PD, Tel: 020 8527 0021

JEYARANI CENTRE, 34, Cleveland Road, South Woodford, London, E18 2AL, Tel: 020 8530 1146, <http://www.gentlebirthmethod.com>

LONDON LASER & LIGHT HAIR REMOVAL CENTRE, Clinic situated off 7 Queen Ann Street, London, 020 7580 8090, www.gynae-centre.co.uk

MARIE STOPES INTERNATIONAL (MSI), Telephone: + 44(0) 20 7034 2365, (0)20 7034 2317, Fax: + 44 (0)20 7034 2404, Email: press@mariestopes.org.uk, <http://www.mariestopes.org.uk>

NOVELLO CLINIC ISLINGTON, 141 Holloway Rd London N7 8LX, T:020 7607 1335

COACH HIRE

LONDON

B & C MINI BUSES, 27, Crossfields, Loughton, Essex, IG10 3PY, Tel :020 8502 0157, Email: bandcminibuses@btpopenworld.com, <http://www.bandcminibuses.co.uk>

CLINTONA, Telephone: (01277) 215526, Fax: (01277) 200038, E-mail: info@clintona.co.uk, <http://www.clintona.co.uk>

EAST LONDON TRAVEL, Head Office, East London Travel, 39 Hillside Road, Eastwood, Leigh on Sea, Essex, SS9 5DQ, Telephone: 0845 602 8806, E-mail: info@eastlondontravel.co.uk, <http://www.eastlondontravel.co.uk>

EMPRESS MOTORS LTD, 43-47 Greenwich High Road London SE10 8SL, Fax: 0207 729 0237, Email: info@empresscoaches.co.uk, <http://www.empresscoaches.co.uk>

ENSIGNBUS COMPANY, Juliette Close, Purfleet Industrial Park, Purfleet, Essex RM15 4YF, ENGLAND, Fax: +44 (0)1708 864340, sales@ensignbus.com, <http://www.ensignbus.com>

GO-AHEAD LONDON, 18 Merton High Street, London SW19 1DN, T:02086169431, <http://www.londongeneral.co.uk>

THE KINGS FERRY LTD, The Travel Centre, Gillingham, Kent. ME8 6HW, Tel: 01634 377577, Fax: 01634 370656, <http://www.thekingsferry.co.uk>

THE LONDON BUS COMPANY, Units 1-4, Northfleet Industrial Estate, Northfleet, Kent, DA11 9SN, Tel: 01474 361199, Fax: 01474 361188, <http://www.thelondonbuscompany.co.uk>

THE SWALLOW COACH COMPANY LTD, 1 Barlow Way South, Fairview Ind Est., Marsh Way, Rainham, Essex, RM13 8BT, UK, Tel: 01708 630555, Tel: 01708 555135, <http://www.swallowcoachco.com>

WESTWAY COACH SERVICES, 7a Rainbow Industrial Estate, Station Approach, Raynes Park, London, SW20 0JY, Tel: 020 8944 1277, Fax: 020 8947 5339, <http://www.westway-coaches.co.uk>

CONFERENCE/EVENT MANAGEMENT

LONDON

BANG MEDIA LTD, 6 HOXTON SQUARE, N1 6NU LONDON, LONDON, Phone: 020 77291122, Fax: (01883) 717429, www.bangmedia.com

FIRST CONFERENCES LTD, 7-9 Fashion St, London, E1 6PX, 020 73757500, www.firstconf.com

LONDON BUSINESS CONFERENCES LTD, 29 The Green, London, N21 1HS, 020 8920 1400, www.london-business-conferences.co.uk

THE LEGAL WORKSHOP LTD, 445 High Road, Woodford Green, IG8 0XE, Tel: 020 85054110

VOILA PRODUCTIONS, 45 Bow Triangle Business Centre, Eleanor St, London, E3, 020 8980 6000, www.voilaproductions.co.uk

XCLUSIVE TOUCH, 25 Greatorex St, London, E1 5NP, 020 7247 5060, www.xclusivetouch.com



CONFERENCE FACILITIES/SERVICES

LONDON

BISHOPSGATE INSTITUTE, 230 Bishopsgate, London, EC2M 4QH, <http://www.bishopsgate.org.uk>

CREDON CENTRE, Kirton Road, Plaistow, London, E13 9BT, Telephone 020 8430 5934, Fax 020 8471 4605, Email dawn.bowyer@newham.gov.uk, <http://www.npd.newham.gov.uk>

EPICENTRE, 41 West St, London, E11 4LJ, T: 020 85392432

EXCEL LONDON, One Western Gateway, Royal Victoria Dock, London, E16 1XL, T: +44 (0)20 7069 5000, E: info@excel-london.co.uk, <http://www.excel-london.co.uk>

INTEGRATED SOLUTIONS, New Enterprise House, 149 - 151 High Road, Romford, RM6 6PJ, T: 020 8599 8866, www.resourcebooking.co.uk

MODERN DEVICE INSTALLATIONS, 3, Guildford Rd, London, E6 5QS, Tel: 07506 630557

PETERHOUSE CENTRE, 122 Forest Rise, Walthamstow E17 3PW, Tel: 020 8509 1811, email: peterhousecentre@btconnect.com, <http://www.peterhousecentre.co.uk>

With Intercontex H&T You Can Tour The World

COSMETIC SURGERY

BRENTWOOD

SPIRE HARTSWOOD HOSPITAL ,01277 266 761, Email: cservice-hw@spirehealthcare.com , <http://www.spirehealthcare.com>

LONDON

HOLLY HOUSE HOSPITAL , High Road , Buckhurst Hill , Essex IG9 5HX ,T: 020 8505 3311 ,F: 020 8506 1013 - E: info@hollyhouse-hospital.co.uk, <http://www.hollyhouse-hospital.co.uk>

NUFFIELD HEALTH, 40 - 44 Coombe Road, New Malden, Surrey, KT3 4QF, Tel: 020 8329 6200, <http://www.nuffieldhealth.com>

THE ANTI-AGEING CLINIC LTD, 18 Chigwell Rd, London, E18 1LS, T: 020 89899391, www.antiageing.co.uk

THE BODY CLINIC, 42 Harley Street, London. W1G 9PW, <http://www.thebodyclinic.co.uk>

THE HARLEY MEDICAL GROUP , Marc House, Great St Thomas Apostle, London , EC4V 2BB , <http://www.harleymedical.co.uk>

TRANSFORM, Central London Clinic, 55 New Cavendish St, London, W1G 9TF, Fulham Clinic, 1-7 Fulham High Street, London, SW6 3JH, <http://www.transforminglives.co.uk>

WOODFORD HOUSE DENTAL PRACTICE , 162 High Road, Woodford Green, Essex IG8 9EF , <http://www.improveyoursmile.co.uk>



139a Fencepiece Road
Hainault, Ilford
Essex, IG 6 2LE

<http://www.thefencepiicedentalpractice.com>

DAY NURSERIES

LONDON

BOW CHILDCARE, 1 Bruce Road , Tower Hamlets , London E3 3hn, F: 020 8880 6608

BRIGHT HORIZONS FAMILY SOLUTIONS , Rushden, Northamptonshire, NN10 6BS, T 01933 415900 F: 01933 315199, 10-12 Empire Square, London, England, SE1 4NA, tel: 0207 407 2068, email: tabard@brighthorizons.com , customer@brighthorizons.com , <http://www.brighthorizons.co.uk>

BRIGHT KIDS DAY NURSERY ,leyton, 2 leyton mills marshall road, london ,T: 020 8558 0666, www.ultimatedaycarenursery.co.uk

BUSYBEES, Chingford, Larkwood , 2 Larkwood Leisure Park, 175 New Road, Chingford, E4 9EY , chingford@busybees.com , <http://www.busybeeschildcare.co.uk>

DREAMMAKER DAY NURSERY LTD , 65-69 St. Mary Graces Court, Cartwright St, London, E1 8NB, Tel: 020 7480 7166

LITTLE GREEN MAN DAY NURSERY & KIDS CLUB, 15 Lemna Road, Leytonstone, London, E11 1HX, Telephone: 020 8 539 7228, Email: enquiries@littlegreenmannursery.co.uk , <http://www.littlegreenmannursery.co.uk>

WHIPPS CROSS UNIVERSITY HOSPITAL, Whipps Cross Road, Leytonstone, London, E11 1NR, Tel: 020 8988 0818, Fax: 020 8988 0819, Email: whippscross@justlearning.co.uk , <http://www.justlearning.co.uk/whippscross>

DENTAL TECHNICIANS/DENTISTS

LONDON

ABBEY DENTAL PRACTICE ,25 St. James's St, London , T: 020 85212816

BLUEBELLDP, Tel: 020 8555 1144, 55 Romford Road, Stratford, London, E15 4LY, Email: stratford@bluebelldp.co.uk , <http://www.bluebelldp.co.uk>

CHADWELL DENTAL CARE, 1215 High Road, Chadwell Heath, RM6 4AL, T: 0845 099 5767, 020 8590 3284, Fax Number: 020 8599 6590, <http://www.chadwelldentalcare.co.uk>

CLARENCE HOUSE DENTAL HEALTH CENTRE, 58, Clarence Avenue, Gants Hill, Ilford, Essex, IG2 6JE, Tel :020 8554 8727 , Tel: 020 8554 9226 , Fax: 020 8554 9226 , <http://www.clarencehousedental.co.uk>

CLOVERFIELD HEALTH CLINC, 2 Witney Chambers, Fanshawe Avenue, Barking, Essex IG11 8TQ, Telephone number: 0208 591 2406, CloverleafHealthClinic@hotmail.co.uk , <http://www.cloverleafhealthclinic.com>

GALES DENTAL LABORATORY, 1 River Way, Loughton, IG10 3LJ, T: 020 85025274

HIGHLAND VIEW DENTAL SURGERY, Hornchurch, 229 Hornchurch Road, Hornchurch Essex RM12 4TP, T: 01708 707050 • F: 01708 707040, Leigh-on-Sea, 1809 London Road, Leigh-on-Sea, Essex SS9 2ST, T: 01702 553535 • F: 01702 554559 , <http://www.highlandview.co.uk>

STOKE NEWINGTON DENTAL PRACTICE, 83 STOKE NEWINGTON HIGH STREET , HACKNEY , LONDON N16 8EL, T: 020 7254 7542, F: 020 7241 6700

THE DENTAL SURGERY, 55 Mark Lane, London , EC3R 7NE, T: +44 (0) 20 7680 1800, <http://www.thedentalsurgery.co.uk>

T W M DENTAL LABORITRIES EASTERN AVENUE ,ILFORD ESSEX IG2 6PQ, T: 020 8554 4340

WISIL DENTAL LABORATORY, 340 Barking Rd, London, E6 3BA, T: 020 74743400

DOCTORS MEDICAL PRACTITIONERS

LONDON

BARKING RD MEDICAL CENTRE , 34, Barking Rd, London, E6 3BP , Tel: 020 8472 1347

CHRISP STREET HEALTH CENTRE, 100 Chrisp St, London, E14 6PG, T: 020 75154860, www.chrispstreetpractice.org

CLOCKWORKPHARMACY, 398-400 Mare Street, London, E8 1HP, T: 020-8525-1105, Info@clockworkpharmacy.com , <http://www.clockworkpharmacy.com>

PENRHYN AVENUE SURGERY, 2a Penrhyn Av, London, E17 5DB, T: 020 85272563

ROODLANE MEDICAL LTD, The Point, 164 Bishopsgate, London, EC2M 4LZ, T:020 73774646 , www.roodlane.co.uk

THE BLITHEHALE MEDICAL CENTRE, 3 Jersey Street, Bethnal Green, London, E2 0AW, Tel: 020 7739 5497, Fax: 020 7739 2251, www.blithehalemedicalcentre.nhs.uk

THE GYNAE-CENTRE, Suite 23 , 7 Queen Ann Street, Off Harley St , London W1g 9hn , Tel: 020 7580 8090, <http://www.gynae-centre.co.uk>

DOG & CAT GROOMING

LONDON

CLASSY CANINES , Unit 12 The Village Arcade, Station Rd, North Chingford, London, E4 7DA ,Tel: 020 8279 1734

DIRTY RASCALS , 53, Station Rd, London, E4 7BJ, Tel: 020 8524 3311

FUNKY DOGS, Tel: 0208 524 1585, Mob: 07972 424170, Email:kim.nolan@talktalk.net , <http://www.funkydogs.org.uk>

FANCY FIDO, 39 Newbury Rd, Ilford, IG2 7HD, T:020 85909265, www.fancyfido.co.uk

LIN'S MOBILE DOG GROOMING , 11, Reed Mansions, Cambridge Rd, Wanstead, London, E11 2PX ,Tel: 07710 103036

PET UNIVERSE,51 Atherton Road, Clayhall, Ilford, Greater London, IG5 0PQ, United Kingdom, tel. 020 8550 0430, <http://www.pet-universe.co.uk>



DRAMA SCHOOLS

LONDON

CENTRESTAGE HOUSE, 117 Canfield Gardens, London, Greater London, NW6 3DY, Telephone: 0207 328 0788, <http://www.centrestageschool.co.uk>

DEBORAH DAY THEATRE SCHOOL TRUST, The Hartley Centre, 267, Barking Rd, East Ham, London, E6 1LB, Tel: 020 8502 6866, <http://www.ddtst.com>

FREEDOM ACADEMY OF PERFORMING ARTS, Trevor Bailey Sports Ground, Dulwich Common, London, SE21 7LD, T: 07530 061658, www.freedomacademy.co.uk

SCHOOL OF PHYSICAL THEATRE, Waterhouse Studio, Three Mills Media Centre, Three Mill Lane, Bromley-by-Bow, London, E3 3DU, tel: +44 (0)20 8215 3350, fax: +44 (0)20 8215 3482, e-mail: school@physicaltheatre.com, <http://www.physicaltheatre.com/main>

THE INTERNATIONAL SCHOOL OF SCREEN ACTING, Hedges & Butler Estate, Unit 3, Sugar House Ln, London, E15, T: 020 8555775, www.screenacting.co.uk

DRIVING SCHOOLS

LONDON

AA DRIVING SCHOOL, T: 0800 587 0087, <http://www.theaa.com>

ALAN'S DRIVING SCHOOL, Barking T: 08000 37 39 79, <http://www.alansdrivingschool.co.uk>

CROWLANDS DRIVING SCHOOL, R/O 272-288 Pettits Lane North, Romford, Essex, RM1 4PJ, Tel: 01708 761110, Fax: 01708 737100, Email: info@crowlands.co.uk, <http://www.crowlands.co.uk>

DRIVING COLLEGE LTD, London, UK, Phone: 020 8281 7777, Text: 0771 222 7777, Email: sales@drivingcollege.co.uk, <http://www.drivingcollege.co.uk>

HART SCHOOL OF DRIVING, 17 Hatch Lane, Chingford, London, E4 6LP, Telephone: 0208 529 1894 / 0208 524 6757, Email: info@hartschoolofdriving.com, <http://www.hartschoolofdriving.com>

KIMS SCHOOL OF MOTORING, Leytonstone Road, Hackney, London E15 1SA, tel: 020 8534 7585, <http://www.kimsschoolofmotoring.co.uk>



Room G5,
Bow House Business Centre
153-159 Bow Road
London, E3 2SE

T: 0207 791 1971, 0208 980 3631

mutualdrivingschool@bopenworld.com

<http://www.mutualdrivingschool.co.uk>

RED DRIVING SCHOOL, E-Mail: enquiries@go-red.co.uk, Freephone 0800 688 8811, <http://www.go-red.co.uk>

SANDRA'S DRIVING SCHOOL, 153 Bow Road, Room B4B, London, E3 2SE, Tel: 07956 348 190, Email: info@sandrasdrivingschool.co.uk, <http://www.sandrasdrivingschool.co.uk>

SMILE SCHOOL OF MOTORING, 15 Lambourne Road, Barking, Essex, IG11 9PR, Phone: 07715868826, 07903326235, Email: info@smileschoolofmotoring.net, <http://www.smileschoolofmotoring.net>

DRY CLEANERS

LONDON

ARDLEIGH GREEN, 197 Ardleigh Green Rd, Hornchurch, RM11 2SD, T: 01708 448085

BURNT OAK BROADWAY DRY CLEANERS, 65 Burnt Oak Broadway, Edgware, T: 020 89523842

CITY OF LONDON DRY CLEANING, 52 Canada Place, Canary Wharf, T: 020 7308 9889, <http://www.citydry.com>

CITY SLICKERS, 57-60 Aldgate High Street, London, T: 020 7488 4958

OSCAR DRY CLEANERS, 89 Upper Clapton Rd, London, T: 020 88064815

STARSHINE DRY CLEANERS, 66 Upper Wickham Lane, Welling, T: 020 8855 2345, www.starshine-drycleaners.com

THE BILLET, 280 Chingford Rd, London, E17 5AL, T: 020 85273235

ENTERTAINMENT AGENCIES

LONDON

DREAM GIRL FEMALE STRIPPERS, T: 0800 092 2663, booking@dreamgirlstrippers.co.uk, <http://www.dreamfemalestrippers.co.uk>

SIMON & HOW, 90-92 Ley Street, Ilford, Essex, IG1 4BX, t: +44 (0)20 8553 9999, f: +44 (0)20 8553 4849, m: 07968 451 529, <http://www.simon-how.com>

SUPERSTAR MANAGEMENT, 142, Fleeming Rd, London, E17 5EU, Tel: 07957 788397

STRIPAGRAMS, Tel: 02089450923, 02089450009, 0845 0656463, info@stripagram.co.uk, <http://www.stripagram.co.uk>

STRIPPERGRAM UK, Hill House, 210 Upper Richmond Road, London, SW15 6DU, Tel: 0800 243894, 800 6520903, Email: booking@strippergram-uk.co.uk, <http://www.strippergram-uk.co.uk>

TALENT NETWORK RECORDS, Tel: 07944 745246, 314, Barking Rd, London, E6 3BA

FLORISTS

LONDON

A.G.PRICE, 217-219 Well Street Hackney, London, Inner London, E9 6QU, <http://www.agpriceflowers.co.uk>

BROWN'S LONDON, DLR Concourse, Canary Wharf, London E14 5AB, Tel/Fax: +44 (0)20 7512 9275, Email: info@brownslondon.co.uk, <http://www.brownslondon.co.uk>

BROOK BUDS, Tel: 020 8500 2002, Email: t.aling@sky.com, <http://www.brookbuds.co.uk>

HEAVENLY TOUCH FLORIST, 125 Wood Street, Walthamstow, London E17 3LL, Tel: 0208 521 2525, Fax: 0208 521 2573, <http://www.heavenlytouchflorist.co.uk>

FLOWERS BY KAREN, Telephone +44 20 8551 7665, Fax to +44 20 8550 8051, flowersbykaren1@aol.com, <http://www.flowersbykaren.co.uk>

PETALS IN BLOOM, 19 Orford Road, Walthamstow, E17 9NL, Telephone: +44 (0) 208 520 3222, <http://www.petalsinbloom.net>



GOLF CLUBS COURSERS

LONDON

CHINGFORD GOLF CLUB, 158 Station Road, Chingford, London E4 7AZ, Telephone 020 8529 2107

CHINGFORD GOLF CLUB MAPS, 4 Bury Rd, London, E4, T: 020 8529 5708

CITYBUNKER, canary wharf, london, E14 4AS, T: 020 7537 7940, Fax: 020 7987 4178, www.citybunker.co.uk

LOUGHTON GOLF CLUB, Clay's Ln, Loughton, IG10, T: 020 8502 2923, www.loughtongolfclub.co.uk

ROYAL EPPING FOREST GOLF CLUB, Forest Approach, London, T: 020 85292195

ST CLERES HALL GOLF CLUB, London Road, Stanford le Hope, Essex, SS17 0LX, <http://www.stcleresgolf.co.uk>

WOODFORD GOLF CLUB, 2 Sunset Av, Woodford Green, IG8 0ST, T: 020 85043330

HAIR CONSULTANTS

LONDON

ADVANCEDHAIRSTUDIO, 40 Fitzroy Square, London, W1T 6EY, England, Phone: 020 7631 4989, Fax: 020 3219 1088, <http://www.advancedhairstudio.com>

ESSEX HAIR & SCALP CENTRE, The Bungalow Annexe 19 Balgore Square, Gidea Park RM2 6AU, T: 01708 728 980 (M. 0781 0202 385), <http://www.trikhos.co.uk>

NOBLE SLEEK LTD, Unit 6, 17 Argall Av, London, E10 7QE, T: 020 85569066, www.sleek.co.uk

NUU STUDIO, Cairngorm House, 203, Marsh Wall, London, E14 9YT, Tel: 020 7538 3884

TRICHOLOGIST PETER BANNISTER'S, 7 Park Crescent, London. W1B 1PF, Telephone : 01277 824295, <http://www.trichology.uk.com>

HAIRDRESSERS

LONDON

AQUA HAIR SPA, 15 Amsterdam Rd, London, E14 3UU, T: 020 75382515, www.aquahairspa.co.uk

BAB-ZEE SALON, 61 West Green Rd, London, N15 5DA, T: 020 88092866

BEAUTY CREATIONS LTD, 167, Plaistow Rd, London, E15 3ET, Tel: 020 8522 7776

BEAUTY ISLAND, 242A Bethnal Green Road, London E2 0AA, Phone 020 7729 8993, Mobile 078 6796 2513, info@beautyisland.me.uk, <http://www.beautyisland.me.uk>

CHRIS & PETE, 530 Barking Rd, London, E13 8, T: 020 8472 1731

DEE HAIR FASHIONS, 141 Gordon Rd, Ilford, IG1 2XT, T: 020 84787319

GOOD SALON GUIDE, info@goodsalonguide.co.uk, <http://www.goodsalonguide.co.uk>

HAIR FLAIR, 698 Lea Bridge Rd, London, T: 020 85398279

JOHN HARDING SALON, Ivory House, East Smithfield, St Katherine's Dock, London, E1W 1AT, Tel: 020 3302 1260

SHADES OF GREEN HAIRDRESSERS, Telephone: 020 7998 8081 | 13, The Quarterdeck, London, E14 8SH

EXCELSIOR HEALTH AND FITNESS, Gymbox bank 71 lombard street, London, Phone number: 07887542030, info@excelsiorfitness.com, <http://www.excelsiorfitness.com>

FITNESS EXCHANGE BROADWAY, 2 Exchange Square, London, T: 020 7920 0192, www.fitnessfirst.com

FITNESS FIRST, Blue Star House, 234-244 Stockwell Rd, London T: 020 77335522, Cottons Building, Tooley Street, Southwark, London - 020 7403 1171, 246 High Holborn, London, 020 78314911, www.fitnessfirst.com

FORT GALAXY GYM, 1 Connaught Lane, Ilford, IG1 1QY, T: 020 85140686

SLIM JIM'S HEALTH CLUB, 1 Finsbury Ave, London, Hackney, EC2M, T: 020 7247 9982, www.slim-jims.co.uk



IMMIGRATION ADVICE

LONDON

AKIS -A.K. IMMIGRATION SERVICES, 178-A, Hight Street North, East Ham, London E6 2JA, Tel: 0208 471 9007, Fax: 0208 471 9009, Email: contact@akimmigration.co.uk, web: www.akimmigration.co.uk

ASG IMMIGRATION LIMITED, 107-109 Great Portland Street, London, W1W 6QG, United Kingdom, mail@asgvisa.com, t. +44 (0)20 7299 3330, f. +44 (0)20 7299 3331, <http://www.asgvisa.com>

JONES KELLEHER & ASSOCIATES, 11-15 Highbridge Wharf, London SE10 9PS, Tel: +44 (0) 20 8858 4488, info@joneskel.com, <http://www.joneskel.com>

LSE IMMIGRATION CONSULTANTS, 1st floor, 14, Cavell St, London, E1 2HP, T: 0207265 8844

MILLER EVANS & CO, 1st Floor 83 Kingsland High Street, London, E8 2PB, T: 020 79238600, www.me-solicitors.co.uk

NOVELLS LEGAL PRACTICE, 57 Whitechapel Road, First Floor, London, E1 1DU, T: 020 7392 7672, F: 020 7392 7671, Emergency: 07944 287 767, Email: info@novellslegals.co.uk, <http://www.novellslegals.com>

OWENS STEVENS SOLICITORS, 152 -156 Lower Clapton Road, Hackney, London E5 0QJ, Telephone : 0208 986 7555, Fax : 0208 986 7444, Mobile : 0781 307 0744, <http://www.owensstevens.org.uk>

POLLARDS, Clevedon House, 453, High Rd, London, N22 8JD, Tel : 020 8881 3333, Fax : 020 8888 1858, Email: erifat@pollardssolicitors.org.uk, <http://sitebuilder.yell.com>



HEALTH CLUBS / SPAAS

LONDON

BODY LINES HEALTH CLUB, 461 Bethnal Green Rd, London, E2 9QH, T: 020 76131631

BODY & SOUL, 10 Torrington Drive, Debden, Loughton, IG10 3SZ, Tel: 0208 5020175, Email: info@body-soul.co.uk, <http://www.body-soul.co.uk>

BODYWORKS GYMNASIUM, Unit 5, Fountayne House, Fountayne Rd, London, N15 4QL, Tel: 020 8808 6580

CONTOURS FITNESS & BEAUTY CLUB, 565a-571 Lea Bridge Road, LONDON, E10 7EQ, T: 02085564595



INSURANCE CAR

LONDON

CHURCHILL, T: 0800 032 4829, quotes@churchill.com, <http://www.churchill.com>
DIRECT LINE CAR INSURANCE, Car insurance general enquiries 0845 246 3761, 0845 246 3737, <http://www.directline.com>
ENDSLEIGH, T: 0800 358 1740, <http://www.endsleigh.co.uk>
INSURANCE4VANS, T:0800 080 5245, <http://www.insurance4vans.com>
LLOYDS TSB, T: 0800 032 3943, <http://www.insurance.lloydstsb.com>
MORETHANBUSINESS, T:0800 294 2412, <http://www.morethanbusiness.com>
MOTOR INSURANCE WAREHOUSE, T: 0800 954 4690, <http://www.motorinsurancewarehouse.com>
NORWICH UNION, T: 0800 015 4715, 0800 051 2615, <http://www.aviva.co.uk>
ONE CALL, 88-90 St Sepulchre Gate, Doncaster. DN1 1SD, Sales, T:0845 345 6445 existingenquiries@onecalldirect.co.uk, <http://www.onecalldirect.co.uk>
SAGA, Tel: 0800 015 6090, <http://www.saga.co.uk>
SALAAM HALAL INSURANCE, PO BOX 237, Cheadle, SK8 3WY, T: 0800 048 0186, enquiries@salaaminsurance.com, <http://www.salaaminsurance.com>
THEAA, T: 0800 316 2456, 0800 316 1193, <http://www.theaa.com>

THEYDON MOUNT, Epping Ln, Stapleford Tawney, Romford, RM4, T:01992 813617



LANGUAGE COURSES & SCHOOLS

LONDON

ELITE LANGUAGE INSTITUTE, 68 King William Street, London, EC4N 7DZ, t:020 7959 2220, www.elitelanguageinstitute.co.uk
LANGUAGE BOOST, 96 Bellingham Rd, London, 46 hogarth road, London, www.languageboost.co.uk
LONDON PREMIER COLLEGE, 165 Commercial Road, London E1 2DA, United Kingdom, Phone : + 44 (0)207 780 1611, Fax : + 44 (0) 207 780 1615, <http://www.londonpremiercollege.com>
LONDON SCHOOL OF ECONOMICS, Houghton Street, London WC2A 2AE England, UK, Phone: 011 20-7955 7933/6713, Location: London

INSURANCE-TRAVEL

LONDON

AXA-ASSISTANCE, T:020 74234400, enquiries@axa-assistance.co.uk, www.axa-assistance.co.uk
JUST INSURANCE, T: 0800 072 0294, <http://www.justthecover.co.uk>
SAGA, T: 0800 015 0252, <http://www.saga.co.uk/insurance/travel-insurance>
SWINTON, T: 0800 458 4753, <http://www.swinton.co.uk/travel>
THEAA, Travel Insurance, T: 0800 092 0609, <http://www.theaa.com>

INTERNET CAFES

LONDON

CAFE SERVE, 120 Hoxton St, London, N1 6SH, T: 020 70330195
DMC MOBILE CENTRE INTERNET CAFES, 87, Upton Lane, London, E7 9PB
 Tel: 020 3200 1000
FABB ENTERPRISES LTD, 614, Roman Rd, London, E3 2RW, Tel: 020 8981 0888
FASCA LTD, 180, High St North, London, E6 2JA, Tel: 020 8821 9519
STAR INTERNET, 40 Whitfield St, London, T: 0800 138 4443, www.star.net.uk
THE OCS INTERNET CAFE, 233, Plashet Rd, London, E13 0QU Tel: 020 8552 3665

KENNELS-BOARDING

LONDON

CHALET KENNELS & CATTERY, New Farm Drive, Abridge, Essex, RM4 1BU, Tel: 01992 813 088, Mobile: 07957 144 838, Mobile: 07951 050 155, E-mail: info@chaletkennels.co.uk, <http://www.chaletkennels.co.uk>
HOME FROM HOME, Tel: 0845 474 0316, <http://www.dogboardinguk.com>
K9-UNIT, Lakeview Kennels, Claverhambury Road, Waltham Abbey, Essex EN9 2BL, <http://www.k9-unit.com>
LADYBIRD KENNELS & CATTERY, T:01277 353401, <http://www.ladybirdkennels.co.uk>
ORANGE TREE KENNELS & CATTERY, Chalet Kennels, Red Cott New Fm Dv, Abridge, Romford, Essex, RM4 1BU, T:01992 813088 <http://www.kennelsandcatteries.com>
SOUTHEND FARM, Southend Lane, Waltham Abbey, Essex EN93SE, Telephone : 01992 715283, Fax :01992 714588, E-Mail : bookings@southendfarm.com, <http://www.southendfarm.com>



4 Ravey Street
 London EC2A 4QP
 T: +44 (0) 20 7739 4411
 F: +44 (0) 20 7729 0933
 E: learn@intuitionlang.com
<http://www.intuitionlang.com>

FRENCH LESSONS JFK, 91, Brick Lane, London, E1 6QL, Tel: 07899 944444

LIMOUSINE HIRE

LONDON

1ST CALL LUXURY LIMOUSINES, PO BOX 2115, Ilford, Essex, IG1 9LP, info@1stcall-limos.co.uk, <http://www.redbridgelimos.co.uk>
EXECUTIVELIMOUSINES, T: 020 8524 4474, Mobile: 07904194119, info@executivelimousines.co.uk, <http://www.executivelimousines.co.uk>
FIRST CHOICE LIMO, Address: 36 High Street Romford Essex RM1 1HR, Phone/Fax: 0208 270 7786, Mobile: 07904 681 003, Email: chris@firstchoicelimohire.co.uk, <http://www.firstchoicelimohire.co.uk>
GLAMOUR LIMOUSINES, Stacey House, Fielding Road, Cheshunt, EN8 9TL, Telephone Landline 0208 245 9157, Telephone Mobile 07957 449 131, Email Address sales@glamlimos.com, Web address www.glamlimos.com
L.A. STRETCH LIMOS, Freephone 0800 0181465, Email: LALimos@aol.com, 24 Hour Service Line: 020 8554 9292, 24 Hour Fax Line: 020 8554 9393, <http://www.lastretchlimos.co.uk>

LIMOZ AND CARZ LTD, Tel: 020 8521 8521, Mobile: 07946 000 414, email: limozandcarz@hotmail.com , <http://www.limozandcarz.com>
SIGNORA LIMOUSINES, T: 020 7723 7373, E-Mail: info@signoralimousines.co.uk , <http://www.signoralimousines.info>

LINGERIE SHOPS

ANN SUMMERS LTD, 104 Kensington High St, London, W8 4SG, T: 020 79383455, www.annsummers.com
CASTLE HOSIERY (LONDON) LTD, 6 White Church Lane, Whitechapel, London, E1 7QR, T: 020 73752146
CHAMPS HOSIERY LTD, London, 82 Commercial Street, London E1 6LY Phone: 0207 377 5488
GLIM FASHIONS, London Fashion Clothing, 8 Toynbee Street, London, E1 7NE, Tel: 020 72474410
KAVALENTINELINGERIE, Telephone : 07702792782 , Email : kavalentine@blueyonder.co.uk , www.Kavalentinelingerie.co.uk
LEGS & LINGERIE, LONDON , Unit 80a The Exchange, High Road, London IG1 1AT , Phone: 0208 514 2540

LOCKSMITHS

LONDON

A A LOCKSMITHS LTD, 103 Kentish Town Rd, London, NW1 8PB, T:020 74852390
AC KEY DIAGNOSTICS LTD, T:07770 871 705, <http://www.replacementcarkeys.co.uk>
ALLIANCE LOCKSMITHS, T: 0800 328 2825, mail@alliancelocksmiths.co.uk , <http://www.alliancelocksmiths.co.uk>
BANHAM BURGLARY PREVENTION, 233 - 235 Kensington High Street, London W8 6SF, Tel: 020 7622 5151, Fax: 020 7376 1232, E-mail: kenhighst@banham.com , <http://www.banham.com>
EXPRESS LOCKS, T: 020 8501 3077, <http://www.expresslockservices.co.uk>

LOCKAID , Unit 110 34 Buckingham Palace Rd London, SW1W 0RH, Telephone: 0870 333 6391, Fax: 0870 333 6392, e-mail: info@lockaid.co.uk , <http://www.lockaid.co.uk>

LOCKSMITH EALING - LOCK AND KEY EALING LOCKSMITH, New Broadway, Ealing, W5 5AW, T: 020 8432 6083 , www.locksmithhealing.com
LOCKWIZARD, Tel: 0800 112 3170, Email: info@lock-wizard.com , <http://www.lock-wizard.com>
M L S SECURITY SYSTEMS LTD , 3 Manchester Rd, London, T: 020 75152121
OMEGA LOCKSMITHS, T:020 8504 9696 / 07890 969 051 , info@omegamobilelocksmiths.co.uk , <http://www.omegamobilelocksmiths.co.uk>
THE LOCK COMPANY, Lock House, Mortham Street , Stratford , London, E15 3LS, T:0800 118 2602 , T: 0208 221 1907, sales@thelockco.co.uk , <http://www.thelockco.co.uk>



LUGGAGE & BAGS

LONDON

CRISTINA HANDBAGS, 93 Hackney Road, Bethnal Green, London, E2 8ET, Telephone: 020 7739 6235
LAWTONS TRAVEL GOODS , 62, Wentworth St, London, E1 7TF, Tel: 020 7377 1307
MONARCH LEATHER GOODS LTD, 324 Hackney Rd, London, E2 7AX, T: 020 76130719
ROSE LUGGAGE & LEATHER GOODS, 4th avenue/Pioneer Market, Winston Way, Ilford, Essex, IG1 2RD. Tel : 020 85140548
SHAW LEATHER GOODS, 21 Wentworth Street, London, E1 7TB or 48 High Street Barkingside, Essex IG6 2DQ,T:44(0)20 7247 4057, FAX :+44(0)20 7247 4057, <http://www.shawleathergoods.co.uk>
UNIQUE BAGS, 275 Hackney Rd, London, E2 8NA, T:020 77298288

MARQUEE & TENT HIRE

LONDON

ABBEY MARQUEE HIRE, 4a, Latymer Rd, London, N9 9PU, Tel :020 8807 4622 , Email: bencollister@aol.com , <http://www.abbeymarqueehire.co.uk>
ACCESS PLANT (HIRE & SALES) LTD, 9 Orient Industrial Park, Simonds Road (Off Church Road), Leyton London E10 7DE, Tel: 020 8518 7400, Fax: 020 8518 7004, E-mail: hire@accessplant.demon.co.uk , <http://www.accessplant.co.uk>
CARRINGTONS MARQUEES , T: 0800 328 0790, mail@carringtonsmarques.co.uk , <http://www.carringtonsmarques.co.uk>
CYGNET MARQUEES , 28 Hardys Way, Canvey Island, Essex, SS8 9PT, UK, T: 0500 412 999, <http://www.cygnnetmarques.com>
G&D MARQUEES, ROMFORD OFFICE 9 Redriff Road, Romford, Essex, RM7 8HD 01708 750849 , gdmarques@hotmail.co.uk , <http://www.gdmarques.co.uk>
P&J ENTERTAINMENTS LTD, Unit 28, Forest Business Park, Leyton, London, E10 7FB, Tel: 020 8509 0150 , <http://www.pjentertainments.co.uk>
SAHARA MARQUEE & TENT HIRE CO, Unit 22, Ropery Business Park, Anchor & Hope Lane, London, SE7 7RX, Tel :020 8305 1111 , Email: info@saharamarques.co.uk , <http://www.saharamarques.co.uk>



Sahara Marquee & Tent Hire Co
 Unit 22, Ropery Business Park
 Anchor & Hope Lane
 London, SE7 7RX
 Tel :020 8305 1111

Email: info@saharamarques.co.uk
<http://www.saharamarques.co.uk>

MINI BUS HIRE

LONDON

ANYROAD HIRE MINIBUS SERVICES , Tel: 020 7474 7211, 11 Tinto Rd, Canning Town, London, E16 4BB
A STAR MINIBUS HIRE MINI BUS HIRE , 55 Middleton Gardens, Ilford, Essex IG2 6DX ,Tel: 020 8554 2987
B & C MINI BUSES, 27, Crossfields, Loughton, Essex, IG10 3PY, Tel :020 8502 0157 , Email: bandcminibuses@bopenworld.com , <http://www.bandcminibuses.co.uk>
CARLTON TRANSPORT 245, Packington Square, London, N1 7UD , Tel: 07988 140849
GOLDLINE EXECUTIVE TRAVEL, 22 Church Lane, London, E11 1HG, Tel: 020 8988 8888, Fax: 020 8556 8786, sales@goldlineexecutivetravel.co.uk , enquiries@goldlineexecutivetravel.co.uk , <http://www.goldlineexecutivetravel.co.uk>

I.H.T.

ECONOMY VEHICLE HIRE LTD ,Mini Bus Hire , Tel: 020 8521 0641| 10, Forest Rd, London, E17 6JJ
JACKS LUXURY TRAVEL , 16 Lancaster Avenue, London, E18 1QF , Tel: 07931 445696
JOHN HOUGHTON LUXURY COACHES 2 Elgar Av, London ,T:020 85670056, www.luxuryminicoaches.com
MINIBUS DIRECT , 124, Whitechapel Road, London, E1 1JE , Tel: 020 3302 4832
R'N'B TRAVEL MINI BUS HIRE , Tel: 0800 084 2046, 26 The Drive, Goffs Oak, Waltham Cross, Hertfordshire EN7 5PA

With Intercontext H&T You Can Tour The World

MOT TESTING

LONDON

AUTO ELECTRO, Unit 10 Oaklands Park Ave, High Road, Ilford, Essex IG1 1TF, T:0208 553 5505 , Mobile: 07957 633 156 , Email: moni@auto-electro.co.uk
info@auto-electro.co.uk , <http://www.auto-electro.co.uk>
BATT BROS, Arch 293, Cambridge Heath Rd, Bethnal Green, London, E2 9HA, Tel :020 7998 8316 , <http://www.battbros.co.uk>
BROOKE MOTORS, 51a Kenninghall Rd, London, E5 8BS, T:020 89850015, www.brookemotors.co.uk
CAR HOSPITAL LTD , 1, Cricketfield Rd, London, E5 8NR, Tel: 020 8985 2314
CLARKS GARAGE, 300 Chigwell Road , Woodford Green , Essex , IG8 8PN , Tel 020 8504 7477 , Fax 020 8559 1767 , <http://www.clarksgarage.co.uk>
D & A MOTOR CO, 6 Station Approach, Hoe St, London, E17 9QF, Tel :020 8520 2515 , Fax: 020 8520 4140 , <http://www.dandamotorcompany.co.uk>
WLFE MOTOR COMPANY, 632-640 Garratt Lane, London, SW17 0NT, Tel: 020 8946 2828, Fax: 020 8944 2989, gerry.clemente@wlfe.co.uk , <http://www.wlfe.co.uk>

AUTOTEKS MOT CENTRE
 CARS • VANS • PETROL • DIESEL • CATALYSTS



1a Shaftesbury Road,
 London, N18 1SW
 Tel: 020 8803 9122 ,
 Fax: 020 8803 9132 ,
 email: info@autoteks.co.uk
<http://www.autoteks.co.uk>



NIGHT CLUBS & DISCOS

LONDON

333 CLUB, 333 Old St, London, EC1V 9LE, T:020 77391800 , www.333mother.com
ALLAH NIGHT CLUBS & BARS , 126 High Rd, Loughton, Essex IG10 4BE , Tel: 020 8518 4496
IMAGES V I P, 483 Hackney Rd, London, E2 9ED, T:020 77395213
RHYTHM FACTORY, Ground Floor, 16-18 Whitechapel Rd., London, E1 1EW, T:020 7375 3774 , www.rhythmfactory.co.uk
THE E ONE CLUB, 168 Mile End Road, Spitalfields, London, E1 4LJ
THE ROOM AT THE TOP , 197 High Rd, Ilford, IG11 1LX, Tel: 0208 616 2019, <http://www.roomatthetopnightclub.co.uk>
WHITES GENTLEMENS CLUB, 32 Leman Street, Shadwell, London, E1 8EW, T:020 74884000

OSTEOPATHS

LONDON

BOA, Osteopathy, 12 The Shrubberies, George Lane, London, E18 1BD, United Kingdom, Tel: 07956463838, **Chingford** Osteopaths, 26A Station Road, Chingford, London, E4 7BE, United Kingdom, Tel: 020 8529 0815, Fax: 020 8350 0593, E-Mail: neilrowe@aol.com , <http://www.osteopathy.org>

BODYBALANCE, Romford, t:01708 702200, Hornchurch, t:01708 501150, South Woodford, t:0208 532 2922, <http://www.bodybalance.co.uk>
BODYWISE YOGA AND NATURAL HEALTH CENTRE, 119 Roman Road, Bethnal Green, London E2 0QN, Tel: 020 8981 6938 , <http://bodywisehealth.org>
BROADWAY MARKET OSTEOPATHIC CLINIC, 14 Broadway Market, Hackney, London, E8 4QJ, tel 020 7249 2866, mob 07944 095 286, email rick@broadwayosteo.com , <http://www.broadwayosteo.com>

DEVONSHIRE, 2 Devonshire Sq, London, EC2M 4UJ, T:020 73777525 , www.devonshireosteopaths.com

KAPA MEDICARE OSTEOPATHY ,129 Power Road, Chiswick London W4 5PY ,+44 020 8987 9292, info@kapamedicare.com
<http://www.kapamedicare.com>
PENNY KELLY, 72 Windsor Rd, London, E10 5LR, T:020 85586841
THE BLUE HOUSE CLINIC , 30, Calvin St, London, E1 6NW, Tel: 020 7375 0785
THE GEOFFREY LLOYD FOULKES CLINIC OF COMPLEMENTARY MEDICINE, 27 York Road, Ilford, IG1 3AD, Tel: 020 8478 0443
<http://www.geoffreylloydfoulkescclinic.co.uk>
THE LSO , First Floor, 50-60 Nelson Street, London E1 2DE, T:020 7265 9333, info@lso.ac.uk , <http://www.lso.ac.uk>
WANSTEAD OSTEOPATHS, Wanstead Village Dental and Health Centre 24 High Street, Wanstead, London, E11 2AQ, Telephone: 020 8530 3388, Email: info@wansteadosteopaths.co.uk , <http://www.wansteadosteopaths.co.uk>



PAWNBROKERS

LONDON

ALBEMARLE BOND , 244 Heathway, Dagenham, Essex, RM10 8QS T:02085 957 327 , 78 Market Place, Romford, Essex, RM1 3ER T:01708 757 373 , <http://www.albemarlebond.com>
ATTENBOROUGH JEWELLERS LTD, 244, Bethnal Green Rd, London, E2 0AA, Tel :020 7739 0858 , Fax :020 613 1611, Email: attenjewel@btconnect.com , <http://www.attenboroughjewellers.co.uk>
H&T PAWNBROKER, 27 East Street, Barking, Essex IG11 8ER, Tel: 020 8594 6100, Fax: 020 8594 6144, 575 **Roman Road**, Bow, London E3 5EL, Tel: 020 8983 9553, Fax: 020 8980 1521, 157 **Clapton Common**, Clapton, London E5 9AE, Tel: 020 8809 1488, Fax: 020 8802 4761, <http://www.harveyandthompson.com>
MAXCROFT SECURITIES LTD, 632 Eastern Avenue, ILFORD, Essex, IG2 6PG, Telephone: 020 8518 1828 , Fax: 020 8554 7296 , Email: enquiries@maxcroft.co.uk , <http://www.maxcroft.co.uk>
NATIONAL PAWNBROKERS ASSOCIATIONS , 42 Cranbrook Road, Ilford, Essex, IG1 4NF, Tel-0208 5531561 , 218 High Street, Walthamstow, London, E17 7JH, noakes1956@btinternet.com, Tel-0208 5202310 , 281 High Road, Leyton, London, E10 5QN, <http://www.harveyandthompson.com> , <http://www.thenpa.com>
NICHOLAS JAMES , 16 Rowallen Parade, Green Lane, Dagenham, Essex, RM8 1XU, Telephone: 01708 764457, <http://www.nicholasjamespawnbrokers.co.uk>
THE MONEY SHOP , T:0800 7835125 , moneyshopinfo@dfqk.com , <http://www.moneyshop.tv>

PHARMACIES

LONDON

ALLEN'S PHARMACY, 19 Castalia Sq, London, E14 3PQ, T:020 79871362
ASDA PHARMACY, T:020 75007910, www.newparkpharmacy.co.uk
BLAKEBERRY LTD, 96 High Street South, London T:020 84722967, 9 High Street South, London T: 020 84721943
BOOTS THE CHEMIST Station Concourse, Paddington Station, London - 020 7262 7577, 44 Regent St, London - 020 77346126, 129-133 Kingsway, London - 020 72428897, www.boots.com
BRITANNIA PHARMACY, 80 Roman Rd, London, T:020 89814528, 6 Church St, London - 020 85343104, Unit 9, 151 East Ferry Rd, London, 020 75383333, www.britanniapharmacy.com
CATTO CHEMISTS, 388 High Street North, London, T:020 84721871
COLUMBIA PHARMACY, 104 Columbia Road, Bethnal Green, London, E2 7QB., Telephone: 020 7739 3201
FELDY, 35 Aberfeldy St, London, E14 0NU, T:020 75373319
KALPESH, 199-201 Rushmore Rd, London, E5 0HD, T:020 89866523
MERAJ LTD, 692 High Road Leyton, London, E10 6JP, T:020 85393432

OCEANPHARMACY, 12 High Road, South Woodford, London E18 2QL, T:020 8989 5960, info@oceanhealthcare.co.uk, <http://www.oceanpharmacy.co.uk>

ROSE CHEMISTS, 243 Upper Street Islington, London N1 1RU, 020 7226 5716 rose.chemist@nhs.net

PHOTOGRAPHERS

LONDON

ALTAR - IMAGES, Telephone : 01708 722637, Email : altarimages@btinternet.com, <http://www.altar-images.com>
DONNA BENJAMIN PHOTOGRAPHY LTD, Studio 1, Essex House, 375 High Street, Stratford London E15 4QZ, Tel: 020 8519 9755, Fax: 020 8519 9797, Mobile: 07956 890 596, Email: privatebenjamin1@hotmail.co.uk, <http://www.d-bphotography.co.uk>
ELMS PHOTOGRAPHY, Office Number: 05602 676644, Mobile Number: 07777 685855, <http://www.elmsphotography.co.uk>
FIRSTGLANCEPHOTOGRAPHY, jess@firstglancephotography.co.uk, T:07826541055, <http://www.firstglancephotography.co.uk>
FORESTPHOTOGRAPHIC, 128-128a Hoe Street, Walthamstow, London, E17 4QR, T: 020 8520 8266/1370, <http://www.forestphotographic.co.uk>
LIGHT AND LENS, Photography House, 8 High Road Leyton, Stratford, London, E15 2BP, T: +44. (0) 208 503 1249, <http://www.lightandlens.co.uk>
STUDIOONE, T:0800 587 6553, <http://www.studioonedirect.com>
THE BRITISH INSTITUTE OF PROFESSIONAL PHOTOGRAPHY, t: 01296 718530, f: 01296 336367, e:info@bipp.com, <http://www.bipp.com>

PHYSIOTHERAPISTS

LONDON



Oliver Road Medical Centre
 Oliver Road, Leyton E10 5LG,
 Tel: 0208 923 1914
 Email: physio-answers@ntlworld.com
<http://www.leytonphysiotherapy.com>

BARKING PHYSICAL THERPY CENTRE, 90 Longbridge Road, Barking, Essex, IG11 8SF, Phone: 020 8507 8169 Fax: 020 8507 9650, E-mail: info@bptconline.co.uk <http://www.bptconline.co.uk>

LONDON

ELAINE ATKINS PHYSIOTHERAPY ASSOCIATES, Woodford Green, 154 High Road, Woodford Green, Essex, IG8 9EF, T:020 8504 0478, woodford@elaineatkins.com, <http://www.elaineatkins.com>
HPC, Park House, 184 Kennington Park Road, London, SE11 4BU, T:+44 (0) 20 7582 0866, <http://www.hpcheck.org>
FIRST PHYSIO, 5 Ashford Road, South Woodford, London E18 1JZ, Tel: 020 8989 6848, Fax: 020 8989 4309, E-mail: firstphysio@btconnect.com, <http://www.first-physio.co.uk>
NUFFIELD HEALTH HOSPITAL, T:0845 045 4845, <http://www.nuffieldhealth.com>
PHYSIOTHERAPY CLINIC, blake hall sports club, blake hall rd, wanstead e11 2qw, Phone: tel: 07941 018409, <http://www.physiotherapy-sportsinjuries.com>
PRIVATE HEALTH CENTRE, 37 Green Street, Forest Gate, London E7 8DA, T:020 8472 0170, FAX: 020 8471 5693, www.privatehealthcentre.org.uk
THE VANBRUGH PHYSIOTHERAPY & SPORTS INJURY CLINIC, 121 Trafalgar Road, Greenwich, London SE10 9TY, Phone: 020-8293 5484, Fax: 020-8305 1808, Email: info@vanbrughphysio.co.uk, Website: www.vanbrughphysio.co.uk



ACCURATE RESOURCE SOLUTIONS LTD, 81-83 High Rd, London, N22 6BE, Tel:020 8829 8200
ALTERS RECRUITMENT LTD, 20 Church St, London, E15 3HX, T:020 82791515, www.alterrecruit.co.uk
CAMERON JAMES RECRUITMENT LTD, Tower Bridge Business Centre, 46-48, East Smithfield, London, E1W 1AW, Tel: 020 7709 2056
CAPITAL RECRUITMENT NETWORK LTD, 560 Commercial Road, London, E14 7JD, Tel No: 020 7790 0140, Fax No: 020 7790 0210, <http://www.capitalrecruitmentnetwork.co.uk>
DIVERSERECRUITMENT, Unit B11, 3 Bradbury Street, Hackney, London, N16 8JN, T:020 7249 1122, <http://www.diverserecruitment.co.uk>
EXTRASTAFF, 422 Cranbrook Road, Ilford, Essex, IG2 6HW, Tel: 0208 518 1000, Fax: 0208 518 4488, <http://www.extrastaff.com>
FIRST CLASS RECRUITMENT, 485/487 Bethnal Green Road, London, E2 9QH, UK, T:020 7739 4994, Fax:020 7739 6004, info@firstclass-recruitment.com, <http://www.firstclass-recruitment.com>
H.O.P.E SUPERJOBS, 1b Balfour Road, Ilford, Essex IG1 4HP, Tel: 020 8478 0469, info@hopesuperjobs.co.uk, <http://www.hopesuperjobs.co.uk>
REC, 15 Welbeck Street, London, W1G 9XT, Email: info@rec.uk.com, <http://www.rec.uk.com>
THE BROADWAY EMPLOYMENT AGENCY, 32a The Broadway, Woodford Green, Essex, IG8 0HQ, T:020 8506 2300 / 2309 / 2310, info@broadwayemployment.co.uk, <http://www.broadwayemployment.co.uk>
TOP TRUCKERS, Dartford, Matrix House, Victoria Road, Dartford, DA1 5AJ, Telephone: 01322 288855, Facsimile: 01322 221455, Chatham - Suite 6, 411 High Street, Chatham, Kent, ME4 4NU, Telephone: 01634 811186, Facsimile: 01634 829911, <http://www.toptruckers.co.uk>

RIDING SCHOOLS

LONDON

ALDERSBROOK RIDING SCHOOL AND ALDERSBROOK LIVER STABLES, Empress Avenue, London E12 5HW, T: 020 8530 4648, <http://www.aldersbrookriding.co.uk>



BARNFIELD STABLES , Sewardstone Rd, London , T:020 85295200
LEE VALLEY REGIONAL PARK AUTHORITY, Myddelton House, Bulls Cross, Enfield, Middlesex, EN2 9HG, Email: info@leevalleypark.org.uk , <http://www.leevalleypark.org.uk>
NEWHAM RIDING SCHOOL & ASSOCIATION LTD, The Docklands Equestrian Centre, 2 Claps Gate Ln, London, E6, T:020 7511 3917
QUEEN ELIZABETH RIDING SCHOOL , Tel: 020 8529 1223 , London, E4 6BA
WOODLANDS STABLES LTD, Sewardstone Rd, London, E4 7RE, T:020 8529253

SAUNAS & STEAMROOMS

LONDON

ANNABELS SAUNA MASSAGE PARLOUR , 328 Leyton High Road, Leyton T:020 8558 6969 , www.annabelsmassage.co.uk
CHARIOTS HEALTH CLUB, 101 Lower Marsh, London, SE1 7AB, T:020 74018484, www.chariots.co.uk
EXCLUSIVE SAUNA SAUNAS & STEAMROOMS , Tel: 020 7833 8161, 90, Judd St, London, WC1H 9PD
HIGHAMS PARK SAUNA, 29 A Winchester Rd, London, E4 9LH, T: 020 85311252
MANOR PARK SAUNA, 769 Romford Rd, London, E12 5AN, T:020 85530742

SKATING & SKATEBOARDING

LONDON

BRENTWOODSKICENTRE, Warley Gap, Little Warley, Brentwood, Essex, CM13 3DP, Tel. 01277 211994, Fax. 01277 220734 , <http://www.brentwoodskicentre.co.uk>
JOHN POLLOCK , TELEPHONE NUMBERS: LOUGHTON BRANCH, T: 020 8508 6626, BARNET BRANCH, T:020 8440 3994 , <http://www.johnpollock.co.uk>
SKEE-TEX, THE OLD MILL, BATTLESBRIDGE, ESSEX, SS11 8TR, TEL: 01268 768282 FAX: 01268 764607 , info@skee-tex.co.uk , <http://www.skee-tex.co.uk>
TOP GEAR, 3-5 The Broadway, Leigh on Sea, Essex, <http://www.skishopgear.com>



SNOOKER & POOL CENTRES

LONDON

EMBASSY SNOOKER CLUB, Location: 4 High Street, Walthamstow, London, E17 7LD, Tel: +44 (0) 20 8520 2414
ESSEX LEISURE, tel 08445 82 33 33, e-mail sales@essexleisure.co.uk , <http://www.essexleisure.co.uk>
JACKPOT LEISURE LTD, Jackpot House, Mulberry Road, Charlfeets Ind Est, Canvey Island, Essex SS8 0PR, T:01268-699896 , <http://www.jsleisure.com>
KEITH DAVIS CUE SPORTS CLUB LTD, 497-505 Gale St, Dagenham, RM9 4TP, T:020 85928191
MILE END AND GLOBE TOWN, 229 Mile End Road, London E1 4AA, 020 7265 8506 , www.cuesport.co.uk
REGALS LONDON SNOOKER CLUB, 495 Hale End Road, Highams Park, London, E4 9PT, T:020 85272070, www.londonsnooker.co.uk
WANSTEAD SNOOKER CENTRE , 157 High Street, Wanstead , London , E11 2RL , tel:020 89894384

SOLICITORS

LONDON

ARORA ASHTON PATEL , Premier House, 190-192, Cranbrook Rd, Ilford, Essex, IG1 4LU, Telephone: 020 8554 6263, <http://www.aroraashtonpatel.co.uk>
CLAIMS FOR YOU , 57 Putney Bridge Road, London, SW18 1NP, Tel: 0208 877 8700, Fax: 0208 877 8701, Email: law@wixtedandco.co.uk , <http://www.claimsforyou.com>
DETLAFF SOLICITORS, 27-31 Widmore Road, Bromley, Kent, BR1 1RW, Tel: 020 8315 7400 , Fax: 020 8315 7401, DX: 117615 Bromley 7, e-mail: info@detlaff.co.uk , <http://www.detlaff.co.uk>
DUNCAN LEWIS & CO , 0800 740 8081, Dalston, One Kingsland High Street, Dalston, London, E8 2JS, Shepherds Bush , 54 Goldhawk Road, Shepherds Bush, London, W12 8HA , <http://www.duncanlewis.co.uk>



David Phillips and Partners,
 72 Wimpole Street, London
 W1G 9RP
 Tel: 020 7486 5525, Fax: 020 7486 5526
<http://www.dpp-law.com>

ELS SOLICITORS , 104/106 Cranbrook Road, Ilford, Essex, IG1 4LZ, T: 02086167146, <http://www.elslaw.co.uk>
FENTONS SOLICITORS LLP, 19 Bloomsbury Square, London, WC1A 2NS, Tel: 020 7580 0143, Fax: 0845 389 9525, <http://www.fentons.co.uk>
GRANT SAW SOLICITORS LLP, Norman House, 110-114 Norman Road, London SE10 9EH, T: 020 8858 6971, F: 020 8858 5796 , injury@grantsaw.co.uk , <http://www.grantsaw.com>
HODGE JONES & ALLEN LLP, 180 North Gower Street, London, NW1 2NB, <http://www.hja.net>
MCKEOWNS SOLICITORS LTD., T: 08000 328 328 , F: 01727 839118 , E-mail: mckeowns.com , <http://www.mckeowns.com>
MACLEISH LITTLESTONE COWAN SOLICITORS, 269 Ilford lane, Ilford, Essex, IG1 2SD Tel: 0208 514 3000, Fax: 0208 478 1548,23 Longbridge Road, Barking, Essex, IG11 8TN Tel: 0208 514 3000, Fax: 0208 507 1191, Email: info@mlclaw.co.uk , <http://www.mlclaw.co.uk>
S. S. BASI & CO , 153 - Cranbrook Road, Ilford, Essex, IG1 4TA , Phone: +44(020) 85181236 , Fax: +44(020) 85181131 , E-mail: info@ssbasi.co.uk , <http://www.ssbasi.co.uk>
STERNBERG REED , Focal House, 12-18 Station Parade, Barking, ESSEX IG11 8DN, DX 8501 BARKING, Tel: 020 8591 3366, Fax: 020 8594 4606 , E-mail: enquiries@sternberg-reed.co.uk , <http://www.sternberg-reed.co.uk>
THE FAMILY LAW PRACTICE , 549-551 Cable Street, London, E1W 3EN, Telephone: 020 7791 0432, Fax: 020 7791 0440, E-mail: abeale@famlawpractice.co.uk , <http://www.famlawpractice.co.uk>
THE LAW SOCIETY'S HALL, 113 Chancery Lane, London WC2A 1PL, Tel: +44 (0) 20 7242 1222, Fax: +44 (0) 20 7831 0344, DX: DX 56 London/Chancery Lane, Email: contact@lawsociety.org.uk , <http://www.lawsociety.org.uk>
VERBATIM PROPERTY LAWYERS , Tel +0 (44) 020 8506 0040, Fax +0 (44) 020 8504 9531, Email info@verbatimlawyers.co.uk , <http://www.verbatimlawyers.co.uk>
WOLLASTONS, Briery Place, New London Road, Chelmsford, Essex CM2 0AP, Tel: 01245 211211 , Fax: 01245 354764, email enquiries@wollastons.co.uk , <http://www.wollastons.co.uk>

With Intercontex H&T You Can Tour The World

SPORTS INJURY CLINICS

LONDON

BARKING PHYSICAL THERAPY CENTRE, 90 Longbridge Road, Barking, Essex, IG11 8SF , Phone: 020 8507 8169 Fax: 020 8507 9650 , E-mail: info@bptconline.co.uk , <http://www.bptconline.co.uk>

ELAINE ATKINS ASSOCIATES, 154 High Road, Woodford Green, IG8 9EF, T:020 8504 0478, www.elaineatkinsphysiotherapy.com

FIRST PHYSIO, 5 Ashford Rd, London, E18 1JZ, T:020 8989 6848, www.first-physio.co.uk

FIRST REHABILITATION AND PHYSIOTHERAPY CENTRE LTD , 111 Belgrave Road, Ilford Essex, IG1 3LG , Tel: 020 8518 5341, Mob: 0795 758 5115 , Email: Appointments@physiofirstrehab.co.uk , <http://www.physiofirstrehab.co.uk>

ISLINGTON CHIROPRACTIC CLINIC, 5/6 The Precinct, Packington Square, London N1 7UP, Tel: 020 7354 8883, Email: info@islington-chiropractic.co.uk , <http://www.islington-chiropractic.co.uk>

PHYSIO IN THE CITY , First Floor, Seymour Leisure Centre, Seymour Place, London, W1H 5TJ, Tel: 0844 800 7312, Fax: 020 7724 7150, Nuffield Health Fitness and Wellbeing, The Crescent, The Broadway, London, SW19 1QB, Tel: 0844 800 7312, Fax: 020 8947 8192, <http://www.physiointhecity.co.uk>

SPIRE HEALTHCARE HEAD OFFICE, PO Box 62647, 120 Holborn, London EC1P 1JH, <http://www.spirehealthcare.com>

TATTOOISTS

LONDON

ANGELIC HELL TATTOO WORLD, 14 Putney Bridge Rd, London, SW18 1HU, T:020 88711435, www.angelichell.co.uk

CHURCHILLS OF LONDON , 1a Station Road, Chadwell heath, Essex RM6 4BE, Telephone: 020 8597 0042, E-mail: info@churchills-of-london.com , <http://www.churchills-of-london.co.uk>

CHUCK'S CUSTOM TATTOOS, 22 Goresbrook Rd, Dagenham, RM9 6UR, T:020 89840013

HAPPY SAILOR TATTOO, 17 Hackney Rd, London, E2, T:020 7033 9222, 0871 527 0659, www.happysailortattoo.com

HAUNTED TATTOOS, 159 Holloway Road, London N7 8LX, 020 7609 6276

INTO YOU TATTO, 144 St. John Street City of London, EC1V 4UA, T:020 7253 5085, info@into-you.co.uk , www.into-you.co.uk

SHIVA BODY PIERCING STUDIO , 24 Greenwich Church Street, London SE10 9BJ, Tel: 020 8293 9061, <http://www.shivapiercings.co.uk>

SKINDECISION TATTOO, Unit 3, 415 Barking Road, East Ham, London E6 2JX, Tel: 020 8552 2454, info@skinddecision.com , <http://www.skinddecision.co.uk>

TATTOO WORLD, 92 Longbridge Road, Town Centre, Barking, IG11 8SF, LONDON

THE FAMILY BUSINESS, 58 Exmouth Market, London, EC1R 4QE, +44 (0)207 278 9526, info@thefamilybusinessstatattoo.com , <http://www.thefamilybusinessstatattoo.com>

TAXIS & PRIVATE HIRE

LONDON

AIRPORT DIRECT SERVICE LTD, 521a Green Lane, Ilford, Essex, IG3 9RH, T: 0203 222 2020, info@airportdirectservice.co.uk , <http://www.airportdirectservice.co.uk>

AIRPORT EXPRESS CARS, 1 Canada Sq, London, T: 0870 312 0766

BRITANNIA CARS , London, 55 Northwich Road, London , 020 7476 6633, www.royalcab.webs.com



Tel: 020 8520 5111

<http://www.centralradiocars.co.uk>

COMMERCIAL CARS , 281a, Barking Rd, Plaistow, London, E13 8EQ, Telephone: 020 7474 5000

DUNLACE TAXIS, Period Works, Unit 10-11, 1 Lammas Rd, London, E10 7QT, T:020 85584240

GOLDLINE CAR SERVICES, 22 Church Lane, Leytonstone , London, E11 1HG, Telephone: 020 8988 8888, Fax: 020 8556 8786, Email: goldlinecars@btconnect.com , <http://www.goldlinecars.co.uk>

MARE STREET CARS , 155A Mare St, London , T: 020 85259594, SEVEN FIVES CAR SERVICE , T:020 8555 5555, <http://www.sevenfives.co.uk>

THEATRES & CONCERT HALLS

LONDON

BRICK LANE MUSIC HALL , Telephone: 020 7511 6655, Fax: 020 7476 6333, admin@bricklanemusic.co.uk , <http://www.brick-lane-music-hall.co.uk>

HACKNEY EMPIRE, 291 Mare St, London, E8 1EJ, T: 020 85104500, www.hackneyempire.co.uk

HUCKLE CLUB, Clare Market, Houghton Street, London, WC2A 2AE, T: 020 7476 1672, www.chuckleclub.com

KENNETH MORE THEATRE, Oakfield Rd, Ilford, IG1, T:020 8553 4466, www.kenneth-more-theatre.co.uk

THEATRE ROYAL, Theatre Sq, London, E15 1BN, T:020 85340310, www.stratfordeast.com

WILTONS MUSIC HALL, 1 Graces Alley, London, E1 8JB, T:020 77029555, www.wiltons.org.uk



TICKET AGENCIES

LONDON

ACETICKET.CO.UK, Phone: 020 7247 8880, Email: sales@aceticket.co.uk , <http://www.aceticket.co.uk>

CAPITAL TICKETS LTD, 9 Mill Row, London, N1 5RL, T:020 77397727 , www.capital-tickets.com

CLAPPERS LTD , 86 Malford Grove, South Woodford, London E18 2DY, TELEPHONE:020 8532 2771 /2770 , FAX:020 8532 2770, E-MAIL: frances@clappers-tickets.co.uk , <http://www.clappers-tickets.co.uk>

MOST WANTED TICKETS, T: 08448584761, 246-250, Romford Rd, London, E7 9HZ

TICKETCITY, T:512-472-5797 , Fax: 512-469-7682 , Buy Tickets (Toll-Free) 1-800-880-8886 , <http://www.ticketcity.com>

TOURS & SIGHTSEEING

LONDON

FRJ TRAVELS , 1st floor, 71, Burdett Rd, London, E3 4TN , Tel: 020 8980 1441

GUIDED TOURS UK, Call: 0208 989 4422 or Mob: 07817 820301, Email: info@guidedtoursuk.com , <http://www.guidedtoursuk.com>

MAPMART LTD, 146 Kingsland High St, London, E8 2NS, T:020 72412687

STEP IN TIME TOURS, TEL: 0121 356 0835, 0870 199 8788, <http://www.stepintimetours.com>

TRAVCO LTD, 92-94 Paul St, London, EC2A 4UX, T:020 77393333 , www.travco.co.uk

TRAVEL ONE, 17 Blossom Street , London, E1 6PL , Email: holidays@travelone.co.uk , Brochure Hotline: 08445 766 866 , Reservations: 0207 392 8988 , Fax: 0207 247 8784 , <http://www.travelone.co.uk>

UNIGLOBE OMNI TRAVEL, 63 Mansell St, London, E1 8AN, T:020 77029991 , www.uniglobeatb.com

TRANSLATORS/INTERPRETERS

LONDON

1ST TRANSNATIONAL TRANSLATIONS, 32 Ludgate Hill, London EC4M 7DR,
Tel: 0044 (0)20 7329 5003, Fax: 0044 (0)20 7329 5004,
<http://www.1sttransnational.com>

ALL LANGUAGES LIMITED, Nelson House, 362-364 Old Street, London EC1V 9LT, Tel +44 (0) 20 7739 6641 , Fax +44 (0) 20 7739 6542, Email:
info@alllanguages.co.uk , <http://www.alllanguages.co.uk>

A PLUS TRANSLATIONS LTD , Excelsior House, 3-5 Balfour Rd, Ilford ,T:020 85148308

ATLAS TRANSLATIONS LTD, 14a Goodwin's Court,Covent Garden,London WC2N 4LL, United Kingdom, Tel: +44 (0)20 7240 6666 , Fax: +44 (0)20 7240 6996
E-Mail: london @ atlas-translations.co.uk , <http://www.atlas-translations.co.uk>

FARSI PERSIAN INTERPRETING SERVICES , 27, Arnett Square, London, E4 8YY , Tel: 07962 499863

GLOBAL TRANSLATING AND INTERPRETING, 10 -14 Hollybush Garden, Bethnal Green,London, E2 9QP, Telephone : 07951335827, 0845 505 4040 ,
Email:info@gtiservices.co.uk , <http://www.gtiservices.co.uk>

HI-FEN TRANSLATION SOLUTIONS, Unit 14, 270 Kingsland Road, London E8 4DG, t: + 44 (0) 2079239511, f: 07043018229, info@hi-fen.com , <http://www.hi-fen.com>

TRAVEL AGENTS & SERVICES

LONDON

AUSTRAVEL, 17 blomfield Street, LONDON EC2M 7AJ, T:0844 412 4614,
<http://www.austravel.com>

Dagenham Travel

2-4 Reede Road, Dagenham RM10 8DP

T: 020 8517 5353 ,

F: 020 8592 2235



travelfinders@aol.com

<http://www.travelfinders.co.uk>

DAVID CROWN CORPORATION LTD, 414 Channelsea Business Centre , E15 3ND, Telephone : 020 8221 2626 , Fax : 020 8221 2625 , Email :
info@travellersmessenger.co.uk , Web : www.travellersmessenger.co.uk

EBOOKERS.COM, T:0870 814 6039, <http://www.ebookers.com>

FLIGHTCENTRE, T: 0870 499 8434, <http://www.flightcentre.co.uk>

FOURWAYS ML LTD TRAVEL AGENTS ,28-42, Clements Rd, Ilford, Essex IG1 1BA,Tel: 020 8553 3635

HOMEBASETRAVEL LTD, T: 020 7241 0852, homebasetravel7@aol.com

OLYMPIC GLOBAL TRAVEL, Olympic House, 28-42 Clements Rd, Ilford, IG1, T:0871 789 3836

ULOOKUBOOK.COM, T: 0808 178 5220, <http://www.ulookubook.com>

UTOPIA TRAVEL , Hornchurch, 01708 444495, Leigh on Sea, 01702 478781,
www.utopiatravel.co.uk

STRAND BUSINESS TRAVEL MANAGEMENT, 357 Strand, London WC2R 0HS, United Kingdom , t. +44 (0)20 7010 7990, f. +44 (0)20 7010 9299,
business@strandtravel.co.uk , <http://www.strandtravel.co.uk>

TOWER BRIDGE TRAVEL LTD , 60 South Park Terrace, Ilford, Essex IG1 1YB, Tel: 020 8924 5252

TRAILFINDERS, KENSINGTON TRAVEL CENTRE, 194 Kensington High Street, W8 7RG , Worldwide Travel: 020 7938 3939 , First & Business Travel: 020 7938 3444,**CANARY WHARF TRAVEL CENTRE**, 30A The South Colonnade, Canary Wharf, E14 5EZWorldwide Travel: 020 7147 5300 , First & Business Travel: 020 7147 5344 , <http://www.trailfinders.com>

TYRES

LONDON

ALLTYRES, UNITS 8 & 9, WOODFORD TRADING ESTATE, SOUTHBEND ROAD, WOODFORD GREEN, ESSEX, IG8 8HF, Telephone 020 8551 0033, Email:
enquiries@alltyres.co.uk , <http://www.alltyres.co.uk>

EAST LONDON MOBILE TYRE SERVICE LTD, Ripple Garage, 723, Ripple Rd, Barking, Essex, IG11 0SN, Tel :020 8595 7902 ,
<http://www.eastlondonmobiletyres.com>

ELITE DIRECT.COM , 136/138 New Road, Rainham, Essex, RM13 8DE,
<http://www.elitedirect.com>

KWIK-FIT (GB) LIMITED , 301-305 Barking Road , London , E13 8EQ, Telephone 020 7476 6813 , Kwik-Fit (GB) Limited – 258, 344-346 High Road, Leyton, London, E10 6QE, Telephone 020 8539 6118 , Kwik-Fit (GB) Limited – 161, 1-4 Park Lane, Stratford, London, E15 2JG, Telephone 020 8519 4535, <http://www.kwik-fit.com>

LOUGHTON TYRES LTD, T: 02085020208, Seedbed Centre, Langston Road

UNIVERSAL TYRE , CHINGFORD, 105 Chingford Mount Road, Tel: 020 8527 3486 ,PLAISTOW, 104 Plaistow Road, Tel: 020 8519 0680,
<http://www.universal-tyres.co.uk>



WEDDINGS-CAKES & FAVOURS

LONDON

2GD2KUT, T:020 8592 1716, <http://www.2gd2kut.co.uk>

A WHITE ROLLS ROYCE, Mr and Mrs Vassou, 15 Holly Drive, Chingford, London, E4 7NG, Telephone: 0208 923-0192, Fax: 0208 524-4057, E Mail:tvassou.2002@ntlworld.com , <http://www.awhiterollsroyce.co.uk>

ELEGANCE WEDDING CARS , T: 020 8530 6401 / 020 8491 0103,
<http://www.eleganceweddingcars.co.uk>

PREMIERCAKES, T:0207 515 0052, <http://www.premiercakes.com>

THE WEDDING BUREAU, 239 Hornchurch Rd, Hornchurch, RM12, t: 0845 839 8341, www.theweddingbureau.com

WEDDING TAXI PREMIER, M: +44 (0)7903 525 520 , T: +44 (0)20 8506 1182 , E: wedding@taxi-premier.net , <http://www.wedding-taxi-premier.net>

WINDSCREENS

LONDON

AUTOWINDSHIELDS (UK) LIMITED, 0800 083 0744,
<http://www.glassforcars.com>

AVGWINDSCREENS, T:0800 092 8692, <http://www.avgwindscreens.co.uk>

AVIS WINDSCREENS , Freephone: 0500 88 88 86, 1, Creekside, London, SE8 4SA

BUDGETWINDSCREENS, 0800 282 785,
<http://www.budgetwindscreens.co.uk>

GLASSTEC AUTOMOTIVE (LTD) , Mobiles: 07703 595 008 , Email:
info@glasstecauto.co.uk , <http://www.glasstecauto.co.uk>

MOBILEGLASSREPLACEMENT, 89 Chequers Road, Loughton, Essex, IG10 3QF 0800 317 252, T:020 8502 4100 ,
<http://www.mobileglassreplacement.com>




152c Brick Lane
London
E1 6RU
Tel: 020 7247 0005
info@thebrickhouse.co.uk
<http://www.thebrickhouse.co.uk>

CLUB GASCON

57 West Smithfield, London, EC1A 9DS
Tel: 020 7796 0600, Fax: 020 7796 0601

Cuisine: French

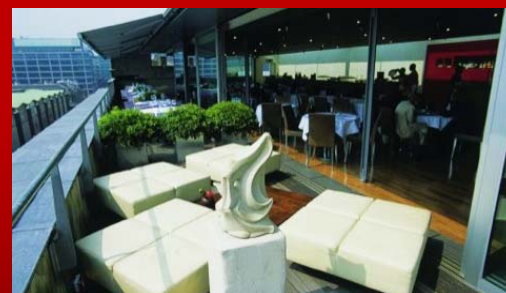
<http://www.clubgascon.com>




29a Penton Street
Islington
N1 9PX
T: 020 7833 4090
info@thechapelbar.co.uk
<http://www.thechapelbar.co.uk>



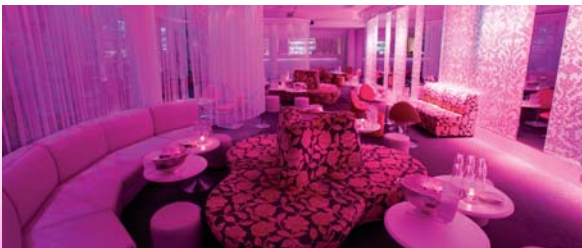
THE CHAPEL BAR
private hire venue



'SMITHS'
OF SMITHFIELD

67-77 Charterhouse Street
London EC1M 6HJ
020 7251 7950

Cuisines: Modern European
www.smithsofsmithfield.co.uk



the roof gardens
99 Kensington High Street
London, W8 5SA
T: 0207 368 3960
club@roofgardens.virgin.com
<http://www.roofgardens.virgin.com>

3 Million Facts are listed on our Website



Camden Passage, Islington, London, N1 8EG
 T: 020 7359 2888
 F: 020 7359 5173
 eat@fredericks.co.uk
<http://www.fredericks.co.uk>



1 Hertsmere Road, London E14 8JJ
Tel: 0207 345 0345
Classical Indian Dishes
enquiries@dockmastershouse.com
<http://www.dockmastershouse.com>



130 Drummond St
 Camden Town, UK NW1 2PA
 T: 020 7387 0606
 Cuisine: Fusion
www.zeenrestaurant.co.uk



20 Old Brompton Road
LONDON, SW7 3DL
T: 020 7225 2772

Danish, Swedish and Norwegian delicacies
www.madsenrestaurant.com

Save money and time book **Intercontex** online
www.hyperlinkhotels.com





85 Piccadilly, Mayfair,
London, W1J 7NB
Tel: 020 7493 3424

www.fakhreldine.co.uk



Oishiii Japanese Eatery

67 Stoke Newington Church Street,
London, N16 0AR
Phone: 0207 254 3488
Fax: 0207 241 3857

Email: info@oishiii.co.uk

<http://www.oishiirestaurant.co.uk>



66 Great Eastern Street, London, EC2A 3JT
T: 020 7739 5714
Cuisine: Italian

reception@lenarestaurant.com

<http://www.lenarestaurant.com>



14 Crosswall, EC3N 2LJ

T: 020 7481 8422

Cuisines: American

angel@missourigrill.com

<http://www.missourigrill.com>



Dear Browser if your Hotel / Restaurant is
not listed Fill in your data, on Data
Documents **free of charge** For The
International. Yellow Pages
Intercontext, <http://www.hyperlinkhotels.com>

